StoryPoint Ankeny

Memory Care

Memory Care | November '26

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Day Light Saving Time (Fall Back)** 11:00 Catholic Mass (T) 12:30-Daily Chronical 1:00-Manicures	**2** 9:30-Daily Chronical 10:30-Powerback Fitness 2:00-Movie 6:30-Wind Down Activity	**3** 9:30-Daily Chronical 10:00 Catholic Mass (T) 10:30-Exersice 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	**4** 9:30-Daily Chronical 10:00-Chair Yoga 2:00-BBB Game at IV Ankeny (O) 1:30-Bingo 3:30-Social 6:30-Movie Night	**5** 9:30-Daily Chronical 10:00 Cardio Drumming 10:30-Sweet Creations 11:00- Pet Visit 1:30-Craft & Chat	**6** 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-Let's go Hunting Social (B) 6:30-Wind Down Activity	**7** 11:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner: 6:00-Praying the Rosary w/ The Rosary Team (SS)
8 **Al's Birthday!** 11:00 Catholic Mass (T) 12:30-Daily Chronical 1:00-Manicures	**9** 9:30-Daily Chronical 10:30-Powerback Fitness 1:00-2:30 North Polk Middle School 2:00-Movie 6:30-Wind Down Activity	**10** 9:30-Daily Chronical 10:00 Catholic Mass (T) 10:30-Exersice 11:00-Garden Club 2:30-BBB Game HOME (T) 6:30-Wind Down Activity	**11** **Vetrans Day** 9:30-Daily Chronical 10:00-Chair Yoga 11:00-Veterns' Lunch 1:30-Bingo 3:00-Outing 6:30-Movie Night	**12** 9:30-Daily Chronical 10:00 Cardio Drumming 10:30-Sweet Creations 1:30-Craft & Chat	**13** 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-Roaring Good Time 6:30-Wind Down Activity	**14** 11:00-Sit and Be Fit 11:00-Homemade Pickles 12:30-Daily Chronical 1:00-Creative Corner: Gratitude Tree 6:00-Praying the Rosary w/ The Rosary Team (SS)
15 11:00 Catholic Mass (T) 12:30-Daily Chronical 1:00-Manicures	**16** 9:30-Daily Chronical 10:30-Powerback Fitness 2:00-Movie 3:00-Pie, Spice & Everything Nice Mobile Cart (TYD) 6:30-Wind Down Activity	**17** 9:30-Daily Chronical 10:00 Catholic Mass (T) 10:30-Exersice 11:00-Filling Hearts & Fueling Heroes Give Back (SS) 2:00-BBB Game at SP Beaverdale (O)6:30-Wind Down Activity	**18** 9:30-Daily Chronical 10:00-Chair Yoga 1:30-Bingo 3:00-Turkey Trot (B) 6:30-Movie Night	**19** 9:30-Daily Chronical 10:00 Cardio Drumming 10:30-Sweet Creations 1:30-Craft & Chat 4:00: Thanksgiving meal 7:00-Harmony Central Chorus (T)	**20** 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-Live Entertainment: David Watson (MC) 6:30-Wind Down Activity	**21** 11:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner: 6:00-Praying the Rosary w/ The Rosary Team (SS)
22 11:00 Catholic Mass (T) 12:30-Daily Chronical 1:00-Manicures	**23** 9:30-Daily Chronical 10:30-Powerback Fitness 2:00-Movie 3:30-Live Entertainment: Neil Hewitt (T) 6:30-Wind Down Activity	**24** 9:30-Daily Chronical 10:00 Catholic Mass (T) 10:30-Exersice 11:00-Furry Friends & Smiles 2:00-BBB Practice (T) 3:00-Macy's (two days before) Thanksgiving Day Parade (FL/B) 6:30-Wind Down Activity	**25** 9:30-Daily Chronical 10:00-Chair Yoga 2:00-BBB Game at HOME (T) 3:00-New Resident & November Birthday's Social (B) 3:30-Bingo 6:30-Movie Night	**26** **Thanksgiving** 9:30-Daily Chronical 10:00 Cardio Drumming 10:30-Sweet Creations 1:30-Craft & Chat	**27** 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T)	**28** 11:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner: 6:00-Praying the Rosary w/ The Rosary Team (SS)
29 11:00 Catholic Mass (T) 12:30-Daily Chronical 1:00-Manicures	**30** 9:30-Daily Chronical 10:30-Powerback Fitness 2:00-Movie 6:30-Wind Down Activity					

Calendar Key:

B – Bistro
T – Theater
BP – Back Patio
ART – Art room
FL – Front Lobby
WC – Wellness Center
SS – Sun & Seed
MC – Memory Care
L/P – Library / Puzzel Area
BBB – Bean Bag Baseball
DR – Dining Room
GR – Game Room
BP – Back Patio
C – Community
O – Outing
TYD - To Your Door

StoryPoint Senior Living