**Maple Lake Assisted Living**

Memory Care

# November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>10:00 Gentle Stretch (MC)<br>11:30 Coffee & Conversation (MC)<br>1:00 Dominoes (LR)<br>2:00 Sunday Church Service (BCR) | **2**<br>9:30 Autumn Word Search (MC)<br>10:00 Chair Yoga (MC)<br>11:30 Fall Floral Design Workshop (BCR)<br>1:00 Bingo (BCR)<br>2:00 Monthly Activity Meeting (BCR)<br>3:00 Manicure Monday (LR) | **3**<br>11:10 Tech Tuesday (BCR)<br>1:00 Gratitude Shadowbox Workshop (BCR)<br>2:30 Cornhole (MC)<br>3:30 Afternoon Social (LR)<br>6:00 Dominoes Game Night (LR) | **4**<br>9:30 Fall Trivia (MC)<br>10:00 Balance Boost (MC)<br>11:30 Autumn Watercolors (LR)<br>1:00 Fall Floral Arranging (BCR)<br>2:00 Book Club (LR)<br>3:00 Making Protein Balls (BCR) | **5**<br>9:30 Gratitude Journal (MC)<br>10:00 Armchair Aerobics (MC)<br>11:30 Fall Centerpieces (BCR)<br>1:00 Tabletop Bowling (BCR)<br>2:00 Harvest Cider Happy Hour (LR)<br>3:00 Custom Coaster Crafts (BCR)<br>6:00 Left, Right, Center Game (BCR) | **6**<br>9:30 Coffee & Headlines (MC)<br>10:00 Flex & Reach (MC)<br>11:30 Baking Sugar Cookies (BCR)<br>1:00 Bingo (BCR)<br>2:30 Sara Dawson Music Therapy (BCR)<br>3:00 Mystery Taste Test Challenge (BCR) | **7**<br>10:00 Chair Tai Chi (MC)<br>11:30 Cozy Coffee Social (MC)<br>1:00 Clay Art (BCR)<br>2:00 Tabletop Cornhole (BCR) |
| **8**<br>10:00 Rhythm & Reach (MC)<br>11:30 Fall Walk (MC)<br>1:00 UNO (BCR)<br>2:00 Sunday Church Service (BCR) | **9**<br>9:30 Thankful Thoughts (MC)<br>10:00 Seated Strength (MC)<br>11:30 Autumn Grapevine Wreath Design (BCR)<br>1:00 Bingo BCR)<br>2:00 Men's Group (LR)<br>3:00 Manicure Monday (LR) | **10**<br>11:10 Tech Tuesday (BCR)<br>1:00 Veterans Appreciation Cardmaking (LR)<br>2:30 Bridge (LR)<br>3:30 Culinary Showcase (BCR)<br>6:00 Aggravation Game Night (BCR) | **11**<br>9:30 Autumn Poetry (MC)<br>10:00 Gentle Pilates (MC)<br>11:30 Gratitude Garland (BCR)<br>1:00 Horseshoes (LR)<br>2:00 Veterans Day Tribute (BCR)<br>3:00 Old-Fashioned Soda Shop (BCR) | **12**<br>9:30 Morning Social (MC)<br>10:00 Chair Zumba (MC)<br>11:30 Making Wreaths (BCR)<br>1:00 Pictionary (LR)<br>2:00 60s Trivia<br>3:00 Chocolate Dipping Party (BCR)<br>6:00 Evening Bingo (BCR) | **13**<br>9:30 Thanksgiving Memories (MC)<br>10:00 Posture Practice (MC)<br>11:30 Baking Club Jam Cookies (BCR)<br>1:00 Bingo (BCR)<br>2:00 Dice Games (LR)<br>3:00 Deal Or No Deal (LR) | **14**<br>10:00 Chair Dance (MC)<br>11:30 Daily Inspiration (MC)<br>1:00 Thanksgiving Place Cards (BCR)<br>2:00 Music Trivia (BCR) |
