StoryPoint Northfield

Independent Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:30 Morning Devotion (GL) 11:00 Get Fit Cardio (FS) 3:00 Arts & Craft ClassMP) 6:00 Evening Movie (CN)	3 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Uno (MP)	4 10:30 Shopping Trip 10:30 Morning Devotion (GL) 11:00 Walking Club (FL) 1:30 Library Outing (FL) 2:00 Live Music w/ Dick Wood (DR) 3:00 Bingo (MP)	5 10:30 Morning Devotion (GL) 11:00 Jazzercise Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Checkers (MP) 6:00 Evening Movie (CN)	6 10:30 Morning Devotion (GL) 11:00 Zumba Fitness (FS) 11:30 Excursion: Waterfornt Botanical Gardens | Lunch 3:00 Bingo (MP)	7 10:30 Morning Devotion(GL) 11:00 Chair Cardio (FS) 1:30 Courtyard Conversations w/Glenda 3:00 Bingo (MP)
8 9:15 Southeast Christian Church Live Stream (GL) 3:00 Bingo (MP) 6:00 Evening Movie (CN)	9 1030 Morning Devotion (GL) 11:00 Get Fit Cardio (FS) 1:00 W.A.G.S Pet Visits 2:30 Food Forum (MP) 6:00 Evening Evening (CN)	10 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Uno (MP)	VETERAN'S DAY 11 10:30 Morning Devotion (GL) 11:00 Walking Club (FL) 1:30 Veteran's Day Ceremony (DR) 3:00 Bingo (MP)	12 10:30 Morning Devotion (GL) 11:00 Jazzercise Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Checkers (MP)	13 10:30 Morning Devotion (GL) 11:00 Zumba Fitness (FS) 11:30 Lunch Excursion: J. Alexander's Restaurant 2:00 Social Hour & Music w/ Greg V. (DR) 3:00 Bingo (MP)	14 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 1:30 Courtyard Conversations w/Glenda 3:00 Bingo (MP)
15 9:15 Southeast Christian Church Live Stream (GL) 3:00 Bingo (MP) 6:00 Evening Movie (CN)	16 10:30 Morning Devotion (GL) 11:00 Get Fit Cardio (FS) 1:30 Townhall Meeting (DR) 3:00 Crafting Workshop (MP) 6:00 Evening Movie (CN)	17 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 1:00 Live Music w/ Mike Boughey (DR) 2:00 Hand & Foot (GL) 3:00 Uno (MP)	18 10:30 Shopping Trip 10:30 Morning Devotion (GL) 11:00 Walking Club (FL) 1:30 Library Outing (FL) 3:00 Bingo (MP)	19 10:30 Morning Devotion (GL) 11:00 Jazzercise Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Checkers (MP) 5-7 Thanksgiving Dinner	20 10:30 Morning Devotion (GL) 11:00 Zumba Fitness (FS) 11:30 Lunch Excursion: Felipe's Mexican Kitchen 2:00 Social Hour & Music w/Dj Deano (MP) 3:00 Bingo (MP)	21 10:3 Morning Devotion (GL) 11:00 Chair Cardio (FS) 1:30 Courtyard Conversations w/Glenda 3:00 Bingo (MP)
22 9:15 Southeast Christian Church Live Stream (GL) 3:00 Bingo (MP) 6:00 Evening Movie (CN)	23 10:30 Morning Devotion (GL) 11:00 Get Fit Cardio (FS) 3:00 Live Piano Music w/ Carolyn (DR) 6:00 Evening Movie (CN)	24 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Uno (MP)	25 10:30 Shopping Trip 10:30 Morning Devotion (GL) 11:00 Walking Club (FS) 12:00 Resident Free Lunch (DR) 1:30 Birthday Social (MP) 3:00 Bingo (MP)	THANKSGIVING 26 10:30 Morning Devotion 11:00 Jazzercise Cardio (FS) 2:00 Hand & Foot (GL) 3:00 Checkers (MP) *No dinner service. Boxed dinner can be picked up during lunch.	27 10:30 Morning Devotion (GL) 11:00 Zumba Fitness (FS) 11:30 Excursion: Lights Under Louisville & Lunch 1:30 Catholic Mass/Confessional (AL) 3:00 Bingo (MP)	28 10:30 Morning Devotion (GL) 11:00 Chair Cardio (FS) 1:30 Courtyard Conversations w/Glenda 3:00 Bingo (MP)
29 9:15 Southeast Christian Church Live Stream (MP) 3:00 Bingo (MP) 6:00 Evening Movie (CN)	30 1030 Morning Devotion GL) 11:00 Get Fit Cardio (FS) 3:00 Crafting Workshop (MP) 6:00 Evening Movie (CN)					

Calender Key:

BI - BISTRO
FS - FITNESS STUDIO
DR DINING ROOM
MP- MULTIPURPOSE ROOM
CN - CINEMA
GL- GAMING LOUNGE
ME - MAIN ENTERANCE
DRP- DINING ROOM PATIO
SR - SPA ROOM

StoryPoint Senior Living