Springvale
Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 - Giant Connect 4 2:30 - Balloon Bop 6:00 - Calm Coloring	**2** 10:00 - Stretches 2:00 - Joggin Your Noggin 4:00 - Exercise 6:00 - Puzzles	**3** 10:00 - Table Topics 1:30 - Veterans Day Pinning Ceremony 4:00 - Card Making 6:00 - Storytelling	**4** 10:00 - Stretches 1:30 - Polish with Patti 2:00 - Carmel Apple Nachos 4:00 - Music Memories 6:00 - Laundry Folding	**5** 10:00 - Therapy Dog Visit 2:00 - Traveling Sales Gals Craft & Vendor Show 4:00 - Joke Club 6:00 - Painting	**6** 10:00 - Stretches 2:00 - Popcorn Snack 4:00 - Hand Massages 6:00 - Bubble Party	**7** 10:30 - Sing a Long 2:30 - Postcard Pursuit 6:00 - Table Topics
8 10:30 - Morning Walk 2:30 - Painting 6:00 - Bean Bag Toss	**9** 10:00 - Stretches 2:00 - Activity Planning 4:00 - Fall Friendship Bracelets 6:00 - Table Topics	**10** 10:00 - Table Topics 2:00 - Hand Massages 4:00 - Chair Exercise 6:00 - Joke Club	**11** 10:00 - Stretches 1:30 - Polish with Patti 2:00 - Snack & Storytelling 4:00 - Card Making 6:00 - Balloon Bop	**12** 10:00 - Therapy Dog Visit 2:00 - Kindness Cards 4:00 - Compliment Exchange 6:00 - Stretches	**13** 10:00 - Stretches 11:00 - Entertainment 2:00 - Popcorn Snack 4:00 - Painting 6:00 - Dishwashing	**14** 10:30 - Dance Party 2:30 - Story Telling 6:00 - Basketball Pig!
15 10:30 - Comedy Show 2:30 - Super Market Sweep Show 6:00 - Calm Coloring	**16** 10:00 - Stretches 2:00 - Tea Party 4:00 - Bubble Party 6:00 - Music Memories	**17** 10:00 - Table Topics 2:00 - Homemade Bread Making 4:00 - Exercise 6:00 - Balloon Bop	**18** 10:00 - Stretches 2:00 - Polish with Patti 4:00 - Joke Club 6:00 - Expressions	**19** 10:00 - Therapy Dog Visit 2:30 - Thanksgiving Pie Party 4:00 - Card Games 6:00 - Puzzles	**20** 10:00 - Stretches 2:00 - Popcorn Snack 4:00 - Joggin Your Noggin 6:00 - Dishwashing	**21** 10:30 - Morning Walk 2:30 - Sorting Beads 6:00 - Shoe Shining
22 10:30 - Sit & Stretch 2:30 - Picture Hunt 6:00 - You be The Judge	**23** 10:00 - Stretches 2:00 - Pillow Stuffing 4:00 - Joke Club 6:00 - Calm Coloring	**24** 10:00 - Table Topics 2:00 - Exercise 4:00 - Joggin Your Noggin 6:00 - Music Memories	**25** 10:00 - Stretches 2:00 - Polish with Patti 4:00 - Cookie Decorating 6:00 - Dishwashing	**26** 10:00 - Therapy Dog Visit 2:00 - Beaded Art 4:00 - Hand Massages 6:00 - Puzzles	**27** 10:00 - Stretches 2:00 - Popcorn Snack 4:00 - Painting 6:00 - Bean Bag Toss	**28** 10:30 - Mad Libs 2:30 - Sit & Stretch 6:00 - Shoe Shining
29 10:30 - Balloon Bop 2:30 - Walking Club 6:00 - Trivia	**30** 10:00 - Stretches 2:00 - Storytelling 4:00 - Cyber Monday 6:00 - Calm Coloring					

Calender Key:

Leisure Living
BY STORYPOINT GROUP