StoryPoint Ankeny

Assisted Living | Independent Living

Assisted Living | November '26

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving Time (Fall Back) **1** **Darrel Smith B-Day** 11:00-Catholic Mass(T) 1:00-Movie Matinee (T) 1:30-Dominoes (B/RL) 3:00-Candy BINGO	**2** 9:00-Bible Study (SS/RL) 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominoes (B/RL) 3:00-Death & Greif Cafe (T)	**Election Day** **3** 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 2:30-BBB Practice (T) 6:00-500 Card Club (B) 6:00-Walking Club (FL/RL)	**Tony Plech B-Day** **4** 9:30-Shopping Outing (O) TJ Maxx 10:30-Chair Yoga (WC) 2:00-BBB Game at IV Ankeny (O) 2:00-Dive into Revelations (SS/RL) 3:00-Resident Activity Advisory Council (RAAC) (PD) 6:30-Movie Night (T)	**5** 10:30-Cardio Drumming (WC) 11:00-Holiday Photo Opp. Decorating (FL Fireplace) 1:30-BINGO (T) 3:00-Resident Council (T/RL)	**6** 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B/RL) 3:00-Let's go Hunting Happy Hour (B)	**7** 10:30-Weekend Warrior: Sit & be Fit (WC) 1:30-Dominoes (DR/RL) 3:00-Resident Book Club (SS/RL) 6:00-Praying the Rosary w/ The Rosary Team (SS)
Al Davis B-Day **8** 11:00-Catholic Mass(T) 1:00-Movie Matinee (T) 1:30-Dominoes (B/RL) 3:00-Candy BINGO	**9** 9:00-Bible Study (SS/RL) 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:00-2:30 North Polk Middle School: Bridging Generations (T/B) 1:30-Dominoes (B/RL) 3:00-What is AI? (T) (Artificial Intelligence)	**10** 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 11:00-Furry Friends & Smiles (B) 1:00-Parkinson's Support Group (T) 2:30-BBB Game HOME (T) 3:30-Billards & Beer (GR) 6:00-500 Card Club (B) 6:00-Walking Club (FL/RL)	**Veterans Day** **11** 9:30-Shopping Outing (O) Target 10:30-Chair Yoga (WC) 11:00-Veterans' Lunch (T) 2:00-Dive into Revelations (SS/RL) 3:00-Bros & Beer Flights (GR) 6:30-Veterans' Movie Night (T)	**12** 10:00-Culinary Forum (T) 10:30-Cardio Drumming (WC) 11:00-Nurse's Chat: Staying Well Though the Winter (T) 1:30-BINGO (T) 3:00-Financial Education (T)	**13** 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B/RL) 3:00-Happy Hour (B) 3:00-Roaring Good Time (MC)	**14** 10:30-Weekend Warrior: Sit & be Fit (WC) 1:30-Dominoes (DR/RL) 3:00-Resident Book Club (SS/RL) 6:00-Praying the Rosary w/ The Rosary Team (SS)
Betty Hasting B-Day **15** 11:00-Catholic Mass(T) 1:00-Movie Matinee (T) 1:30-Dominoes (B/RL) 3:00-Candy BINGO	**16** 9:00-Bible Study (SS/RL) 10:30-Sit & be Fit (WC) 1:00-Kraft with Kayla (ART) (our Executive Director) 1:30-Dominoes (B/RL) 2:00-Pie, Spice & Everything Nice Mobile Cart (TYD)	**17** 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 11:00-Filling Hearts & Fueling Heroes Give Back (SS) 2:00-BBB Game at SP Beaverdale (O) 3:30-Billards & Beer (GR) 6:00-500 Card Club (B) 6:00-Walking Club (FL/RL)	**18** 9:30-Shopping Outing (O) Bass Pro Shop 10:30-Chair Yoga (WC) 2:00-Dive into Revelations (SS/RL) 3:00-Turkey Trot (B) 6:30-Movie Night (T)	**Bonnie Hason B-Day** **19** 9:00-Car Club (SS) 10:30-Cardio Drumming (WC) 1:30-BINGO (T) 2:30-The Pre-Forum Pour (T) 3:00-Resident Forum (T) 7:00-Harmony Central Chorus (T)	**20** 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-Fix Your Tech with Erik (SS) 2:00-BBB Practice (T) 1:30-Card Club (B/RL) 3:00-Live Entertainment: David Watson (MC) 4:00-7:00-Thanksgiving Dinner (DR) with The Music of Scott Davis	**21** 10:30-Weekend Warrior: Sit & be Fit (WC) 1:30-Dominoes (DR/RL) 3:00-Resident Book Club (SS/RL) 6:00-Praying the Rosary w/ The Rosary Team (SS)
Ron Scott B-Day **22** 11:00-Catholic Mass(T) 1:00-Movie Matinee (T) 1:30-Dominoes (B/RL) 3:00-Candy BINGO	**23** 9:00-Bible Study (SS/RL) 9:00-Ladies Coffee Chat (SS) 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominoes(B/RL) 3:30-Live Entertainment: Neil Hewitt (T)	**Dee Weavers B-Day** **24** 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 11:00-Furry Friends & Smiles (MC) 2:00-BBB Practice (T) 3:00-Macy's (the days before) Thanksgiving Day Parade (FL/B) 6:00-500 Card Club (B) 6:00-Walking Club (FL/RL)	**25** 9:30-Shopping Outing (O) Walmart 10:30-Chair Yoga (WC) 2:00-BBB Game HOME (T) 2:00-Dive into Revelations (SS/RL) 3:00-New Resident & November Birthdays Happy Hour (B) 6:30-Movie Night (T)	**Thanksgiving Day** **26** 7:00-9:00-Thanksgiving Conversation Corner (DR) 1:00-Thanksgiving Coloring (ART/RL)) 4:00-The Thanksgiving Blessings Jar (B) 6:00-Walking (the meal off) Club (FL/RL)	**27** 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B/RL) 6:30-Movie Night (T)	**28** 10:30-Weekend Warrior: Sit & be Fit (WC) 1:30-Dominoes (DR/RL) 3:00-Resident Book Club (SS/RL) 6:00-Praying the Rosary w/ The Rosary Team (SS)
29 11:00-Catholic Mass(T) 1:00-Movie Matinee (T) 1:30-Dominoes (B/RL) 3:00-Candy BINGO	**30** 9:00-Bible Study (SS/RL) 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominoes (B/RL) 3:00-Board Game Bonanza (B/RL)					

Calendar Key:

B – Bistro
T – Theater
BP – Back Patio
ART – Art Studio
FL – Front Lobby
WC – Wellness Center
SS – Sun & Seed
MC – Memory Care
L/P – Library / Puzzel Area
BBB – Bean Bag Baseball
DR – Dining Room
GR – Game Room
BP – Back Patio
C – Community
O – Outing
RAAC – Resident Activity Advisory Council
TYD – To Your Door
RL – Resident Lead

StoryPoint Senior Living