

Ludington Woods

Assisted Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 31 2:00 Victory Trinity Lutheran (MC) 6:00 Adult Coloring (L)	1 2:00 Cookies, Coffee & Conversation w/ Advisa Care (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	World Environment 2 8:30 Outing: McDonald's 10:00 This Day In History (DR) 1:30 Enchanted Mini Gardens (DR) 3:00 Cardio Drumming/Walking Group (MC) 6:00 UNO (L)	3 9:15 Walking Group 10:15 Bingo (DR) 1:30 Board Games (DR) 3:00 Fun & Fitness (MC) 6:00 Puzzle Pals (L)	4 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Calendar Planning (DR) 3:00 Music & Movement (MC) 6:00 Left, Right Center (L)	5 10:00 Harbor Fit Exercise (MC) 1:30 Roll & Goal Table Game (DR) 3:00 Resistance Bands Exercise (MC) 6:00 Dominoes (L)	6 9:30 Chair Dancing (DR) 1:30 Board Games (DR) 6:00 Saturday Cinema (L)
7 11:00 Walking Club 1:15 Scottville Fellowship Church (MC) 2:00 Ice Cream Social 3:00 Sit & Fit (MC) 6:00 Adult Coloring (L)	8 10:30 Music w/ Kevin (MC) 11:00 Outing: State Park 2:00 Cookies, Coffee & Conversation - Chef Derrick (DR) 3:00 Seated Ball Exercise (MC) 6:30 Bingo (DR)	9 9:00 1x1 with Jan 10:00 Rock Painting (DR) 1:30 Scrapbooking (DR) 3:00 Cardio Drumming/Walking Group (MC) 6:00 UNO (L)	10 9:15 Walking Group 10:15 Bingo (DR) 1:30 Armchair Travel: New York City (DR) 3:00 Fun w/ Fitness (MC) 3:30 Resident Council (L) 6:00 Puzzle Pals (L)	11 11:00 Our Daily Bread (L) 1:00 Patriotic Bucket & Bean Bag Toss (DR) 2:00 Skip-Bo /Card Group (DR) 3:00 Music & Movement (L) 3:30 Pet Therapy w/ Griffin 6:00 Yahtzee (L)	12 10:00 Veterans Coffee & Chat (L) 11:00 Chair Paddle Rally (MC) 1:00 Greeting Card Workshop w/ Tammy (MC) 2:00 Bingo w/ Kathy (DR) 7:00 Summit Church Sing Along (MC)	13 Activity Cart (L) 6:00 Saturday Cinema (L)
14 1:00 Prayer & Praise Assembly of God Church (MC) 6:00 Adult Coloring (L)	15 10:00 Hymns with Adrian (MC) 2:00 Cookies, Coffee & Conversation w/ Heartland Services (DR) 3:00 Seated Ball Exercise (MC) 3:30 Cup Challenge (MC) 6:00 Bingo (DR)	Ntl. Fudge Day 16 9:00 1x1 with Jan 10:00 Trinity Church Bible Study & Sing Along (MC) 12:45 Outing: Kilwins 3:00 Cardio Drumming/Walking Group (MC) 6:00 UNO (L)	17 9:15 Walking Group 10:15 Bingo (DR) 2:00 Gloria & Chuck's 64th Wedding Anniversary (MC) 3:00 Fun w/Fitness (MC) 6:00 Puzzle Pals (L)	18 11:00 Our Daily Bread (L) 1:00 Little Ones Day Care (MC) 2:30 Music w/ Charlie & Sue (MC) 3:30 Music & Movement (L) 6:00 Phase 10 (L)	Juneteenth 19 11:00 Juneteenth Education (DR) 2:00 Father's Day Magic Show with Jim McDonald (CTYD) 3:00 Resistance Band Exercise (MC) 6:00 Shut The Box Game (L)	20 9:30 Chair Dancing (MC) 10:30 Shaw Family Sing along (MC) 1:30 Betty's Coffee & Chat (DR) 6:00 Saturday Cinema (L)
Happy Father's Day 21 11:00 Walking Group (DR) 12:00 BBQ Lunch 2:00 Trinity Lutheran Church Service (MC) 3:00 Sit & Fit (MC) 6:00 Adult Coloring (L)	22 10:00 Make It Monday (DR) 2:00 Cookies, Coffee & Conversation (DR) 3:00 Seated Ball Exercises (MC) 6:00 Bingo (DR)	23 9:00 1x1 with Jan 10:00 Balloon Volleyball (DR) 1:30 Scrapbooking (DR) 3:00 Cardio Drumming/Walking Group (MC) 6:00 UNO (L)	24 9:15 Walking Group 10:15 Bingo (DR) 1:30 Culinary Experience (DR) 3:00 Fun w/ Fitness (MC) 6:00 Puzzle Pals (L)	25 11:00 Our Daily Bread (L) 1:00 Patriotic USA Flag Cone Ring Toss (DR) 2:00 Card Group (DR) 3:00 Music & Movement (L) 6:00 Pass the Pig (L)	26 11:00 Number Stack (DR) 12:30 Outing: Bingo at Sherman Oaks Manor 3:00 Resistance Bands Exercise (MC) 6:00 Triominoes (L)	27 Activity Cart (L) 6:00 Saturday Cinema (L)
28 Activity Cart 6:00 Adult Coloring (L)	29 10:00 Make it Monday (DR) 2:00 Cookies, Coffee & Conversations (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	30 9:00 Amber Elk Ranch 1:30 Welcome New Resident (DR) 2:00 Pool Noodle Hockey (MC) 3:00 Cardio Drumming/Walking Group (MC) 6:00 UNO (L)	July 1 9:15 Walking Group 10:15 Bingo (DR) 1:30 America's 250 th Birthday Celebration! (Parking lot) 6:00 Puzzle Pals (L)		Childhood Cancer Lemonade Stand Friday, June 12th 10 a.m - 3 p.m. Main Entrance of Ludington Woods	

Creativity cart is available in the Library.

Calendar Key:
 DR- Dining Room
 L- Library
 MC- Memory Care

Catholic Communion every Thursday at 10:00 (L)

Public Welcome!
 Veterans Coffee & Chat
 Friday, June 12th
 10:00 a.m. - 11:00 a.m.