

Independence Village of Grand Ledge

Independent Living | Enhanced Living

# June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>31</b></p> <p>10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p><b>1</b></p> <p>9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Sip &amp; Shop: Bingo Store (MAR)</p>	<p><b>Okinawa, Japan 2</b></p> <p>8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am World Buffet Lunch** 1:00pm Community Q&amp;A (MAR) 2:00pm Blue Zone Doc (MAR) 2:30pm Ring Toss &amp; Ikigai (MAR) 4:00pm Wine Time (MAR &amp; CY) 6:15pm Bingo (MAR)</p>	<p><b>3</b></p> <p>10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jack &amp; Tess (MAR)</p>	<p><b>4</b></p> <p>10:00am Trivia &amp; Pastries (USR) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)</p>	<p><b>5</b></p> <p>9:30am Weightlifting (USR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)*</p>	<p><b>6</b></p> <p>11:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (MAR)*</p>
<p><b>7</b></p> <p>10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p><b>8</b></p> <p>9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR)</p>	<p><b>Sardinia, Italy 9</b></p> <p>8:30am Meijer** 10:30am Walmart Shopping** 11:00am Exercise w/ PB (MAR) 2:00pm Blue Zone Doc (MAR) 2:30pm Pasta Making Class (MAR) 4:00pm Wine Time (MAR &amp; CY) 6:15pm Bingo (MAR)</p>	<p><b>10</b></p> <p>10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Double Play (MAR)</p>	<p><b>11</b></p> <p>9:00am Manicures &amp; Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)</p>	<p><b>12</b></p> <p>9:30am Weightlifting (USR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie &amp; Popcorn: The Devil Wears Parada I (G)</p>	<p><b>13</b></p> <p>10:00am Bingo (MAR) 11:00am Crafting Corner: Community Flag Project (MAR)</p>
<p><b>Flag Day 14</b></p> <p>10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p><b>15</b></p> <p>9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea &amp; Treats w/ Jen (MAR)</p>	<p><b>Loma Linda, California 16</b></p> <p>8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am Picnic in the Park** 2:00pm Blue Zone Doc (MAR) 2:30pm Nut Bar &amp; Give Back (MAR) 4:00pm Wine Time (MAR &amp; CY) 6:15pm Bingo (MAR)</p>	<p><b>17</b></p> <p>10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Wanda Degen (MAR)</p>	<p><b>18</b></p> <p>10:00am Trivia &amp; Pastries (USR) 1:15pm Bingo (MAR) 2:30pm Disc Golf Course &amp; Rootbeer Floats (MAR &amp; CY) 6:15pm Pokeno (MAR)</p>	<p><b>Juneteenth 19</b></p> <p>9:30am Weightlifting (USR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)*</p>	<p><b>20</b></p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (MAR)*</p>
<p><b>Father's Day 21</b></p> <p>10:00am Church Shuttle** 11am &amp; 1pm Father's Day Brunch Buffet (DR) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p><b>22</b></p> <p>10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR)</p>	<p><b>Ikaria, Greece 23</b></p> <p>8:30am Meijer** 10:30am Barnes &amp; Noble** 11:00am Exercise w/ PB (MAR) 2:00pm Blue Zone Doc (MAR) 2:30pm Create your own Herbal Tea (MAR) 4:00pm Wine Time (MAR &amp; CY) 6:15pm Bingo (MAR)</p>	<p><b>24</b></p> <p>10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Steve Spees (MAR)</p>	<p><b>25</b></p> <p>9:00am Manicures &amp; Mimosas (G) 1:00pm Catholic Mass (MAR) 2:00pm Culinary Menu Tasting (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)</p>	<p><b>26</b></p> <p>9:30am Weightlifting (USR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie &amp; Popcorn: Grease (G)</p>	<p><b>27</b></p> <p>10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Flower Pot Painting (MAR)</p>
<p><b>28</b></p> <p>10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)</p>	<p><b>29</b></p> <p>10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Activity Q&amp;A (MAR)</p>	<p><b>Nicoya, Costa Rica 30</b></p> <p>8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am Longhorn Steakhouse** 2:00pm Blue Zone Doc (MAR) 2:30pm Coffee &amp; Fruit Tasting (MAR) 4:00pm Wine Time (MAR &amp; CY) 6:15pm Bingo (MAR)</p>		<p>Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room</p> <p>Exercise w/ PB = Powerback</p>	<p>*= you need to sign-up for the activity outside of the Main Activity Room</p> <p>** = you need to sign-up for the activity at the Shuttle Station</p>	

**Calendar Key:**  
C – Cafe  
FL – Front Lobby  
MAR– Main Activity Room

CY – Courtyard  
G – Garden Room  
USR – Upstairs Reading Room

MD– Main Dining Room  
EP – Enhanced Parking Lot  
RV - Room Visit  
SP- StoryPoint

L- Library  
ED- Enhanced Dining Room  
PDR- Private Dining Room  
AL- Assisted Living