Springvale
Assisted Living | Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 - Balloon Bop 2:00 - Afternoon Walk 6:00 - Card Games	**2** Fall Centerpieces 10:30 - Word Search 11:00 - Chair Zumba 2:00 - Centerpieces 3:00 - Joggin Your Noggin 4:00 - Board Games 6:00 - Puzzles	**3** Veterans Pinning 10:00 - Church Service 11:00 - Exercise 1:30 - Veterans Day Pinning Ceremony 3:00 - Trivia 4:00 - Card Making	**4** Carmel Apple Nachos 10:30 - Current Events Club 11:00 - Balloon Bop 1:30 - Polish with Patti 2:00 - Carmel Apple Nachos 3:00 - Bingo 4:00 - Name that Tune	**5** Craft & Vendor Show 9:00 - Coffee Chats 10:30 - Therapy Dog Visit 11:00 - Exercise 2:00 - Traveling Sales Gals Craft & Vendor Show 3:30 - Hot Cart 4:00 - Armchair Travel	**6** Popcorn Friday 10:30 - Mad Libs 11:00 - Exercise w/ Powerback 2:00 - Popcorn Bar 3:00 - Minute to Win It 4:00 - Coffee Chats	**7** 11:00 - Balloon Bop 2:00 - Calm Coloring 6:00 - Word Games
8 11:00 - Coffee Chats 2:00 - Exercise 6:00 - Trivia	**9** Resident Meeting 10:30 - Word Search 11:00 - Chair Zumba 2:00 - Activity Planning Meeting 3:00 - Card Making 4:00 - Puzzles	**10** Simmer Gift Bags 10:00 - Church Service 11:00 - Exercise 2:00 - Seasonal Simmer Bag 3:00 - Joggin Your Noggin 4:00 - Armchair Travel	**11** Veterans Day 10:30 - Current Events Club 11:00 - Balloon Bop 1:30 - Polish with Patti 2:00 - Care Packages 3:30 - Chair Zumba Class 4:00 - Hot Cart	**12** World Kindness Day 10:30 - Therapy Dog Visit 11:00 - Exercise 2:00 - Kindness Cards 3:00 - Compliment Exchange 4:00 - Card Games	**13** Entertainment 10:30 - Mad Libs 11:00 - Jake Singer Entertainment 2:00 - Exercise w/ Powerback 3:00 - Popcorn Bar 4:00 - Board Games	**14** 11:00 - Balloon Bop 2:00 - Word Games 6:00 - Calm Coloring
15 11:00 - Coffee Chats 2:00 - Exercise 6:00 - Board Games	**16** Tea Party 10:30 - Word Search 11:00 - Chair Zumba 2:00 - Giving Thanks Tea Party 3:00 - Hot Cart 4:00 - Card Games	**17** [Short header] 10:00 - Church Service 11:00 - Exercise 2:00 - Homemade Bread Making 3:00 - Bingo 4:00 - Name That Tune	**18** [Short header] 10:30 - Current Events Club 11:00 - Balloon Bop 1:30 - Polish with Patti 2:00 - Guided Meditation 3:00 - Resident Council 4:00 - Card Making	**19** Thanksgiving Pie Party 9:00 - Coffee Chats 10:30 - Therapy Dog Visit 11:00 - Exercise 2:00 - Thanksgiving Pie Party 3:00 - Coloring & Classics 4:00 - Fun Facts	**20** Popcorn Friday 10:30 - Mad Libs 11:00 - Exercise w/ Powerback 2:00 - Popcorn Bar 3:00 - Joggin Your Noggin 4:00 - Board Games	**21** 11:00 - Card Games 2:00 - Balloon Bop 6:00 - Calm Coloring
22 11:00 - Coffee Chats 2:00 - Afternoon Walk 6:00 - Trivia	**23** [Short header] 10:30 - Word Search 11:00 - Chair Zumba 2:00 - No Sew Fleece Pillows 3:00 - Bingo 4:00 - Walking Club	**24** [Short header] 10:30 - Color Therapy 11:00 - Exercise 1:30 - Bible Study/Worship 3:00 - Joggin Your Noggin 4:00 - Uno	**25** [Short header] 10:30 - Current Events Club 11:00 - Balloon Bop 1:30 - Polish with Patti 2:00 - Cookie Decorating 3:30 - Chair Zumba Class 4:00 - Scrabble	**26** 10:30 - Therapy Dog Visit 11:00 - Exercise 2:00 - Movie 3:00 - Trivia 4:00 - Puzzles	**27** Popcorn Friday 10:30 - Mad Libs 11:00 - Exercise w/ Powerback 2:00 - Popcorn Cart 3:00 - Black Friday Bingo 4:00 - Card Games	**28** 11:00 - Balloon Bop 2:00 - Calm Coloring 6:00 - Board Games
29 11:00 - Puzzles 2:00 - Exercise 6:00 - Table Topics	**30** [Short header] 10:30 - Word Search 11:00 - Chair Zumba 2:00 - Cyber Monday 3:00 - Joggin Your Noggin 4:00 - Card Games			**November Birthday's:** [Time and event details]		

Calender Key:
A – Atrium
C – Café
CP – Corner Pocket
CY – Courtyard
FL – Front Lobby
GP – Gathering Place
HL – Harbor Lobby
HYC – Harbor Courtyard
L – Library
[Other]
[Other]
[Other]

ARBOR GROVE
BY STORYPOINT GROUP