

Woodlawn Meadows

Assisted Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 2:30 Gardening (P) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	1 Say Something Nice Day 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Card Writing (D) 3:30 Cards (D)	2 Teri's Birthday 9:30 Men's Group with Gordon (D) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 Candy Bingo (D) 3:30 Game Training (D)	3 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Fire Safety Presentation (D)	4 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 July Calendar Review (D) 2:30 Candy Bingo (D) 3:30 Resident Council (D)	5 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 New Resident Welcome Party (D)	6 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
7 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	8 National Best Friends Day 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:45 Nail Painting (D) 3:00 Jamis Journey (D)	9 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Culinary Showcase (D) 2:30 Candy Bingo (D) 3:30 Bi Annual Event Planning (D)	10 9:30 Gordon's Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Euchre (D)	11 Bob's 100th Birthday! 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Celebrating the Past 100 Years (D) 2:30 Candy Bingo (D) 3:30 Music with Heart Strings (D)	12 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Culinary Conversations (D) 3:30 Root Beer Float Social (D)	13 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
14 Flag Day 9:30 Get Pumped with Gary (rL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	15 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Ladies Group (A) 3:30 Cribbage Training (D)	16 Fresh Veggies Day 9:30 Veteran's Group with Chef Jami (A) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 Candy Bingo (D) 3:30 Fresh Veggie Sampler (D)	17 Crystal's Birthday 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 11:30 Lunch outing to Dynasty (O) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:30 Bi Annual Event Planning (D)	18 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 2:30 Candy Bingo (D) 3:30 Summer Trivia (D) 6:00 Casino Night (D)	19 10:30 Chair Exercise (D) 11:30 Summer Solstice Party (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Donuts With Dad (D)	20 Summer Solstice 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
21 David S.'s Birthday Father's Day 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 2:30 Father's Day Cart (M/C) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	22 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 11:00 Summer Craft (D) 1:45 Nail Painting (D) 3:00 Ice Cream Sandwich Social (D) 3:30 Music with Chris Sloan (D)	23 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 Candy Bingo (D) 3:30 Trivia (A)	24 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Ted Talk: Talk Back (D)	25 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Story Sojourn with Jan (A) 2:30 Candy Bingo (D) 3:30 Bi Annual Event Planning (D)	26 10:30 Chair Exercise (D) 11:00 Fourth of July Craft (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Lemonade Social (D)	27 May's Birthday National Bingo Day 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Bingo (D) 6:00 Jigsaw Puzzles (A)
28 Art's Birthday 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	29 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Movie Mondays: (D) 3:30 Walmart Outing (O)	30 Pam & Joan's Birthday 9:00 Walking Group (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 Candy Bingo (D) 3:30 Conversation Card Social (D)				

Calendar Key:
GNG- Grab & Go Wall File by Activity Roo,
SL- Self Lead

RL – Resident Lead
D – Dining Room
A – Activity Room
O – Off-site

M/C – Apartments or Mobile Cart that goes to each apartment or around common areas

S – Hair Salon
P – Front Porch/Outside

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Memory Care

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p> <p>11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music</p>	<p>Say Something Nice Day 1</p> <p>9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:00 Table Top Games 3:30 Coloring</p>	<p>Teri's Birthday 2</p> <p>9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Reminiscing Group 3:30 Nature Nerds</p>	<p>3</p> <p>9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 4:00 Fire Safety Presentation</p>	<p>4</p> <p>9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Music with Ruthie 1:30 Table Top Games 3:30 Nature Nerds</p>	<p>5</p> <p>9:30 Sunrise Meditation 10:00 Morning Movement 11:00 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends 3:30 New Resident Welcome Party</p>	<p>6</p> <p>10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music</p>
<p>7</p> <p>11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music</p>	<p>National Best Friend's Day 8</p> <p>9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:00 Table Top Games 3:30 Jami's Journey</p>	<p>9</p> <p>9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Reminiscing Group 3:30 Culinary Showcase</p>	<p>10</p> <p>9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Gordon's Group 11:30 Morning Meeting 1:30 Reading Group 3:00 Balloon Volleyball</p>	<p>Bob's 100th Birthday! 11</p> <p>9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Wii Gaming 1:30 Table Top Games 3:30 Nail Painting</p>	<p>12</p> <p>9:30 Sunrise Meditation 10:00 Morning Meeting 11:00 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends 3:30 Culinary Conversations 4:00 Rootbeer Float Social</p>	<p>13</p> <p>10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music</p>
<p>Flag Day 14</p> <p>11:00 Morning Movement 11:45 Morning Meeting 2:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music</p>	<p>15</p> <p>9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:30 Tabletop Games</p>	<p>Fresh Veggie Day 16</p> <p>9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Reminiscing Group 3:30 Wii Car Racing 4:00 Fresh Veggie Sampler</p>	<p>Crystal's Birthday 17</p> <p>9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 11:30 Lunch Outing to Dynasty 1:30 Reading Group 3:30 Word Puzzles</p>	<p>18</p> <p>9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:15 Morning Meeting 1:45 Movement with Morgan 3:30 Nature Nerds</p>	<p>19</p> <p>9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 11:30 Summer Solstice Party 1:30 Baker's Batch 3:00 Treats with Friends 3:30 Donuts With Dad</p>	<p>Summer Solstice 20</p> <p>10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music</p>
<p>David S.'s Birthday Father's Day 21</p> <p>11:00 Morning Movement 11:45 Morning Meeting 1:30 Father's Day Cart 2:30 Snacks and Socialize 3:30 Mindful Music</p>	<p>22</p> <p>9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:30 Ice Cream Sandwich Social</p>	<p>23</p> <p>9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:00 Allison's Academy</p>	<p>24</p> <p>9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Nature Nerds</p>	<p>25</p> <p>9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:45 Story Sojourn with Jan 3:30 Nail Painting</p>	<p>26</p> <p>9:30 Sunrise Meditation 10:00 Morning Meeting 11:30 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends</p>	<p>May's Birthday National Bingo Day 27</p> <p>10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music</p>
<p>Art's Birthday 28</p> <p>11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 2:30 Snacks and Socialize 3:30 Mindful Music</p>	<p>29</p> <p>9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:30 Walmart Outing</p>	<p>Pam & Joan's Birthday 30</p> <p>9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles</p>				

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