

# Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care

# June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 10:30 Craft: Drive In Movie Cars (PD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Amazing Race Chat and Ideas (MC)	<b>2</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean 1:15 Make Rocky Road Ice Cream (MC) 3:00 Zumba with Margie 5:30 Aromatherapy (MC)	<b>3</b> 8:00 Eggs-tra Special Sunny Side Sampler (MD) 10:30 Sit and Stretch (MC) 3:15 Music with Wendy (MC) 6:00 Happy Hour: Egg-celent Cocktail (L)	<b>4</b> <b>Connie's Birthday</b> 10:30 Men's Group: Bird House Finishing (CD) 11:00 Cheesy Jokes (MC) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Clean Beauty Hacks and Care (MC)	<b>5</b> 10:00 Hole Lot of Kindness Mobile Cart 1:15 Donut Bingo (MD) 3:00 Trail Mixing and Trail Talks (L) 5:45 Drive In Movie Day Fun Frenzy (MC)	<b>6</b> 10:30 Golden Zumba Exercise (MC) 1:15 Eyewear Cleaning and Amazing Race Chat (L) 2:15 Happy Hour: Bubbly and Bonding (P) 5:45 Chicken Soup Story
<b>7</b> <b>Marie's Birthday</b> 10:30 Church Service and Songs (MC) 11:15 Rise and Shine Exercise Group (MC) 2:30 Church Group Singing and Chat (MD) 5:45 One on One Chats	<b>8</b> 10:30 Craft: Painting With a Poison (PD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Warming Words and Warm Drinks (MC)	<b>9</b> <b>Geri's Birthday</b> <b>Tracy's Birthday</b> 10:00 Catholic Service (PD) 10:45 Bible Study with Dean 1:30 The Sun Theatre Show Outing 5:30 Meditation Exercise and Calm Sounds (MC)	<b>10</b> <b>Bre's Birthday</b> <b>Mike's Birthday</b> 10:00 Kids and Car Washing 11:00 Piano Music with Doug (MC) 1:00 Manicures (B) 3:15 Simple Stretches (MC) 6:00 Happy Hour: Tea-rific	<b>11</b> 10:30 Erica Pet Therapy 1:00 Resident Activity Meeting (PD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Amazing Race Chat and Ideas (MC)	<b>12</b> <b>Mary Jean's Birthday</b> <b>Deb S.'s Birthday</b> 10:00 Walmart Shopping 11:30 Meditation (MC) 1:15 Bingo (MD) 3:15 Music with Marty (MD) 5:30 Father's Day Dinner Celebration	<b>13</b> 10:30 Dad Jokes Comedy, and Lemonade (P) 1:15 Craft: Paint a Red Rose Day (PD) 2:45 Balloon Badminton (MC) 5:45 Euchre Games (CD)
<b>14</b> 10:30 Church Service and Songs (MC) 1:00 Craft: Make Your Own Flag (PD) 2:00 Cool As a Cucumber Meditation (MC) 5:45 Amazing Race Chat	<b>15</b> <b>Karen's Birthday</b> 10:30 Jen and Frankie Therapy 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Oil and Massage Allergy Relief (MC)	<b>16</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:15 Briggs Library (PD) 3:30 Pool Noodle Volley Ball 5:30 Affirmations (MC)	<b>17</b> 10:30 Haden's Safety Seminar (L) 11:00 Music with Tess (MD) 1:15 Manicures (MC) 3:00 Veggie Taste Test (P) 6:00 Happy Hour: Life Enrichment (L)	<b>18</b> 10:30 Culinary Showcase with Chef Jenelle (CD) 1:00 Bingo Store Splurge 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Stress Management (MC)	<b>19</b> <b>Juneteenth</b> 10:30 Juneteenth Tunes and Trivia (P) 1:15 Bingo (MD) 3:00 Groovin' Grace Haven Zumba (PD) 5:45 Let's Make Selfie Smiles (MC)	<b>20</b> 10:30 Exercise From the 50's and 60's (MC) 11:15 Hydration Mobile Cart 1:30 Suzanne Dog Therapy 2:30 West Virginia Fun (MC) 5:45 Relaxing Drinks and Hand Massages (MC)
<b>21</b> <b>Father's Day</b> 10:30 Church Service and Songs (MC) 1:15 Father's Day Facts and Fun (MD) 3:30 Marching Exercise (MC) 5:45 Resident Lead Card Games (CD)	<b>22</b> <b>Angela's Birthday</b> 10:30 Longest Day Challenges (MD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Popsicles on the Patio and Conversation (O)	<b>23</b> 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:30 Amazing Race Chat	<b>24</b> 11:00 Piano Music with Doug (MC) 12:00 Patchwork Picnic Birthday Party Lunch 1:00 Resident Council (PD) 6:00 Happy Hour: Bomb Pop Cocktail (L)	<b>25</b> 10:00 Food Committee 12:00 Strawberry Parfait Mobile Cart 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Stress Less Ball Exercise (MC)	<b>26</b> 10:30 Erica and Lacey Therapy 1:15 Coconut Bingo (MD) 3:00 SilverSneakers Celebration (MD) 5:45 Craft: Beautician Card Crafting (MC)	<b>27</b> 10:30 Don't Burst My Bubble Game (MD) 1:15 Chair Synchronized Swimming (MC) 2:15 Shady Times (PD) 5:45 Essential Oils, and Hydration (MC)
<b>28</b> <b>Dora's Birthday</b> 10:30 Church Service and Songs (MC) 1:15 Cardio Drumming (MC) 2:15 Carolina's Facts and Trivia (P) 5:45 Piano and Peaceful Melody (MC)	<b>29</b> 10:30 Craft: Independence Day Decor (PD) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Independence Day Decorating (L)	<b>30</b> 10:00 Catholic Service and Rosary (PD) 10:45 Dean's Bible Study 1:15 Axe Throwing and Exercise (MC) 3:00 Library Outing 5:30 Amazing Race Chat				

**Calendar Key:**

- MD – Main Dining
- MC – Memory Care
- PD – Private Dining

**CD – Cooking Room**

- L – Lobby
- P - Patio
- O - Outside

**B- Beauty Salon**

H- Hall

**Breakfast:**  
8:00am

**Lunch:**  
12:00pm

**Dinner:**  
5:00pm

