StoryPoint LaGrange

Memory Care

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings 1 9:30am Daily Chronicles 10:00am Move and Groove Exercise 10:30am Walter Break 10:45am Spiritual Hymns 2:00pm Fit-Me-In (Puzzle) 3:00pm Sunday Movie 4:15pm Prep for Dinner	2 9:30am Daily Chronicles 10:00am St. Frances Church Service (LR) 10:00am Sit and Be Fit 10:30am Sing-A-Long 1:30pm Stroll around StoryPoint 2:00pm Afternoon Movie 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	3 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Ring Toss 11:00am Mini-Mystery 1:30pm Short Story - Unexpected Places 2:00pm Bingo 3:00pm White Board Games 6:00pm Zen Moments	4 9:30am Daily Chronicles 10:00am Sit and Get Fit with Angie 10:30am Bean Bag Toss 11:00am Cranium Crunches 1:30pm Creative Pencil Art 2:00pm Resident Council Meeting - AL Activity Room 3:00pm Rummikub 6:00pm Relaxing Music	5 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Bowling 11:00am Finish the Phrase 1:30pm Hangman 2:00pm Sing-A-Long 3:00pm Thirsty Thursday 6:00pm Relaxing Music	6 9:30am Daily Chronicles 10:00am Sit and Be Fit 10:30am Darts 11:00am Trivia Friday 1:30pm Afternoon Stroll Around Story Point 2:00pm Words-in-Words 3:00pm Entertainment-FUN with Gayle Bisesi!!! 4:15pm Prep for Dinner 6:00pm Mindful Relaxation	7 9:30am Daily Chronicles 10:00am Seated Chair Exercise 10:30am Sing-A-Long 11:00am Bookclub 1:30pm Reminisce - My first Job 3:00pm Nails with Angie 4:15pm Prep for Dinner 6:00pm Mindful Serenity
8 9:30am Daily Chronicles 10:00am Move and Groove Exercise 10:30am Walter Break 10:45am Spiritual Hymns 2:00pm Fit-Me-In (Puzzle) 3:00pm Sunday Movie 4:15pm Prep for Dinner	9 9:30am Daily Chronicles 10:00am St. Frances Church Service (LR) 10:00am Sit and Be Fit 10:30am Sing-A-Long 1:30pm Stroll around StoryPoint 2:00pm Afternoon 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	10 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Ring Toss 11:00am Lifelong Learning... Better then or now? 1:30pm Plants and Animals - Forever Young: Immortal Jellyfish 2:00pm Bingo 3:00pm White Board Games 6:00pm Family Night	**Veterans Day** 11 9:30am Daily Chronicles 10:00am Sit and Get Fit with Angie 10:30am Bean Bag Toss 11:00a Cranium Crunches 2:00pm Veterans Day Program in AL 3:00pm Honoring our Veterans and then some fun with Larry Levin 6:00pm Relaxing Music	12 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Bowling 11:00am Finish the Phrase 1:30pm Scenic Drive 2:00pm Sing-A-Long 3:00pm Thirsty Thursday 6:00pm Relaxing Music	13 9:30am Daily Chronicles 10:00am Sit and Be Fit 10:30am Darts 11:00am Trivia Friday 1:30pm Afternoon Stroll Around Story Point 2:00pm Thymeless Baking with Pickles 3:00pm Words -in-Words 4:15pm Prep for Dinner 6:00pm Mindful Relaxation	**Pickle Day** 14 9:30am Daily Chronicles 10:00am Seated Chair Exercise 10:30am Sing-A-Long 11:00am Bookclub 1:30pm Reminisce - Thanksgiving 3:00pm Nails with Angie 4:15pm Prep for Dinner 6:00pm Mindful Serenity
