Maple Lake Assisted Living

Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Gentle Stretch (MC) 11:30 Coffee & Conversation (MC) 1:00 Dominoes (LR) 2:00 Sunday Church Service (BCR)	**2** 9:30 Autumn Word Search (MC) 10:00 Chair Yoga (MC) 11:30 Fall Floral Design Workshop (BCR) 1:00 Bingo (BCR) 2:00 Monthly Activity Meeting (BCR) 3:00 Manicure Monday (LR)	**3** 11:10 Tech Tuesday (BCR) 1:00 Gratitude Shadowbox Workshop (BCR) 2:30 Cornhole (MC) 3:30 Afternoon Social (LR) 6:00 Dominoes Game Night (LR)	**4** 9:30 Fall Trivia (MC) 10:00 Balance Boost (MC) 11:30 Autumn Watercolors (LR) 1:00 Fall Floral Arranging (BCR) 2:00 Book Club (LR) 3:00 Making Protein Balls (BCR)	**5** 9:30 Gratitude Journal (MC) 10:00 Armchair Aerobics (MC) 11:30 Fall Centerpieces (BCR) 1:00 Tabletop Bowling (BCR) 2:00 Harvest Cider Happy Hour (LR) 3:00 Custom Coaster Crafts (BCR) 6:00 Left, Right, Center Game (BCR)	**6** 9:30 Coffee & Headlines (MC) 10:00 Flex & Reach (MC) 11:30 Baking Sugar Cookies (BCR) 1:00 Bingo (BCR) 2:30 Sara Dawson Music Therapy (BCR) 3:00 Mystery Taste Test Challenge (BCR)	**7** 10:00 Chair Tai Chi (MC) 11:30 Cozy Coffee Social (MC) 1:00 Clay Art (BCR) 2:00 Tabletop Cornhole (BCR)
8 10:00 Rhythm & Reach (MC) 11:30 Fall Walk (MC) 1:00 UNO (BCR) 2:00 Sunday Church Service (BCR)	**9** 9:30 Thankful Thoughts (MC) 10:00 Seated Strength (MC) 11:30 Autumn Grapevine Wreath Design (BCR) 1:00 Bingo BCR) 2:00 Men's Group (LR) 3:00 Manicure Monday (LR)	**10** 11:10 Tech Tuesday (BCR) 1:00 Veterans Appreciation Cardmaking (LR) 2:30 Bridge (LR) 3:30 Culinary Showcase (BCR) 6:00 Aggravation Game Night (BCR)	**11** 9:30 Autumn Poetry (MC) 10:00 Gentle Pilates (MC) 11:30 Gratitude Garland (BCR) 1:00 Horseshoes (LR) 2:00 Veterans Day Tribute (BCR) 3:00 Old-Fashioned Soda Shop (BCR)	**12** 9:30 Morning Social (MC) 10:00 Chair Zumba (MC) 11:30 Making Wreaths (BCR) 1:00 Pictionary (LR) 2:00 60s Trivia 3:00 Chocolate Dipping Party (BCR) 6:00 Evening Bingo (BCR)	**13** 9:30 Thanksgiving Memories (MC) 10:00 Posture Practice (MC) 11:30 Baking Club Jam Cookies (BCR) 1:00 Bingo (BCR) 2:00 Dice Games (LR) 3:00 Deal Or No Deal (LR)	**14** 10:00 Chair Dance (MC) 11:30 Daily Inspiration (MC) 1:00 Thanksgiving Place Cards (BCR) 2:00 Music Trivia (BCR)
15 10:00 Resistance Band Moves (MC) 11:30 Coffee & Chat (MC) 1:00 Sevens Card Game (LR) 2:00 Sunday Church Service (BCR)	**16** 9:30 Harvest Trivia (MC) 10:00 Full Body Stretch (MC) 11:30 Rustic Pinecone Centerpieces (BCR) 1:00 Bingo BCR) 2:00 Resident Council (BCR) 3:00 Manicure Monday (LR)	**17** 11:10 Tech Tuesday (BCR) 1:00 Thanksgiving Table Centerpieces (BCR) 2:30 Beanbag Toss (LR) 3:30 Guess the TV Theme Song (BCR)	**18** 9:30 Positive Thoughts (MC) 10:00 Core & Balance (MC) 11:30 Fall Mosaic Art (BCR) 1:00 Guess the Scent (BCR) 2:00 Culinary Showcase (BCR) 3:00 Ring Toss (LR) 5:00 Family Thanksgiving Night	**19** 9:30 Word Scramble (MC) 10:00 Seated Marching (MC) 11:30 DIY Bookmarks (LR) 1:00 Dice Games (LR) 2:00 Friendsgiving Happy Hour (BCR) 3:00 Apple Nacho Bar (BCR) 6:00 Fall Fun Night (BCR)	**20** 9:30 Thankful Tree (MC) 10:00 Flexibility Flow (MC) 11:30 Baking Apple Cinnamon Muffins (BCR) 1:00 Bingo (BCR) 2:30 Sara Dawson Music Therapy (BCR) 3:00 Yahtzee (BCR)	**21** 10:00 Chair Yoga Flow (MC) 11:30 Coffee & News (MC) 1:00 Tie Together Blankets (BCR) 2:00 Puzzle Club (BCR)
22 10:00 Gentle Movement (MC) 11:30 Autumn Stories (MC) 1:00 Dominoes (LR) 2:00 Sunday Church Service (BCR)	**23** 9:30 Gratitude Circle (MC) 10:00 Chair Aerobics (MC) 11:30 Shadow Box Craft (BCR) 1:00 Bingo (BCR) 2:00 Glass Painting (BCR) 3:00 Manicure Monday (LR)	**24** 11:10 Outing Check-In & Departure Prep 11:30 Lunch Outing: The Foundation Restaurant, Paw Paw (limited seats; sign up with Life Enrichment) 3:30 Decorative Serving Trays (BCR) 4:00- Book Club (LR) 6:00 Sevens Game Night (LR)	**25** 10:00 Turkey Trot Fitness (MC) 11:30 Canvas Painting (BCR) 1:00 Horseshoes (BCR) 2:00 Calming Tea Time (MC)	**26** 10:00 Morning Walk (MC) 11:30 Holiday Card Making (LR) 1:00 Pen Pal Club (LR) 2:00 Domionos (LR)	**27** 10:00 Morning Walk (MC) 1:00 Bingo (BCR) 2:00 Aggravation (BCR) 3:00 Puzzle Corner (LR)	**28** 10:00 Movement to Music (MC) 11:30 Fall Facts (MC) 1:00 November Scrapbook (BCR) 2:00 Charades (BCR)
29 10:00 Chair Stretch (MC) 11:30 Morning Reflections (MC) 1:00 Catch the Ball Game (BCR) 2:00 Sunday Church Service (BCR)	**30** 9:30 November Memories (MC 10:00 Seated Dance (MC) 11:30 Winter Watercolor Painting (LR) 1:00 Bingo (BCR) 2:00 Birthday Celebration (BCR) 3:00 Manicure Monday (LR)					

Calender Key:
BCR- Big Community Room
LR- Living Room
MC- Memory Care
O- Outing
OS- Outside
L- Lobby
SR- Sunroom
AL- Assisted Living
S- Salon
DR- Dining Room
G- Gazebo
FP- Front Porch
FL- Front Lobby

MAPLE LAKE
BY STORYPOINT GROUP