| **15**<br>10:00 Resistance Band Moves (MC)<br>11:30 Coffee & Chat (MC)<br>1:00 Sevens Card Game (LR)<br>2:00 Sunday Church Service (BCR) | **16**<br>9:30 Harvest Trivia (MC)<br>10:00 Full Body Stretch (MC)<br>11:30 Rustic Pinecone Centerpieces (BCR)<br>1:00 Bingo BCR)<br>2:00 Resident Council (BCR)<br>3:00 Manicure Monday (LR) | **17**<br>11:10 Tech Tuesday (BCR)<br>1:00 Thanksgiving Table Centerpieces (BCR)<br>2:30 Beanbag Toss (LR)<br>3:30 Guess the TV Theme Song (BCR) | **18**<br>9:30 Positive Thoughts (MC)<br>10:00 Core & Balance (MC)<br>11:30 Fall Mosaic Art (BCR)<br>1:00 Guess the Scent (BCR)<br>2:00 Culinary Showcase (BCR)<br>3:00 Ring Toss (LR)<br>5:00 Family Thanksgiving Night | **19**<br>9:30 Word Scramble (MC)<br>10:00 Seated Marching (MC)<br>11:30 DIY Bookmarks (LR)<br>1:00 Dice Games (LR)<br>2:00 Friendsgiving Happy Hour (BCR)<br>3:00 Apple Nacho Bar (BCR)<br>6:00 Fall Fun Night (BCR) | **20**<br>9:30 Thankful Tree (MC)<br>10:00 Flexibility Flow (MC)<br>11:30 Baking Apple Cinnamon Muffins (BCR)<br>1:00 Bingo (BCR)<br>2:30 Sara Dawson Music Therapy (BCR)<br>3:00 Yahtzee (BCR) | **21**<br>10:00 Chair Yoga Flow (MC)<br>11:30 Coffee & News (MC)<br>1:00 Tie Together Blankets (BCR)<br>2:00 Puzzle Club (BCR) |
| **22**<br>10:00 Gentle Movement (MC)<br>11:30 Autumn Stories (MC)<br>1:00 Dominoes (LR)<br>2:00 Sunday Church Service (BCR) | **23**<br>9:30 Gratitude Circle (MC)<br>10:00 Chair Aerobics (MC)<br>11:30 Shadow Box Craft (BCR)<br>1:00 Bingo (BCR)<br>2:00 Glass Painting (BCR)<br>3:00 Manicure Monday (LR) | **24**<br>11:10 Outing Check-In & Departure Prep<br>11:30 Lunch Outing: The Foundation Restaurant, Paw Paw (limited seats; sign up with Life Enrichment)<br>3:30 Decorative Serving Trays (BCR)<br>4:00- Book Club (LR)<br>6:00 Sevens Game Night (LR) | **25**<br>10:00 Turkey Trot Fitness (MC)<br>11:30 Canvas Painting (BCR)<br>1:00 Horseshoes (BCR)<br>2:00 Calming Tea Time (MC) | **26**<br>10:00 Morning Walk (MC)<br>11:30 Holiday Card Making (LR)<br>1:00 Pen Pal Club (LR)<br>2:00 Domionos (LR) | **27**<br>10:00 Morning Walk (MC)<br>1:00 Bingo (BCR)<br>2:00 Aggravation (BCR)<br>3:00 Puzzle Corner (LR) | **28**<br>10:00 Movement to Music (MC)<br>11:30 Fall Facts (MC)<br>1:00 November Scrapbook (BCR)<br>2:00 Charades (BCR) |
| **29**<br>10:00 Chair Stretch (MC)<br>11:30 Morning Reflections (MC)<br>1:00 Catch the Ball Game (BCR)<br>2:00 Sunday Church Service (BCR) | **30**<br>9:30 November Memories (MC<br>10:00 Seated Dance (MC)<br>11:30 Winter Watercolor Painting (LR)<br>1:00 Bingo (BCR)<br>2:00 Birthday Celebration (BCR)<br>3:00 Manicure Monday (LR) | | | | | |

**Calender Key:**
**BCR- Big Community Room**
**LR- Living Room**
**MC- Memory Care**
**O- Outing**
**OS- Outside**
**L- Lobby**
**SR- Sunroom**
**AL- Assisted Living**
**S- Salon**
**DR- Dining Room**
**G- Gazebo**
**FP- Front Porch**
**FL- Front Lobby**

MAPLE LAKE
BY STORYPOINT GROUP