StoryPoint Brownsboro

Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30AM-Sunday Stretch-Out Exercise Class-AR 11:00AM-Catholic Communion w/St. Albert The Great Catholic Church-IA 1:00PM-Walk Independently OR w/Neighbor 2:30PM-Intellectual Awareness Time-Read "the Perk" 4:00PM-Sunday Service w/Lyndon Baptist Church-AR 7:00PM-Sunday Evening Movie-LR	2 10:30AM-Lite Jazz & Ballet Class w/Sandy-AR 11:00AM-Live! News & News Related Programming-LR 1:30PM-Walk Independently OR w/Neighbor 3:30PM-Relaxation Music for the Soul-AR 7:00PM-Monday Evening Movie-LR	3 10:30AM- Touch-Your-Toes-Tuesday Exercicise Class-AR 1:00PMPM- Walk Independently OR w/Neighbor 1:30PM-B-I-N-G-O-AR 3:15PM-Animals & More w/Evelyn-L 4:00PM-Happy Hour!! 7:00PM- Tuesday Evening Movie-AR	4 9:45AM- Catholic Communion w/Joe-St. Athanasius Church-IA 10:15AM-Workout-Wednesday Exercise Class-AR 10:45AM-Shopping Trip!! Wesport Rd. Kroger!! 2:15PM-News Currents Sr.-AR 4:30PM-Walk Independently OR w/Neighbor 7:00Pm-Wednesday Evening Movie-LR	5 10:15AM-Throwdown Thursday Exercise Class -AR 11:00AM-Nurturing the Spirit w/Evelyn-AR 3:30PM-Happy Hour!! 4:30PM-Walk Independently OR w/Neighbor 7:00PM-Thursday Evening Movie	6 10:30AM-Doug Pinson Guitar Performance-AR 11:30AM-Friday Fitness Exercise Class-AR 1:30PM-B-I-N-G-O-AR 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Friday Evening Movie	7 10:30AM-Saturday Morning Exercise Class-AR 11:00AM-Intellectual Awareness Time-Read "the Perk" 11:30AM-Pick-A-Page to Color-AR 1:30PM-B-I-N-G-O! 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Saturday Evening Movie-AR
8 10:30AM-Sunday Stretch-Out Exercise Class-AR 11:00AM-Catholic Communion w/St. Albert The Great Catholic Church-IA 1:00PM-Walk Independently OR w/Neighbor 2:30PM-Intellectual Awareness Time-Read "the Perk" 4:00PM-Sunday Service w/Kenwood Baptist Church-AR 7:00PM-Sunday Evening Movie-LR	9 10:30AM-Lite Jazz & Ballet Class w/Sandy-AR 11:00AM-Live! News & News Related Programming-LR 1:30PM-Walk Independently OR w/Neighbor 2:15PM-News Currents Sr. 4:00PM-Relaxation Music for the Soul-AR 7:00PM-Monday Evening Movie-LR	10 10:30AM- Touch-Your-Toes-Tuesday Exercicise Class-AR 1:00PMPM- Walk Independently OR w/Neighbor 1:30PM-B-I-N-G-O-AR 3:15PM-Animals & More w/Evelyn-L 4:00PM-Happy Hour!! 7:00PM- Tuesday Evening Movie-AR	11 9:45AM- Catholic Communion w/Joe-St. Athanasius Church-IA 10:30AM-Workout-Wednesday Exercise Class-AR 3:30PM-DJ Deano Hillw/WYOU Radio-AR 4:30PM-Walk Independently OR w/Neighbor 7:00Pm-Wednesday Evening Movie-LR	12 10:15AM-Thowdown Thursday Exercise Class-AR 11:00AM-Nurturing the Spirit w/Evelyn-AR 3:00PM-Greg Vincenti Guitar & Singing Performance-AR 4:30PM- Walk Independently OR w/Neighbor 7:00PM-Thursday Evening Movie	13 10:30AM-Friday Fitness Exercise Class-AR 1:30PM-B-I-N-G-O-AR 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Friday Evening Movie	14 10:30AM-Saturday Morning Exercise Class-AR 11:00AM-Intellectual Awareness Time-Read "the Perk"-AR 11:30AM-Pick-A-Page to Color-AR 1:30PM - B-I-N-G-O-AR 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Saturday Evening Movie-AR
