StoryPoint Powell North

Memory Care

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Garden Walk 1:30 3:30 Sing-A-Long 6:00 Bible Verses	2 10:00 Daily Chronicle 10:00 Seated Zumba Exercise 3:00 Monday Music (Name that Tune) 3:30 Bingo	3 9:30Daily Chronicle 10:00 Ball Pass Exercise 11:00 Strength & Balance w/ Tracy 1:30 Pressed Leaf Art 3:30 Chicken Soup Stories 6:00 Connection Pods with Caregivers	4 9:30 Daily Chronicle 10:00 Chair Yoga 10:00 Outiing Fall Foilage 1:30 Corn Hole Competition 2:30 Pictionary 3:30 Resident Council (AL) 6:00 Bingo	5 9:30 Daily Chronicle 10:00 Chair Cardio for Seniors 11:00 Putt Putt Golf 1:30 "Finish Song Lyrics" Trivia 2:00 Rosary and Communion 3:30 Card Game Social 6:00 Connect 4 with Caregivers	6 9:30 Daily Chronicle 10:00 Stretch & Basketball 11:00 Silver Sneakers (CR) 1:30 Card Game Social 2:30 Bingo 3:30 Happy Hour	Therapy Dog Day 7 10:00 Daily Chronicle 10:00 Morning Movement 2:00 Visit from Whiskey the therapy dog 3:30 Card Games
8 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Garden Walk 1:30 3:30 Sing-A-Long 6:00 Bible Verses	9 10:00 Daily Chronicle 10:00 Seated Zumba Exercise 3:00 Monday Music (Name that Tune) 3:30 Bingo	10 9:30 Daily Chronicle 10:00 Parachute Exercise 11:00 Strength & Balance w/ Tracy 1:30 Pom Flowers 3:30 Chicken Soup Stories 6:00 Connection Pods with Caregivers	Veteran's day 11 9:30 Daily Chronicle 10:00 Chair Yoga 10:00 Outing Kroger 1:30 Magazine Scavenger 2:30 Book Club 6:00 Bingo	12 9:30 Daily Chronicle 10:00 Chair Cardio for Seniors 11:00 Dr. Dance 1:30 "Finish Song Lyrics" Trivia 2:00 Rosary and Communion 3:30 Card Game Social 6:00 Tic Tac Toe with Caregivers	13 9:30 Daily Chronicle 10:00 Morning Movement 11:00 Siliver Sneakers (CR) 1:30 Card Game Social 2:30 Bingo 3:30 Happy Hour	OSU Game Day 14 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Bicycle Exercise (TH) 2:00 Mini Manicures 3:30 Card Games
15 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Garden Walk 1:30 3:30 Sing-A-Long 6:00 Bible Verses	16 10:00 Daily Chronicle 10:00 Seated Zumba Exercise 3:00 Monday Music (Name that Tune) 3:30 Bingo	17 9:30 Daily Chronicle 10:00 Music Moves Exercise 11:00 Strength & Balance w/ Tracy 1:30 Snow Globe Craft 3:30 Funny Stories 6:00 Connection Pods with Caregivers	18 9:30 Daily Chronicle 10:00 Chair Yoga 10:00 Outing Krispy Kreme 1:30 Game Hour, Checkers 2:00 Friendsgiving 6:00 Bingo	19 9:30 Daily Chronicle 10:00 Chair Cardio for Seniors 11:00 Bowling 1:30 Finish the Sentanve Trivia 2:00 Rosary and Communion 3:30 Puzzle Hour 6:00 Pictionary with Caregivers	20 9:30 Daily Chronicle 10:00 Morning Movement 11:00 Silver Sneakers (CR) 12;00 Stretching Class 2:30 Bingo 3:30 Happy Hour	Dr. DANCE Day 21 10:00 Daily Chronicle 10:00 Morning Movement 11:00 DR. Dance 12:00 Thanksgiving Family Meal 2:00 Mini Manicures 3:30 Card Games
22 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Garden Walk 1:30 3:30 Sing-A-Long 6:00 Bible Verses	23 10:00 Daily Chronicle 10:00 Seated Zumba Exercise 3:00 Monday Music (Name that Tune) 3:30 Bingo	24 9:30 Daily Chronicle 10:00 Balloon Badminton 11:00 Strength & Balance w/ Tracy 1:30 Salt Dough Ornaments 3:30 Chicken Soup Stories 6:00 Hallmark Movie night with Caregivers	25 9:30 Daily Chronicle 10:00 Chair Yoga 10:00 Outing to retire Flags 10:30 Catholic Mass (AL) 1:30 Quilting Craft 2:30 Name 5 Game 6:00 Bingo	Thanksgiving Day 26 9:30 Daily Chronicle 10:00 Gobble Wobble Walk 11:00 Macy'ss Day Parade 1:30 Sing a Long 3:30 Water Color Art 6:00 Connect 4 with Caregivers	27 9:30 Daily Chronicle 10:00 Morning Movement 11:00 Silver Sneakers (CR) 1:30 Card Game Social 2:30 Bingo 3:30 Happy Hour	OSU Game Day 28 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Bicycle Exercise (TH) 2:00 Mini Manicures 3:30
29 10:00 Daily Chronicle 10:00 Morning Movement 11:00 Garden Walk 1:30 3:30 Sing-A-Long 6:00 Bible Verses	30 10:00 Daily Chronicle 10:00 Seated Zumba Exercise 3:00 Monday Music (Name that Tune) 3:30 Bingo					

Calender Key:

B - Bistro
BP - Back Patio
CR - Community Room
D - Dining Room
FL – Front Lobby
FP - Front Patio
G - Gazebo
L - Library
TH - Theater
PDR - Private Dining Room
T - Puzzle Table
SL - Sky Lounge
RL - Resident Led
WC - Wellness Center
D-D - Door to Door

StoryPoint Senior Living