

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>31</b></p> <p>10:30am Devotionals &amp; Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils</p>	<p><b>1</b></p> <p>10:30am Daily Devotionals 10:45am Brain Games 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo</p>	<p><b>2</b></p> <p><b>Okinawa, Japan</b> 10:00am Daily Devotionals 10:30am Toss &amp; Tone 1:30pm Blue Zone Doc 2:30 Ring Toss &amp; Ikagai 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa</p>	<p><b>3</b></p> <p>10:00am Devotions &amp; Walking Club 1:30pm Music w/ Jack &amp; Tess 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search</p>	<p><b>4</b></p> <p>10:00am Daily Devotionals &amp; Exercise 1:30pm Manicures 2:30pm Fact or Fiction 6:00pm Adult Coloring</p>	<p><b>5</b></p> <p>11:00am Daily Devotionals 11:30am Hand Towel Workout 1:30pm Outing: Horrocks 3:30pm Euchre (AL) 6:00pm Guided Meditation</p>	<p><b>6</b></p> <p>10:30am Devotionals 11:00am Walking Club 1:30pm Slushy Cart 2:30pm Crafting Corner: Flags</p>
<p><b>7</b></p> <p>10:30am Devotionals &amp; Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils</p>	<p><b>8</b></p> <p>10:30am Daily Devotionals 10:45am Brain Games 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo</p>	<p><b>9</b></p> <p><b>Sardinia, Italy</b> 10:00am Daily Devotionals 10:30am Toss &amp; Tone 1:30pm Blue Zone Doc 2:30pm Pasta Making Class 3:30pm Let's Play Dice (AL) 6:00pm Ambient Sounds w/ Alexa</p>	<p><b>10</b></p> <p>10:00am Devotions &amp; Walking Club 1:30pm Music w/ Double Play 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search</p>	<p><b>11</b></p> <p>10:00am Daily Devotions &amp; Exercise 1:30pm Manicures 2:30pm Whiteboard Games 6:00pm Adult Coloring</p>	<p><b>12</b></p> <p>11:00am Daily Devotionals 11:30am Chair Exercise 3:30pm Flag Facts &amp; Traditions 6:00pm Guided Meditation</p>	<p><b>13</b></p> <p>9:30am Devotionals &amp; Saturday Stretches 2:00pm Hand Massages 6:00pm Puzzle Wind-Down</p>
<p><b>Flag Day</b></p> <p><b>14</b></p> <p>10:30am Devotionals &amp; Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils</p>	<p><b>15</b></p> <p>10:30am Daily Devotionals 10:45am Brain Games 1:30 Tea &amp; Treats w/ Jen 2:45 Zumba w/ Margie 3:30pm Candy Bar Bingo</p>	<p><b>Loma Linda, California</b></p> <p><b>16</b></p> <p>10:00am Daily Devotionals 10:30am Toss &amp; Tone 1:30pm Blue Zone Doc 2:30 Nut Bar &amp; Give Back 6:00pm Ambient Sounds w/ Alexa</p>	<p><b>17</b></p> <p>10:00am Devotion &amp; Walking Club 1:30pm Music w/ Wanda Degan (AL) 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search</p>	<p><b>18</b></p> <p>10:15am Daily Devotionals &amp; Exercise 1:30pm Manicures 2:30pm Disc Golf Course &amp; Rootbeer Floats (IV) 6:00pm Adult Coloring</p>	<p><b>Juneteenth</b></p> <p><b>19</b></p> <p>11:00am Daily Devotionals 11:30am Hand Towel Workout 1:30pm Outing: MSU Rose Gardens 3:30 Euchre (AL) 6:00pm Guided Meditation</p>	<p><b>20</b></p> <p>11:15am Devotionals 11:30am Seated Volleyball 3:30 Crafting Corner: Air Plant Displays 6:00pm Puzzle Wind-Down</p>
<p><b>Father's Day</b></p> <p><b>21</b></p> <p>10:30am Devotionals &amp; Exercise 11 &amp; 1pm Father's Day Brunch Buffet (IV) 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils</p>	<p><b>22</b></p> <p>10:30am Daily Devotionals 10:45am Brain Games (AL) 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo</p>	<p><b>Ikaria, Greece</b></p> <p><b>23</b></p> <p>10:00am Daily Devotionals 10:30am Toss &amp; Tone 1:30pm Blue Zone Doc 2:30pm Create Your Own Herbal Tea 6:00pm Ambient Sounds w/ Alexa</p>	<p><b>24</b></p> <p>10:00am Devotions &amp; Walking Club 1:30 Music w/ Steve Spees 2:45pm Happy Hour 3:30pm Bingo (AL) 6:00pm Wednesday Word Search</p>	<p><b>25</b></p> <p>10:15am Daily Devotionals &amp; Exercise 1:00pm Mass (IV) 3:00pm Menu Tasting (AL) 6:00pm Adult Coloring</p>	<p><b>26</b></p> <p>11:00am Daily Devotionals 11:30am Chair Exercise 3:30pm Pickle Cart 6:00pm Guided Meditation</p>	<p><b>27</b></p> <p>9:30am Devotionals &amp; Saturday Stretches 2:00pm Hand Massages 6:00pm Puzzle Wind-Down</p>
<p><b>28</b></p> <p>10:30am Devotionals &amp; Exercise 1:30pm Hymn Sing 3:00pm Trivia 6:00pm Essential Oils</p>	<p><b>29</b></p> <p>10:30am Daily Devotionals 10:45am Brain Games (AL) 2:45pm Zumba w/ Margie 3:30pm Candy Bar Bingo</p>	<p><b>Nicoya, Costa Rica</b></p> <p><b>30</b></p> <p>10:00am Daily Devotionals 10:30am Toss &amp; Tone 1:30pm Blue Zone Doc 2:30pm Coffee &amp; Fruit Tasting 2:30pm Wood Carving Presentation (IV) 6:00pm Ambient Sounds w/ Alexa</p>				

**Calendar Key:**

AL - Assisted Living  
IV - Independence Village  
RV - Room Visits

CP- Connection Pods  
P- Patio