

Independence Village of Madison Heights

Independent Living

May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p> <p>9:00 Community Service (AS) 11:00 Communion Services (MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 1 & 2 (MR)</p>					<p>1</p> <p>9:30 Cappuccinos CP) 10:30 Yoga with Joyce (FC) 12:00 Month in Review (CP) 2:00 Spring Fling Happy Hour (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p>2</p> <p>KENTUCKY DERBY 10:00 Paperwork Party (L) 1:00 Hats, Horses, & Juleps (CP) 1:30 Right Left Center (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "All The Empty Rooms" (MR)</p>
<p>3</p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 1 & 2 (MR)</p>	<p>4</p> <p>9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Walmart (FL)* 12:00 Fiber Art w/Friends (AS) 1:00 Kerponk!! (MR) 1:30 Walk to Dairy Queen (FL) 6:00 Pinochle Club (L)</p>	<p>CINCO DE MAYO 5</p> <p>9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Mexican Buffet (GLR) 1:00 Craft w/Cindy (AS)* 2:00 Mexican Fiesta Fun (MR) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p>6</p> <p>10:30 Exercise w/Jessica (FC) 11:15 Gardening Club (AS) 1:00 Tech Video (MR) 2:00 Bella Musica Entertains (GLR) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p>7</p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p>8</p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:45 Lunch at the Park (FL)* 3:00 Rummikub (L) 3:00 Name That Tune Happy Hour (CP) 6:00 Poker Club (L)</p>	<p>9</p> <p>1:30 Mother's Day Soiree (CP) 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Nuremberg" (MR)</p>
<p>MOTHERS DAY 10</p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Service (MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 3 & 4 (MR)</p>	<p>11</p> <p>9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Kroger(FL)* 12:00 Fiber Art w/Friends (AS) 1:30 Walk to Dairy Queen (FL) 2:30 Relaxation Meditation (MR) 6:00 Pinochle Club (L)</p>	<p>12</p> <p>9:15 Massages (S)** 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Ice Cream and Outdoor Games (P & DRP) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p>13</p> <p>9:30 Breakfast with Madison Heights First Responders (GLR) 10:30 Exercise w/Jessica (FC) 11:30 Townhall w/Phil (GLR) 1:00 Life on our Planet Doc (MR) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p>14</p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 12:00 Welcome Lunch w/Sheri * 1:00 Life Safety Talk (CP) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p>15</p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 2:00 Live Choir Performance (GLR) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p>16</p> <p>1:15 "Amadeus" at Redford Theater (FL)** 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Maestro" (MR)</p>
<p>17</p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 "Westside Story" (FL)** 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 5 & 6 (MR)</p>	<p>18</p> <p>9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Meijer (FL)* 12:00 Fiber Art w/Friends (AS) 1:00 Book Club 2:00 Mark & Pete Entertain (GLR) 6:00 Pinochle Club (L)</p>	<p>19</p> <p>9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Craft w/Cindy (AS)* 2:00 Theo Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p>20</p> <p>10:30 Exercise w/Jessica (FC) 1:30 Drumming w/Sundance (FC) 2:30 Gardening Club (AS) 3:00 Gauranteed Hearing (A)* 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p>21</p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p>22</p> <p>9:30 Cappuccinos CP) 10:30 Yoga with Joyce (FC) 11:45 Greektown Casino (FL)* 2:00 May Flowers Happy Hour (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p>23</p> <p>11:00 Art For All Ages (AS)* 1:00 Ingrid Bergman Bio (MR) 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Denial" (MR)</p>
<p>24</p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 Yahtzee (GR) 1:00 Memorial Day Remembrance Gathering (CP & P) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 7 & 8</p>	<p>MEMORIAL DAY 25</p> <p>10:00 Grab & Go Table (FL) 11:00 Memorial Day Buffet (GLR) 2:00 Matinee "Peanut Butter Falcon" (MR) 12:00 Fiber Art w/Friends (AS) 6:00 Pinochle Club (L)</p>	<p>26</p> <p>9:15 Massages (S)** 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Ice Cream & Outdoor Games (P & DRP) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p>27</p> <p>10:30 Exercise w/Jessica (FC) 11:30 Gardening Club (AS) 12:00 Veterans Lunch (GLR)* 3:00 CommonLight Circle (AS) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p>28</p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 1:00 Fire Chief Lelito Speaks (MR) 2:00 Catholic Mass (MR) 3:00 Quarter Bingo (CP) 6:00 Euchre (L)</p>	<p>29</p> <p>9:30 Cappuccinos CP) 10:30 Yoga with Joyce (FC) 10:00 Dodge House Tour and Lunch at Bravos Italian (FL)** 2:00 Sunshine & Shades Happy Hour (P) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p>30</p> <p>1:30 Right Left Center! (AS) 2:00 Birthday & Welcome Party with Affinity 4 Music (GLR) 3:00 Wii Bowling with Rod (L) 3:30 Mexican Train (AS) 7:00 Movie: "The Great Waldo Pepper" (MR)</p>

Calendar Key:

- AS- Art Studio
- CP - Cooper's Pub
- FC - Fitness Center

- GLR - Great Lakes Restaurant
- L - Library
- FL - Front Lobby

- MR - Mackinac Room
- DRP - Dining Room Patio
- GR - Game Room
- P - Front Patio

- * Sign up with the Concierge
- ** Sign up and Cost Involved
- S - Salon

Executive Director:
Sheri Emery
Like our page on Facebook!

