Crestwood Village
Assisted Living

November AL Calendar

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Saints Day **1** 10:30 - All Saints Day Presentation 11:00 - Chair Yoga 2:00 - Let's "Fall Back" our Clocks	**2** 10:30 - Move to the Groove 11:00- Hunters Club 2:00 -BINGO 6:00 - Resident Lead Games	**Trust Game with Autumn** **3** 10:15 - Bocce Ball 11:00- I TRUST my Resident with Autumn 1:00 - Brian Eldred Gospel Music	**Victoria Sladek** **4** 10:30 - Weights and Music 11:00 - Wellness Wednesday 2:00 - Holiday Card Making with Guest (Victoria) 6:00 - Resident Lead Games	**Mens Club** **5** 10:30 - Weighted Workout 11:00 - Mens Club (Black Jack with Mario) 2:00 - FireSide Craft Corner	**Harmony Off the ICE** **6** 10:30 - Learning to Fly: the first airplane 1:30 - CMU Team 2:30 - Movie Friday 6:00 - CMU Hockey Team Choir	**7** 10:30- Chair Yoga 11:00 Time Travelers Club 2:00 p.m. Bocce Ball
Singing Strings **8** 10:30 - Church Service 11:00 - Chair Yoga 1:00 - Singing Strings Live Music Performance	**9** 10:30 - Move to the Groove 11:00- Fall Poetry Readings 2:00 -BINGO 6:00 - Resident Lead Games	**Live Music: Rick Thum** **10** 10:15 - Bocce Ball 11:00- Who Wants to Be a Millionaire 3:30 - Live Music with Rick Thum (Dulcimer Music) NEW	**Veterans Day** **11** 10:30 - Weights and Music with Meagan 11:00 - The Ghost Army WW2 2:00- Veterans Event with Special Guest Speakers 6:00 - Resident Lead Games	**Busy with Bethany** **12** 10:30- Chair Yoga 11:00 - Yahtzee 2:00 - Fall Lanterns with Bethany 6:00 - Resident Lead Games	**13** 10:30 - Funky Friday Moves 11:00 - Jeopardy 2:30 - Movie Friday November Birthdays (Apple Nachos)	**14** 10:30 - Chair Yoga 11:00- History Series 2:00 - Beach Volleyball
15 10:30 - Church Service 11:00 - Sunday Sweat! 2:00 - Table Top Tournament	**Pumpkin Spice Dip Day** **16** 10:30- Balance Clinic 11:00 - Puzzle Club by the Fire Place 2:00 - Pumpkin Spice Dip (Food Club) 6:00 - Resident Lead Games	**17** 10:15 - Bocce Ball 11:00 - Renissance Writing with Susan 2:30 - BINGO	**18** 10:30- Weights and Music with Meagan 11:00 - Barbara Miller 3:00 - Live Music with Mark D. (Dining Room)	**Live Music** **19** 10:30 - Sit, Stretch & Smile 11:00 - Table Tournament 2:00 - Crochet, Stitch, and Puzzle Together 3:00 - Kevin Bendele (Live Music 6:00 - Resident Lead Games	**Crestwood Thanksgiving Event** **20** 10:30 - Free Artistic Fun 11:00 - Funny Tik Tok Time 1:30 - CMU Dance Team 2:00 - Thanksgiving Event Prep 5:30 - Thanksgiving Dessert Event	**21** 10:30 - Sit and be Fit 11:00-Bible Study with Betty 2:00- Who Wants to be a Millionaire
Live Music Gospel **22** 10:30 - Live Music Gospel with Kevin 11:00 - Morning Stretches 2:00 - Cozy Fireside Bring a Craft Club	**23** 10:30 - Beach Volleyball with CMU 11:00 - Fireside Friendships with Panda 2:30 - Gratitude ART with CMU	**Cheers Restaurant** **24** 10:15- Bocce Ball 11:00 - Bus Pick up for Cheers Restaurant 3:00- Virtual Travel Roulette (NEW) 2:30 - Resident Council	**25** 10:30- Peaceful Morning Stretches 11:00 - Barbara Miller Gospel and Hymns 3:00 - Table Top Tournament	**ThanksGiving Day** **26** 10:30 - Grateful to Move Workout 11:00 - Heart Warming Stories 1:30 - Tea and Holiday Scategories	10:30 - Morning Yoga **27** 11:00 - Community Sing 2:30 - Board Games 3:00 - Movie Friday 3:30 - One on One with LE	**28** 10:30 - Music and Movement 11:00 - History Series 2:00 - Community Sing
29 10:30 - Church Service (Online) 11:00 - Animal Education 2:00 - Bocce Ball	**Spa Day with CMU** **30** 10:30 - Beach Volleyball with CMU 11:00 - Pictionary 2:30 - Salon Day With Madalyn & Alexys					

Calender Key:
MC – Memory Care
D – Dining Hall
C - Community Room
MCA - Memory Care Atrium
FP - Front Patio
L - Lobby
Soc - By the Fireplace

Crestwood Village
BY STORYPOINT GROUP