Independence Village Des Moines

Independent Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Walking Club (AT) 3:00 Let's Play Yahtzee 9AR) 6:00 Rummikub RL (B)	**2** 10:30 Chair Yoga (ER) 2:00 Happy Hour RL (B) 2:00 Movie: Flaming Star (CR) (YouTube) 6:30 Resident Led Bingo (AR)	**3** 10:30 Cardio Drumming (AT) 2:00 Apple Cider Bar with Presentation from Affinity Hospice (AT) 3:00 Bean Bag Baseball Practice (AT)	**4** 9:00 Walmart Outing (CO) 10:30 Chair Yoga (ER) 10:30 Hy-Vee Aisles Online (AT) 10:30 Bible Study (AT) 1:30 Bean Bag Baseball Game (AT) 4:00 Catholic Service (CR) 6:30 Resident Led Bingo (AR)	**5** 10:30 Cardio Drumming (AT) 2:00 Karaoke (AT) 3:00 Let's Play Four Corners (AT)	**6** 10:00 Balloon Volleyball (AT) 2:00 Happy Hour (B) 2:00 Movie: That Certain Feeling (CR) (YouTube) 6:30 Resident Led Bingo (AR)	**7** 10:00 Sweet Treat Saturday (AT) 10:00 Non-Denominational Church Service (CR) 3:00 Card Club (AR)
8 9:00 Walking Club (AT) 3:00 Let's Play UNO (AR) 6:00 Rummikub RL (B)	**9** 10:30 Chair Yoga (ER) 1:00 Men's Coffee & Cards Social (AR) 2:00 Happy Hour RL (B) 2:00 Movie: The Fifth Lantern (CR) (YouTube) 6:30 Resident Led Bingo (AR)	**10** 10:30 Cardio Drumming (AT) 2:00 Birthday Party With Rick Ludwig (DR) 3:00 Bean Bag Baseball Practice (AT)	**Veterans Day** **11** 9:00 Walmart Outing (CO) 10:30 Chair Yoga (ER) 10:30 Hy-Vee Aisles Online (AT) 10:30 Bible Study (AT) 11:30- Home of the Brave Buffet 1:30 Bean Bag Baseball Game (CO) 4:00 Catholic Service (CR) 6:30 Resident Led Bingo (AR)	**12** 10:30 Cardio Drumming (AT) 2:00 Karaoke (AT) 3:00 Let's Play Crazy 8's (AT)	**13** 9:30 The Crafty Crew- Christmas Wreath Craft (AR) 2:00 Happy Hour (B) 2:00 Movie: Wild In The Country (CR) (Youtube) 6:30 Resident Led Bingo (AR)	**14** 10:00 Sweet Treat Saturday (AT) 3:00 Card Club (B) 4:00 Gratitude Journaling (AR)
15 9:00 Walking Club (AT) 3:00 Let's Play Yahtzee 9AR) 6:00 Rummikub RL (B)	**16** 10:30 Chair Yoga (ER) 1:00 Ladies Coffee & Tea Social (AR) 2:00 Happy Hour RL (B) 2:00 Movie: Theres No Business Like Show Business (CR) (YouTube) 6:30 Resident Led Bingo (AR)	**17** 10:00 The Crafty Crew- Christmas Welcome Mats (AR) 2:00 Chef Robins Table Talk (DR) 3:00 Bean Bag Baseball Practice (AT)	**18** 9:00 Walmart Outing (CO) 10:30 Chair Yoga (ER) 10:30 Hy-Vee Aisles Online (AT) 10:30 Bible Study (AR) 1:30 Bean Bag Baseball Game (AT) 4:00 Catholic Service (CR) 6:30 Resident Led Bingo (AR)	**19** 10:30 Cardio Drumming (AT) 2:00 Karaoke (AT) 3:00 Ninetindo Sports (ER)	**20** 10:00 Balloon Volleyball (AT) 2:00 Happy Hour (B) 2:00 Movie: Love Knows No Rules (CR) (YouTube) 6:30 Resident Led Bingo (CR)	**21** 10:00 Sweet Treat Saturday (AT) 3:00 Card Club (B) 4:00 Word Search Station (AR)
22 9:00 Walking Club (AT) 3:00 Let's Play UNO (AR) 6:00 Rummikub RL (B)	**23** 10:30 Chair Yoga (ER) 1:00 Men's Coffee & Cards Social (AR) 2:00 Happy Hour RL (B) 2:00 Movie: Blue Hawaii (CR) (Youtube) 6:30 Resident Led Bingo (AR) *Thankful for my Team- Wear Facorite Team Apperal	**24** 10:30 Resident Council Meeting (AT) 2:00 Movie: Love Me Tender (CR) (YouTube) 4:00 Family Thanksgiving Dinner *Cornucopia of Colors- Wear As Many Fall Colors As You Can	**25** 9:00 Walmart Outing (CO) 10:30 Chair Yoga (ER) 10:30 Hy-Vee Aisles Online (AT) 10:30 Bible Study (AR) 2:00 Cooking Up Memories- Cooking Club (DR) 4:00 Catholic Service (CR) 6:30 Resident Led Bingo (AR) *Harvest Hoedown- Flannels. Cowboy Hats, Boots	**Thanksgiving** **26** 11:00 The Great Thanksgivng Feast	**27** 10:00 Balloon Volleyball (AT) 2:00 Happy Hour (B) 2:00 Movie with Snacks- "On Golden Pond" (LB) 6:30 Resident Led Bingo (CR) *Leftovers and Lounge- Pajama Day	**28** 10:00 Sweet Treat Saturday (AT) 3:00 Card Club (B) 4:00 Coloring Corner (AR)
29 9:00 Walking Ckub (AT) 3:00 Let's Play Yahtzee (AR) 6:00 Rummikub RL (B)	**30** 10:30 Chair Yoga (ER) 2:00 Happy Hour RL (B) 2:00 Movie: I'll Get By (CR) (YouTube) 6:30 Resident Led Bingo (AR)					

Calender Key:

BP- Back Patio
FP - Front Patio
B- Balcony

DR- Dining Room
AT- Atrium
AR- Activity Room

CR- Community Room
ER - Exercise Room
LB -Library

TYD - To Your Door
CO - Community Outing

Independence Village SENIOR LIVING