Address: 3003 I Dequindre Rd, Madison Heights, MI 48071
Phone: 248-776-2000

Independence Village SENIOR LIVING

Independence Village of Madison Heights

Independent Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Sonica (FC) 11:45 Shopping at Walmart (FL)* 12:00 Fiber Art w/Friends (AS) 1:00 Kerponk!! (MR) 1:30 Walk to Dairy Queen (FL) 6:00 Pinochle Club (L)	2 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:00 Walking Club (FC) 11:30 Month in Review (CP) 1:00 Crafty Tuesday (AS)* 2:00 Jeff B. Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)	3 10:30 Exercise w/Sonica (FC) 11:00 Spring Craft Show (FL) 2:00 Tech Video: "Social Dilema" (MR) 3:00 Life on Our Planet (MR) 6:00 Pinochle Club (L)	4 10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	5 9:30 Cappuccinos CP 10:30 Yoga with Joyce (FC) 11:45 Lunch at the park (FL)* 2:00 Pucker Up Happy Hour (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)	6 10:00 Shopping at Kohl's (FL)* 1:15 "Newsies" at Stagecrafters Theater (FL)** 1:30 Right Left Center (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Mrs. Harris Goes to Paris" (MR)
7 10:00 Walking Club (FC) 11:00 Communion Service (MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 1 & 2 (MR)	8 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Sonica (FC) 11:45 Shopping at Kroger (FL)* 12:00 Fiber Art w/Friends (AS) 6:00 Pinochle Club (L)	9 9:15 Massages (S)*** 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:00 Walking Club (FC) 2:00 "The Way It Was For Our Grandparents" presentation (MR) 3:00 Mexican Train (AS) 6:00 Poker (L)	10 9:30 Breakfast with Madison Heights First Responders (GLR) 10:30 Exercise w/Sonica (FC) 1:30 Townhall w/Sheri (GLR) 2:30 Ice Cream & Outdoor Games (DRP & P) 3:00 Board Games (L) 6:00 Pinochle Club (L)	11 10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 12:00 Welcome Lunch w/Sheri * 1:00 Life Safety Talk (CP) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	12 9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:30 Gardening Club (AS) 2:00 TCT Meet & Greet (MR) 3:00 Rummikub (L) 3:00 Pink Coladas Happy Hour(P) 6:00 Poker Club (L)	13 1:00 Roger Moore Bio (MR) 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Remarkably Bright Creatures" (MR)
14 10:00 Walking Club (FC) 11:00 Communion Service (MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 3 & 4 (MR)	15 9:00 Dermatologist Clinic (MR)** 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Sonica (FC) 11:45 Shopping at Meijer (FL)* 12:00 Fiber Art w/Friends (AS) 6:00 Pinochle Club (L)	16 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Crafty Tuesday (AS)* 2:00 Summer Solstice Happy Hour (CP) 3:00 Mexican Train (AS) 6:00 Poker (L)	17 10:30 Exercise w/Sonica (FC) 11:30 Gardening Club (AS) 1:30 "Pollinator Pals" (MR) 3:00 Gauranteed Hearing (A)* 6:00 Pinochle Club (L) 6:30 Summer Concert Kickoff Tom Birchler (DP)	18 9:00 Dentist Visits (A)*** 10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 11:15 Walker & Wheelchair Wash w/BBQ Buffet (DP)* 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	19 9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:45 Lunch and Learn "Back and Neck Pain" at the AAC (FL)* 2:00 Juneteenth Recognition (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)	20 9:30 Seminar at English Gardens "Pollinator Power" (FL)* 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Steel Magnolias" (MR)
FATHERS DAY 21 10:00 Walking Club (FC) 11:00 Communion Services(MR) 11:30 BBQ Buffet (GLR) 1:00 "The Good Old Days" Father's Day Celebration (CP) 3:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 5 & 6 (MR)	22 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Sonica (FC) 11:45 Shopping at Aldi (FL)* 12:00 Fiber Art w/Friends (AS) 6:00 Pinochle Club (L)	23 9:15 Massages (S)*** 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:00 Walking Club (FC) 2:00 Kelly M. Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)	24 10:30 Exercise w/Sonica (FC) 11:30 Gardening Club (AS) 12:00 Veterans Lunch (GLR)* 2:00 Ice Cream & Outdoor Games (DRP & P) 3:00 CommonLight Circle (AS) 3:00 Board Games (L) 6:00 Pinochle Club (L)	25 10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 1:00 Therapy Dog Vlsit (FL) 2:00 Catholic Mass 3:00 Quarter Bingo (CP) 4:00 Dinner Out & Lecture at Detroit Historical Society (FL)* 6:00 Euchre (L)	26 9:30 Cappuccinos CP 10:30 Yoga with Joyce (FC) 11:45 Greektown Casino (FL)* 2:00 Sunshine & Shades Happy Hour (DRP & P) 3:00 Rummikub (L) 6:00 Poker Club (L)	27 1:30 Right Left Center! (AS) 2:00 Birthday & New Resident Party w/Affintiy 4 Music (GLR) 3:00 Wii Bowling with Rod (L) 3:30 Mexican Train (AS) 7:00 Movie: "Tootsie" (MR)
28 10:00 Walking Club (FC) 11:00 Communion Services(MR) 1:00 Yahtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 7 & 8	29 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Sonica (FC) 11:45 Shopping at TJMaxx (FL) 12:00 Fiber Art w/Friends (AS) 2:00 Book Club (MR) 6:00 Pinochle Club (L)	30 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:00 Walking Club (FC) 1:00 Crafty Tuesday (AS)* 2:00 Horse Race Game (P) 3:00 Mexican Train (AS) 6:00 Poker (L)				30

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* Sign up with the Concierge
** Sign up and Cost Involved
*** Call Dr. to make Appointment

Executive Director:
Sheri Emery
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Independence Village SENIOR LIVING

