StoryPoint Columbia Heights

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church Service (LR) 2:00 Snack Social Hour 3:00 Puzzle Corner 6:00 Walking Club 7:00 Snack Hour	2 9:10 Exercise Class 10:30 Daily Chronicle's 1:00 Community Coloring Mural 2:00 Snack Social 3:00 Balloon Volleyball 3:15 Bingo 6:00 Movie Night	3 9:10 Exercise Class 10:30 Coffee and Music 1:00 Golden Memories 2:00 Snack Social 3:00 Thanksgiving Oranments Crafts 3:30 This or That	4 9:10 Exercise Class 10:30 Daily Chronicle's 1:30 Live Music w/ Niny 2:00 Snack Social 2:30 Let's design a bakery menu! 3:15 Bingo	5 9:10 Exercise Class 10:30 Coffee and Music 1:00 Button Tree Making 2:00 Snack Social 3:00 "Sorry!" Board Game 3:30 Name That Tune	6 9:00 Morning Snack 10:00 Chair Stretching 1:00 Scenic Drive Outing 2:00 Snack Social 2:30 Bean Bag Toss 3:15 Bingo	7 9:00 Chat with a friend 10:00 Light Walking 1:00 Coloring 2:00 Puzzles 6:00 Movie Night
M 8 10:00 Church Service (LR) 2:00 Snack Social Hour 3:00 Sticker by Number 6:00 Walking Club 7:00 Snack Hour	9 9:30 Exercise Class 10:30 Daily Chronicle 1:00 Spot It Game 1:30 Kings Corners Card Game 2:00 Snack Social 3:00 Ring Toss 6:00 Movie Night	10 9:10 Exercise Class 10:30 Coffee and Music 1:00 Coaster Paintings 2:00 Snack Social 3:00 Name That Animal 3:30 Would You Rather	11 9:10 Exercise Class 10:30 Daily Chronicle's 2:00 Snack Social 2:00 Veteran Thank You Cards 3:15 Bingo	12 9:10 Exercise Class 10:00 Coffee and Music 1:00 Roll and Answer 2:00 Snack Social 3:00 Uno 3:30 Name that Tune	13 9:00 Morning Snack 10:00 Chair Stretching 1:00 Scenic Drive Outing 2:00 Snack Social 2:30 Leaf Craft 3:15 Bingo	14 9:00 Chat with a friend 10:00 Light Walking 1:00 Large Community Coloring Poster 2:00 Snack Social 6:00 Movie Night
15 10:00 Church Service (LR) 2:00 Snack Social Hour 3:00 Word Searches 6:00 Walking Club 7:00 Snack Hour	16 9:10 Exercise Class 10:30 Daily Chronicle's 1:00 Puzzle Corner 2:00 Snack Social 3:00 Nostalgic Trivia 3:30 Would You Rather 6:00 Movie Night	17 9:10 Exercise Class 10:30 Coffee and Music 1:00 Travel to Italy 2:00 Snack Social 3:00 Puzzle w/ friends 3:30 Name Five Things	18 9:10 Exercise Class 10:30 Daily Chronicle's 1:30-3 Birthday Club (AL2) 2:00 Snack Social 3:00 Puzzle Corner	19 9:10 Exercise Class with Patti 10:00 Daily Chronicle's 1:00 Puzzle Corner 2:00 Snack Social 3:00 Uno 3:30 Balloon Volleyball	20 9:00 Morning Snack 10:00 Chair Stretching 1:00 Door Decorating 2:00 Snack Social 3:15 Bingo	21 9:00 Chat with a friend 10:00 Light Walking 1:00 November Word Searches 2:00 Snack Social 6:00 Movie Night
22 10:00 Church Service (LR) 2:00 Snack Social Hour 3:00 Coloring Club 6:00 Walking Club 7:00 Snack Hour	23 9:10 Exercise Class 10:00 Live Music w/ James Shaw 1:00 PomPom Sorting 2:00 Snack Social 3:00 Pumkin Pie Craft 6:00 Movie Night	24 9:10 Exercise Class 10:30 Coffee and Music 1:00 Animal Matching Game 2:00 Snack Social 2:30 Turkey Craft 3:30 Finish The Sentence	25 9:10 Exercise Class 10:30 Daily Chronicle's 2:00 Snack Social 2:00 Thanksgiving Bingo and Fun! 3:15 Bingo	Happy Thanksgiving! 26 9:10 Exercise Class with Patti 10:00 Daily Chronicle's 1:00 Music and Memories 2:00 Snack Social 3:00 Puzzle Corner	27 9:00 Morning Snack 10:00 Chair Stretching 1:00 Sort it! 2:00 Snack Social 3:15 Bingo	28 9:00 Chat with a friend 10:00 Light Walking 1:00 Card Making 2:00 Snack Social 6:00 Movie Night
29 10:00 Church Service (LR) 2:00 Snack Social Hour 3:00 Find the Differences 6:00 Walking Club 7:00 Snack Hour	30 10:00 Exercise Class 10:30 Daily Chronicle's 1:00 Car Bingo 2:00 Snack Social 3:00 Nostalgic Trivia 6:00 Movie Night					

Calender Key:

LR- Living Room

D - Dining room

BP - Back Patio

StoryPoint Senior Living