15 10:30AM-Sunday Stretch-Out Exercise Class-AR 11:00AM-Catholic Communion w/St. Albert The Great Catholic Church-IA 1:00PM-Walk Independently OR w/Neighbor 2:30PM-Intellectual Awareness Time-Read "the Perk" 4:00PM-Sunday Service w/Lyndon Baptist Church-AR 7:00PM-Sunday Evening Movie-LR	16 10:30AM-Lite Jazz & Ballet Class w/Sandy-AR 11:00AM-Live! News & News Related Programming-LR 1:30PM-Walk Independently OR w/Neighbor 2:00PM-Community Health Fair (Sales Event) 7:00PM-Monday Evening Movie-LR	17 10:30AM- Touch-Your-Toes-Tuesday Exercicise Class-AR 1:00PMPM- Walk Independently OR w/Neighbor 1:30PM-B-I-N-G-O-AR 3:15PM-Animals & More w/Evelyn-L 4:00PM-Dana D. Piano Performance-LR 7:00PM- Tuesday Evening Movie	18 9:45AM- Catholic Communion w/Joe-St. Athanasius Church-IA 10:15AM-Workout-Wednesday Exercise Class-AR 10:45AM-Outing!! The Cafe'!-L 2:15PM- News Currents Sr.-AR 4:30PM-Walk Independently OR w/Neighbor 7:00PM-Wednesday Evening Movie-LR	19 Thanksgiving 10:15AM-Thowdown Thursday Exercise Class-AR 4:30PM- Walk Independently OR w/Neighbor 5:00PM-Thanksgiving Dinner Party/Piano by Tim Harper!! 7:00PM-Thursday Evening Movie	20 10:30AM-Friday Fitness Exercise Class-AR 1:30PM-B-I-N-G-O-AR 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Friday Evening Movie	21 10:30AM-Saturday Morning Exercise Class-AR 11:00AM-Intellectual Awareness Time-Read "the Perk"-AR 11:30AM-Pick-A-Page to Color-AR 1:30PM-B-I-N-G-O! 3:30PM-AYLUS Youth Performance!! 7:00PM-Saturday Evening Movie-AR
22 10:30AM-Sunday Stretch-Out Exercise Class-AR 11:00AM-Catholic Communion w/St. Albert The Great Catholic Church-IA 1:00PM-Walk Independently OR w/Neighbor 2:30PM-Intellectual Awareness Time-Read "the Perk" 4:00PM-Sunday Service w/Lyndon Baptist Church-AR 7:00PM-Sunday Evening Movie-LR	23 10:30AM-Lite Jazz & Ballet Class w/Sandy-AR 11:00AM-Live! News & News Related Programming-LR 1:30PM-Walk Independently OR w/Neighbor 3:30PM-Relaxation Music for the Soul-AR 7:00PM-Monday Evening Movie-LR	24 10:30AM- Touch-Your-Toes-Tuesday Exercicise Class-AR 1:00PMPM- Walk Independently OR w/Neighbor 1:30PM-B-I-N-G-O-AR 3:15PM-Animals & More w/Evelyn-L 4:00PM-Happy Hour!! 7:00PM- Tuesday Evening Movie-AR	25 9:45AM- Catholic Communion w/Joe-St. Athanasius Church-IA 10:30AM-Workout-Wednesday Exercise Class-AR 1:00PM-Dining Council-AR 2:00PM-Louisville Free Public Library Bookmobile w/Sarah 2:15PM-News Currents Sr.-AR 4:30PM-Walk Independently OR w/Neighbor 7:00PM-Wednesday Evening Movie	26 10:15AM-Throwdown Thursday Exercise Class-AR 11:00AM-Nurturing the Spirit w/Evelyn-AR 3:30PM-Happy Hour!! 4:30PM-Walk Independently OR w/Neighbor 7:00PM-Thursday Evening Movie	27 10:30AM-Friday Fitness Exercise Class-AR 11:00AM-HealthPro Presentation w/Simone 1:30PM-B-I-N-G-O-AR 4:00PM-Walk Independently OR w/Neighbor 7:00PM-Friday Evening Movie-LR	24 10:30AM-Saturday Morning Exercise Class-AR 11:00AM-Intellectual Awareness Time-AR 11:30AM-Pick-A-Page to Color-AR 1:00PM-The Back Porch Club-AR 1:30PM-B-I-N-G-O-AR 2:00PM-Walking Club 7:00PM-Saturday Evening Movie-AR
29 10:30AM-Sunday Stretch-Out Exercise Class-AR 11:00AM-Catholic Communion w/St. Albert The Great Catholic Church-IA 1:00PM-Walk Independently OR w/Neighbor 2:30PM-Intellectual Awareness Time-Read "the Perk" 4:00PM-Sunday Church Service-AR 7:00PM-Sunday Evening Movie-LR	30 10:30AM-Lite Jazz & Ballet Class w/Sandy-AR 11:00AM-Live! News & News Related Programming-LR 1:30PM-Walk Independently OR w/Neighbor 3:30PM-Relaxation Music for the Soul-AR 7:00PM-Monday Evening Movie-LR					

Calender Key:

AR-Activity Room
B-Bistro
FP-Front Porch
FV-Front Veranda
IA-Individual Apartments
L-Lobby
LR-Living Room
SFA-Second Floor Activty Area

StoryPoint Senior Living