Crestwood Village
Memory Care

November MC Calendar

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Saints Day 1 10:30 - All Saints Day Presentation 11:00 - Chair Yoga 2:00 - Let's "Fall Back" Evening: Mindful Meditaton	2 10:30 - Move to the Groove 11:00- Hunters Club 2:00 -BINGO 6:00 - Resident Lead Games Evening: Poetry	**Trust Game with Autumn** 3 10:15 - Bocce Ball 11:00- I TRUST my Resident with Autumn 1:00 - Brian Eldred Gospel Music Evening: Puzzles	**Victoria Sladek** 4 10:30 - Weights and Music 11:00 - Wellness Wednesday 2:00 - Holiday Card Making with Guest (Victoria) Evening: Hand Massages	**Mens Club** 5 10:30 - Weighted Workout 11:00 - Mens Club (Black Jack with Mario) 2:00 - FireSide Craft Corner Evening: Vinyl Club	**Harmony Off the ICE** 6 1:30 - CMU Team 2:30 - Movie Friday 6:00 - CMU Hockey Team Choir Evening: Soup for the Soul	7 10:30- Chair Yoga 11:00 Time Travelers Club 2:00 p.m. Bocce Ball Evening: Movie Night
Singing Strings 8 10:30 - Church Service 11:00 - Chair Yoga 1:00 - Singing Strings Live Music Evening: Mindful Meditation	9 10:30 - Move to the Groove 11:00- Fall Poetry Readings 2:00 -BINGO Evening: Poetry	**Live Music: Rick Thum** 10 10:15 - Bocce Ball 11:00- Who Wants to Be a Millionaire 3:30 - Live Music with Rick Thum (Dulcimer Music) NEW Evening: Puzzles	**Veterans Day** 11 10:30 - Weights and Music with Meagan 11:00 - The Ghost Army WW2 2:00- Veterans Event with Special Guest Speakers Evening: Hand Massages	**Busy with Bethany** 12 10:30- Chair Yoga 11:00 - Yahtzee 2:00 - Fall Lanterns with Bethany Evening: Hand Massages	13 10:30 - Funky Friday Moves 11:00 - Jeopardy 2:30 - Movie Friday November Birthdays (Apple Nachos) Evening: Soup for the Soul	14 10:30 - Chair Yoga 11:00- History Series 2:00 - Beach Volleyball Evening: Movie Night
15 10:30 - Church Service 11:00 - Sunday Sweat! 2:00 - Table Top Tournament Evening: Mindful Meditation	**Pumpkin Spice Dip Day** 16 10:30- Balance Clinic 11:00 - Puzzle Club by the Fire Place 2:00 - Pumpkin Spice Dip (Food Club) Evening: Poetyr	17 10:15 - Bocce Ball 11:00 - Renissance Writing with Susan 2:30 - BINGO Evening: Puzzles	18 10:30- Weights and Music with Meagan 11:00 - Barbara Miller 3:00 - Live Music with Mark D. (Dining Room) Evening: Hand Massages	**Live Music** 19 10:30 - Sit, Stretch & Smile 11:00 - Table Tournament 2:00 - Crochet, Stitch, and Puzzle Together 3:00 - Kevin Bendele (Live Music Evening:Vinyl Club	**Crestwood Thanksgiving Event** 20 10:30 - Free Artistic Fun 11:00 - Funny Tik Tok Time 1:30 - CMU Dance Team 2:00 - Thanksgiving Event Prep 5:30 - Thanksgiving Dessert Event	21 10:30 - Sit and be Fit 11:00-Bible Study with Betty 2:00- Who Wants to be a Millionaire Evening: Movie Night
Live Music Gospel 22 10:30 - Live Music Gospel with Kevin 11:00 - Morning Stretches 2:00 - Cozy Fireside Bring a Craft Club Evening: Meditation	23 10:30 - Beach Volleyball with CMU 11:00 - Fireside Friendships with Panda 2:30 - Gratitude ART with CMU Evening: Poetry	**Cheers Restaurant** 24 10:15- Bocce Ball 11:00 - Bus Pick up for Cheers Restaurant 3:00- Virtual Travel Roulette (NEW) Evening: Puzzles	25 10:30- Peaceful Morning Stretches 11:00 - Barbara Miller Gospel and Hymns 3:00 - Table Top Tournament Evening: Hand Massages	**ThanksGiving Day** 26 10:30 - Grateful to Move Workout 11:00 - Heart Warming Stories 1:30 - Tea and Holiday Scategories Evening: Vinyl Club	27 10:30 - Morning Yoga 11:00 - Community Sing 2:30 - Board Games 3:00 - Movie Friday Evening: Soup for the Soul	28 10:30 - Music and Movement 11:00 - History Series 2:00 - Community Sing Evening: Movie Night
29 10:30 - Church Service (Online) 11:00 - Animal Education 2:00 - Bocce Ball Evening: Meditation	**Spa Day with CMU** 30 10:30 - Beach Volleyball with CMU 11:00 - Pictionary 2:30 - Salon Day With Madalyn & Alexys Evening: Poetry					

Calender Key:
MC – Memory Care
D – Dining Hall
C - Community Room
MCA - Memory Care Atrium
FP - Front Patio
L - Lobby
Soc - By the Fireplace

Crestwood Village
BY STORYPOINT GROUP