15 9:30am Daily Chronicles 10:00am Move and Groove Exercise 10:30am Walter Break 10:45am Spiritual Hymns 2:00pm Fit-Me-In (Puzzle) 3:00pm Sunday Movie 4:15pm Prep for Dinner	16 9:30am Daily Chronicles 10:00am St. Frances Church Service (LR) 10:00am Sit and Be Fit 10:30am Sing-A-Long 1:30pm Stroll around StoryPoint 2:00pm Afternoon Movie 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	17 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Ring Toss 11:00am Movies and Stars...Jamie Lee Curtis 1:30pm Humor -Thanksgiving Host Jokes 2:00pm Bingo 3:00pm White Board Games 6:00pm Zen Moments	18 9:30am Daily Chronicles 10:00am Sit and Get Fit with Angie 10:30am Bean Bag Toss 11:00am Mini-Mystery 1:30pm Creative Pencil Art 2:00pm Rummikub 3:00pm Entetainment in AL 6:00pm Relaxing Music	19 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Bowling 11:00am Finish the Phrase 1:30pm Hangman 2:00pm Sing-A-Long 3:00pm Thirsty Thursday 4:30 Thanksgiving Dinner 6:00pm Relaxing Music	20 9:30am Daily Chronicles 10:00am Sit and Be Fit 10:30am Darts 11:00am Trivia Friday 1:30pm Afternoon Stroll Around Story Point 2:00pm Words-in-Words 3:00pm Fall Craft Creations 4:15pm Prep for Dinner 6:00pm Mindful Relaxation	21 9:30am Daily Chronicles 10:00am Seated Chair Exercise 10:30am Sing-A-Long 11:00am Bookclub 1:30pm Reminisce - Black Friday 3:00pm Nails with Angie 4:15pm Prep for Dinner 6:00pm Mindful Serenity
22 9:30am Daily Chronicles 10:00am Move and Groove Exercise 10:30am Walter Break 10:45am Spiritual Hymns 2:00pm Fit-Me-In (Puzzle) 3:00pm Sunday Movie 4:15pm Prep for Dinner	23 9:30am Daily Chronicles 10:00am St. Frances Church Service (LR) 10:00am Sit and Be Fit 10:30am Sing-A-Long 1:30pm Stroll around StoryPoint 2:00pm Afternoon Movie 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	24 9:30am Daily Chronicles 10:00am Exercise with Jenny from Symbria 10:30am Ring Toss 11:00am Lifelong Learning... Airline Travel in the 1950's and 1960's 1:30pm Humor - Our Best Jokes 2:00pm Bingo 3:00pm White Board Games 6:00pm Zen Moments	25 9:30am Daily Chronicles 10:00am Sit and Get Fit with Angie 10:30am Bean Bag Toss 11:15am Pet Therapy with Chowder 1:30pm Sock-Match 2:00pm Left, Center, Right 3:00pm Entertainment - FUNNN with Tommy Barroso 6:00pm Relaxing Music	**Thanksgiving** 26 9:30am Daily Chronicles 10:00am Move to the Music 10:30am Bowling 11:00am Finish the Phrase 1:30pm Hangman 2:00pm Sing-A-Long 3:00pm Thirsty Thursday 6:00pm Relaxing Music	27 9:30am Daily Chronicles 10:00am Sit and Be Fit 10:30am Darts 11:00am Trivia Friday 1:30pm Afternoon Stroll Around Story Point 2:00pm Thymeless Baking 3:00pm Words -in-Words 4:15pm Prep for Dinner 6:00pm Mindful Relaxation	28 9:30am Daily Chronicles 10:00am Seated Chair Exercise 10:30am Sing-A-Long 11:00am Bookclub 1:30pm Reminisce - Shopping for the Hoildays 3:00pm Nails with Angie 4:15pm Prep for Dinner 6:00pm Mindful Serenity
29 9:30am Daily Chronicles 10:00am Move and Groove Exercise 10:30am Walter Break 10:45am Spiritual Hymns 2:00pm Fit-Me-In (Puzzle) 3:00pm Sunday Movie 4:15pm Prep for Dinner	30 9:30am Daily Chronicles 10:00am St. Frances Church Service (LR) 10:00am Sit and Be Fit 10:30am Sing-A-Long 1:30pm Stroll around StoryPoint 2:00pm Afternoon Movie 4:15PM Prep for Dinner 6:00PM Mindful Relaxation					

Calender Key:

AR – Activity Room

LR – Living Room in AL

B- Bistro

November Birthdays!

11/3 - Lee H.

11/15 - Thomas C.

11/17 - Virginia O.

StoryPoint™ Senior Living