

Independence Village of White Lake

Independent Living | Enhanced Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 12:30 Audio Book Lounge (L) 1:00 Confession w/Fr. Socorro (DR) 1:30 Mass and Communion (GP) W/Fr. Socorro St. Pat's 3:00 Rummikub (GP) 6:00 Poker Club (GP)	2 Fire Marshal Day 11:00 Exercise w/PowerBack (MC) 12:45-1:30 Foot Care (GP) 12:30 Outdoor Games (MC) 1:00 Blood Pressure Check (EC) 2:00 Cardio Drumming (MC) 3:30 Chair Volleyball (MC) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	3 Fire Marshal Day 10:00 Mindful Meditation (EC) 11:00 Sit and Be Fit (MC) 12:30 BBQ Hot Dog Lunch (MC) 1:00 Audio Book Lounge (MC) 3:30 Rosary with St. Pat's (MC) 4:00 Bingo (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	4 10:15 Daily Devotion (L) 11:00 Walmart Shopping (S) 11:00 Exercise w/PowerBack PT (C) 11:30 After Exercise Yogurt Bar (C) 12:30 Ain't Easy Being Cheesy (GP) Cheese Tasting 2:00 Gardening w/Stephanie (EC) 3:30 Happy Hour w/D&A Duo (C)	5 National Donut Day 10:00 Mindful Meditation (L) 11:00 Bend and Stretch (GP) 1:00 Chair Volleyball (C) 2:30 Grab & Go Donuts/Coffee (C) 3:00 Audio Book Lounge (L) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (C)	6 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:30 Freestyle Painting (GP) 2:30 Euchre Club (C)
7 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Polish Me Pretty Nails (C) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (FL)	8 Best Friends Day 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 11:00 Meijer Shopping (S) 12:30 Audio Book Lounge (L) 1:30 Mass and Communion (GP) W/Fr. Socorro St. Pat's 2:00 Best Friends Photo Shoot (C) 3:00 Left, Right, Center Dice Game (GP) 6:00 Poker Club (GP)	9 11:00 Weight Workout (GP) 12:30 Mexican Train Dominoes (L) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	10 10:00 Mindful Meditation (L) 10:00 Walled Lake Farmers (S) 11:00 Sit and Be Fit (GP) 11:45 Tech Talk with Maria (L) 12:30 Blooming Tea & Scones (GP) 1:00 Audio Book Lounge (L) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	11 10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 12:30 Cooking Club (C) 2:00 Rummikub (GP) 3:30 Happy Hour w/Marsha (C)	12 8:30-9:30 Waffle Bar (MDR) 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:30 Movie Madness (Theatre) 3:00 Audio Book Lounge (L) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	13 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:30 Summer Craft (GP) 2:30 Euchre Club (C)
14 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Play Mahjong w/Sydney (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (FL)	15 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Theraband w/Powerback PT (GP) 11:30 Kroger Shopping (S) 12:30 Audio Book Lounge (L) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Rummikub (GP) 6:00 Poker Club (GP)	16 10:30 Train Your Brain (L) 11:00 Weight Workout (GP) 12:00-2:00 Men's \$5 Haircuts (Salon) 12:30 Group Sudoku (C) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	17 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:15 Audio Book Lounge (L) 1:30 Gardening w/Stephanie (EC) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	18 10:15 Daily Devotion (L) 10:30 Oakland County Farmers (S) 11:00 Exercise w/Powerback PT (GP) 12:30 Show and Share (C) 2:30 Forum (GP) 3:30 Happy Hour w/Scott 4:00 Hearing Care (L) 5:00 Grillin' & Chillen' with Dad (C) 6:00 Bunco (GP)	19 Juneteenth 10:00 Mindful Meditation (L) 11:00 Bend and Stretch (GP) 1:00 Chair Volleyball (C) 2:30 Juneteenth Celebration (GP) 3:00 Audio Book Lounge (L) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	20 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:30 Freestyle Painting (GP) 2:30 Euchre Club (C)
21 Father's Day 11:00 Walking Exercise (FL) 11:30 Brunch-Residents Only (EDR, MDR) 12:00 Brunch-Residents and Guests (MDR) 12:30 Father's Day Activity Packet Pick up at Reception Desk	22 10:15 Daily Devotion (L) 11:00 Theraband w/Powerback PT (GP) 12:30 Audio Book Lounge (L) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Card Bingo (GP) 6:00 Poker Club (GP)	23 Wear Pink Day 11:00 Weight Workout (GP) 12:45-1:30 Foot Care (GP) 12:30 Beats and Bites (C) Cardio Drumming & Lite Lunch 1:00 Blood Pressure Check (L) 3:00 Senior Sendoff (C) 3:30 Happy Hour w/Stefan (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	24 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:15 Audio Book Lounge (L) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	25 10:15 Daily Devotion (FL) 11:00 Exercise w/Powerback PT (GP) 11:00 Joe Kool's Grill (S) 12:30 Culinary Showcase (GP) 2:00 Outdoor Games (MC) 3:30 Movie Madness (Theatre)	26 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:30 Grab & Go Choc. Pudding (C) 3:00 Audio Book Lounge (L) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	27 11:00 Weight Workout (GP) 1:00 Entertainment w/Jerry (C) 2:30 Freestyle Painting (GP) 2:30 Euchre Club (C)
28 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Play Mahjong w/Sydney (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (FL)	29 10:15 Daily Devotion (L) 11:00 Theraband w/Powerback PT (GP) 11:30 Kickstand Brewing Company (S) 12:30 Audio Book Lounge (L) 1:30 Prayer & Communion (GP) With St. Pat's 3:00 Nickels (GP) 6:00 Poker Club (GP)	30 11:00 Weight Workout (GP) 12:30 Watercolor Painting (FL) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Happy Hour w/Ian (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)				

Calendar Key:
 D – Den
 C – Café
 GP – Gathering Place
 MDR – Main Dining Room
 EDR – Enhanced Dining
 PDR – Private Dining Room
 3F – Third Floor
 FL – Front Lobby
 TC – Traveling Cart
 CA – Common Areas
 CR – Craft Room
 MR – Massage Room
 MC – Main Courtyard
 EC – Enhanced Courtyard
 2F – Second Floor
 DR – Discovery Room
 S – Shuttle
 L – Library

