White Lake
Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Art Hour (CR) 4:00pm Hand Massages 6:00pm Movie Night	**2** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Connecting with Memories By Nancy(CR) 4:00pm Group Puzzle	**3** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00pm The Price is Right 2:00pm Kitchen Cabinet(IL) 4:00pm Dominos	**4** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Margaret's Retirement Party (CR) 4:00pm Help set up the tables for Dinner	**5** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Praising Harmonica(CR) 4:00pm Bowling	**6** **Happy Birthday Dottie** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Make Cards for the Veterans 6:00pm TV Series REBA	**7** 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30 Bingo (CR) 4:00pm Help set up for Dinner
8 **Happy Birthday Keith** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Art Hour 4:00pm Hand Massages 6:00pm Movie Night	**9** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Leaf Door Hang Craft (CR) 4:00pm Musical Balloon	**10** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00pm The Price is Right 1:00pm Jenga 4:00pm Bean Bag Toss	**11** 8:00am Veteran's Breakfast(CR) 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Baking Club (CR) 4:00pm Illustrate your own Page	**12** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Bingo (CR) 4:00pm Ball in Cup	**13** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:00pm Animal Mania Card Game 6:00pm TV Series REBA	**14** 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30pm Bingo (CR) 4:00pm Help set up for Dinner
15 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Art Hour (CR) 4:00pm Hand Massages 6:00pm Movie Night	**16** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:00pm Help Clean up after Lunch 1:30pm Scarecrow Craft (CR) 4:00pm Bowling	**17** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00pm The Price is Right 1:30pm Resident Council (IL) 4:00pm Balloon Toss	**18** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Culinary Showcase(CR) 4:00pm Mixed Media Pages	**19** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Music by Steve Ripley (CR)	**20** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:00pm Clean Up Activity Corner 6:00pm TV Series REBA	**21** 10:30am Stretch & Tone 11:00am Bingo (CR) 2:00pm Friends Giving(DR) 2:45pm Music By Bill (IL) 6:00pm Help Clean up Dining room
22 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Art Hour 4:00pm Hand Massages (CR) 6:00pm Movie Night	**23** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Snowman Craft (CR) 4:00pm Memory Card Game	**24** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00pm The Price is Right 1:30pm Group Puzzle 4:00pm Ring Toss	**25** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm November Birthday & New Resident Welcome Party (CR) 4:00pm Dominos	**26** **Happy Thanksgiving** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Bingo (CR) 4:00pm Bowling	**27** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:00pm Help Clean up after Lunch 1:30pm Mobile Cart Express 6:00pm TV Series REBA	**28** **Happy Birthday Jean** 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30 Bingo (CR) 4:00pm Help set up for Dinner
29 0:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Art Hour (CR) 4:00pm Hand Massages 6:00pm Movie Night	**30** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Wooden Snowman Craft (CR) 4:00pm Group Puzzle					

Calender Key:
AL – Assisted Living
MC – Memory Care
IL– Independent Living

CR – Community Room
DR – Dining Room
RTR-- Room To Room

Resident Birthday
6th Dottie #38
8th Keith #27
16th Elsie #26
28th Jean #30

WHITE LAKE
BY STORYPOINT GROUP