Candlestone
Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Sunday Stretch- Grab a friend and take a walk! (LR) 1:00 Detroit Lions Football on TV (LR) 1:30 Church Service (MC) 6:30 Today's News (LR)	**2** **Candlestone Deer Camp** 9:30 Chair Yoga & Flow Class w/ Fern (CR) 12:00 Deer Camp Men's Club (SR) 2:00 Pumpkin Smashing (CY) 6:30 Crossword Puzzles (B)	**3** **National Sandwich Day** 9:30 Book Club (SR) 11:00 Chair Yoga (CR) 2:00 Manicures (CR) 3:00 Sandwich Making Challenge (CR) 6:00 Fireside Chat (LR)	**4** **National Candy Day** 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Old Fashioned Candy Shop Mobile Cart 6:30 Movie and Popcorn (B)	**5** 9:30 Book Club (SR) 11:00 Pool Noodle Exercise (CR) 1:00 Dow Gardens Outing (CR) 6: 30 Autumn Poetry (B)	**6** 9:30 Thank you walk (LR) 10:30 Card Bingo (CR) 2:00 Music w/ Gabe (LR) 6:30 Puzzles (B)	**7** **Michigan VS State Party!** 9:30 Ribbon Exercise (CY) 1:00 MI vs MI State Football & Popcorn (LR) 6:30 Number Games (B)
8 9:30 Sunday Stretch- Grab a friend and take a walk! (CY) 1:00 Detroit Lions Football on TV (LR) 1:30 Church Service (MC) 3:00 Word Puzzle Packets (B) 6:30 Movie & Popcorn (LR)	**9** 9:15 Motivational Monday Chat (CR) 11:00 Monday Morning Stretch (CR) 2:00 Native American Heritage Month- Learn about Michigan Tribes (CR) 6:30 Adult Coloring Pages (B)	**10** 9:30 Book Club (SR) 11:15 Chair Yoga (CR) 2:00 Manicures (CR) 6:30 Number Games (B)	**11** **Veterans Day** 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Salute to our Heroes- Wall of Honor Reveal (LR) 6:30 Peacful Piano (B)	**12** 9:30 Book Club w/Helen (SR) 11:00 Pool Noodle Exercise (CR) 2:00 Mystery Mixer- Happy Hour with a twist...work together to solve a case. 6:00 Movie & Popcorn Night (LR)	**13** **World Kindness Day** 9:30 Thank you walk (LR) 11:00 Random Acts of Kindness 2:00 Bingo (CR) 3:00 Bingo Store (CR) 6:30 Puzzles (B)	**14** **National Pickle Day** 9:30 Parachute Exercise (CY) 11:15 Pickle Trivia (CR) 2:00 Pickle Tasting(CR) 6:30 Coloring Pages (B)
15 9:30 Detroit Lions Football on TV (LR) 1:30 Church Service (MC) 3:00 Weekend Trivia (B) 6:30 Today's News (LR)	**16** **National Fast Food Day!** 9:15 Motivational Monday Chat (CR) 12:00 McDonald's Lunch (DR) 1:30 Mr. E @ the Piano (LR) 6:30 Crossword Puzzles (B)	**17** 9:30 Book Club (SR) 11:00 Chair Yoga (CR) 2:00 Manicures (CR) 6:00 Yahtzee (B)	**18** **Mickey Mouse Day** 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Barcalow Music Birthday Party- Disney Style! (CR) 6:30 Movie and Popcorn (B)	**19** 9:30 Book Club (SR) 11:00 Pool Noodle Exercise (CR) 2:00 Resident Council (CR) 3:00 Culinary Showcase (DR) 6:30 Suduko (B)	**20** 9:30 Learn How to create an E-Greeting- Bring your phone or tablet if you have one! 11:00 Coonan's Irish Hub Lunch Outing 3:00 Bingo (CR) 6:30 Puzzles (B)	**21** 9:30 Morning Walk & Wheel 1:00 Corn Hole (LR) 6:30 Word Search Packets (B)
22 9:30 Sunday Stretch (LR) 1:00 Detroit Lions Football on TV (LR) 1:30 Church Service (MC) 3:00 Sunday Newspaper Chat (B) 6:30 Men's Choice Movie (LR)	**23** 9:15 Motivational Monday Chat (CR) 11:00 Cardio Drumming Class (CR) 2:00 Family Feud Game (CR) 6:30 Puzzles (B)	**24** **Great Pie Bake-Off** 9:30 Book Club (SR) 11:00 Manicures (CR) 1:00 Pie Baking- Resident's Favorite Recipes 6:30 Movie & Popcorn (LR)	**25** **Family Thanksgiving Celebration!** 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Candlestone Big Balloon Parade (LR) 5:00 Family Dinner 6:30 Crossword Puzzle	**26** **Happy Thanksgiving** 8:30 Macy's Day Parade on TV 9:30 Pool Noodle Exercise (CR) 1:00 Detroit Lions Game on TV (LR) 6:30 Easy Listening Music (LR)	**27** 9:30 Thank you walk (LR) 11:15 Activity Planning Meeting (CR) 2:00 Bingo (CR) 3:00 Bingo Store (CR) 6:30 Puzzles (B)	**28** 9:00 Morning Walk & Wheel (CY) 10:30 Jeopardy (CR) 2:00 Penny Pincher Game (CR) 6:30 Coloring Pages (B)
29 9:30 Sunday Stretch (LR) 1:30 Church Service (MC) 3:00 UNO (B) 6:30 Today's News (LR)	**30** 9:15 Motivational Monday Chat (CR) 11:00 Cardio Class (CR) 3:00 Polka w/Linda Lee (LR) 6:30 Puzzles (B)		1			

Calender Key:
SR- Sun Room
B-Bistro
LR- Living Room
CY – Courtyard
DR- Dining Room
CR- Community Room
MC- Memory Care
MCP- Memory Care Patio
SAL- Salon
O- Outing

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