

Springvale

Assisted Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 - Word Search 11:00 - Nail Painting 2:30 - Chair Zumba 3:30 - Family Feud 4:30 - Give out Compliments	10:30 - Color Therapy 11:00 - Set Up Herb Garden 2:30 - Exercise 3:00 - Boozy Bingo 4:30 - Technology Tuesday 6:00 - Puzzles	10:30 - On This Day 11:00 - Balloon Bop 2:00 - Hydration Cart 3:30 - Baking Club - Chocolate Coconut Macaroons 4:30 - Joggin your Noggin	9:00 - Coffee Chats w/ Steph 11:00 - Walking Club 2:30 - Exercise - Yoga 3:00 - Activity Planning Meeting 4:00 - Fun Facts 6:00 - Uno	10:30 - Word Games 11:00 - Exercise w/ Powerback 2:30 - Donut Social 3:30 - Board Games 4:30 - Left, Right, Center	Independent Activity Supplies Available 11:00 - Carol Burnett Show! 2:00 - Card Games 6:00 - Resident Led Activity
Independent Activity Supplies Available 11:00 - Balloon Bop 2:00 - Afternoon Walk 6:00 - Puzzles	10:30 - Word Search 11:00 - Guys Group 2:30 - Chair Zumba 3:00 - Movie & Popcorn 6:00 - Card Games	10:30 - Color Therapy 11:00 - Ladies Group - New Res. Welcome Wreath 2:30 - Exercise 3:30 - Culinary Showcase/ Resident Council	10:30 - On This Day 11:00 - Balloon Bop 2:30 - Sip & Paint Decorating 4:00 - Chair Zumba Class	9:00 - Coffee Chats w/ Steph 11:00 - Learn to Knit 2:30 - Exercise w/ Powerback 3:30 - Bake PB Cookies 4:30 - Carol Burnett Crack Up's	10:30 - Word Games 11:00 - Jake Entertainment 2:00 - Hydration Cart 3:00 - Coupon Bingo 4:00 - Root Beer Floats 6:00 - Puzzles	Independent Activity Supplies Available 11:00 - Balloon Bop 2:00 - Resident Led Activity 6:00 - Scrabble
Independent Activity Supplies Available 11:00 - Uno 2:00 - Walking Club 6:00 - Puzzles	10:30 - Word Search 11:00 - Walking Club 2:30 - Chair Zumba 3:30 - Sing Along 4:30 - Giant Connect 4 Wars	10:30 - Color Therapy 11:00 - Bowling 2:30 - Exercise 3:30 - Candy Bar Bingo 4:30 - Technology Tuesday 6:00 - Yahtzee!	10:30 - On This Day 11:00 - Balloon Bop 2:30 - Spa Day 6:00 - Card Games	9:00 - Coffee Chats w/ Steph 11:00 - Canvas Water Color Painting 2:00 - Hydration Cart 3:00 - Exercise - Tai Chi 4:00 - Dad Joke Comedy Show	10:30 - Word Games 11:00 - Exercise w/ Powerback 12:00 - Juneteenth Cookout & Celebration 3:30 - Putt Putt Golf	Independent Activity Supplies Available 11:00 - Chair Kickball 2:00 - Walking Club 6:00 - Resident Led Activity
Independent Activity Supplies Available 11:00 - Balloon Bop 2:00 - Resident Led Activity 6:00 - Card Games	10:30 - Word Search 11:00 - Chair Zumba 12:00 - Father's Day BBQ Picnic 2:00 - Gary Walsh Entertainment 3:00 - Outdoor Games 6:00 - Sports Recap	10:30 - Color Therapy 11:00 - Ladies Group - New Res. Welcome Wreath 2:30 - Hydration Cart 3:30 - Exercise 4:30 - Technology Tuesday	10:30 - On This Day 11:00 - Balloon Bop 2:00 - Resin Craft 3:30 - Meditation in the Courtyard 4:00 - Chair Zumba Class	9:00 - Coffee Chats w/ Steph 11:00 - Walking Club 2:30 - Exercise 3:00 - Board Games 4:30 - Calm Coloring	10:30 - Word Games 11:00 - Exercise w/ Powerback 2:30 - Monthly Birthday Celebration 3:00 - Prize Bingo 4:00 - Card Games 6:00 - Scrabble	Independent Activity Supplies Available 11:00 - Walking Club 2:00 - Painting 6:00 - Trivia
Independent Activity Supplies Available 11:00 - Walking Club 2:00 - Balloon Bop 6:00 - Uno	10:30 - Word Search 11:00 - Guys Group - Coffee & Donuts 2:30 - Hydration Cart 3:30 - Chair Zumba 4:30 - Card Games	10:30 - Color Therapy 11:00 - Walking Club 2:30 - Exercise 3:00 - Nail Painting 4:30 - Technology Tuesday 6:00 - Puzzles		Resident Birthdays! Peggy - June 7th Rosemary - June 22nd Joann - June 22nd		