

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Exercise with Danae (CH/TV) 2:00 Oreo Tournament (IF-F) 3:00 Music with Carol (MC) 6:15 Movie: Pretty Women (Netflix)(CH/TV)	2 10:30 Sit & Be Fit (CH/TV) 2:00 The Price is RIGHT! (CYH) 3:30 Resident Council (LIB)	3 10:30 Chair Yoga (CH/TV) 2:00 Culinary Resident Forum (DR) 3:00 What's Your Thing? Interest Assessment & Ice cream (CYH) 6:15 Bev's Movie (MC)	4 9:30 Outing: Walmart (CO) 10:30 Cardio Drumming (CH/TV) 1:30 BINGO! (DR) 6:30 Thursday Night Bible Study (CYH)	5 10:30 Zumba (CH/TV) 2:00 What's Your Thing? Interest Assessment & Donuts (CYH) 3:00 Candy Salad Happy Hour (CYH) 6:15 Movie: Paddington 2 (Netflix)(CH/TV)	6 Merle's Birthday 10:30 Sit & Be Fit (CH/TV) 1:00 Karaoke (IF-F) 3:00 Let's Play: Rummikub (IF-F)
7 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 Church with Denny (CH/TV) 3:00 Trivia	8 10:30 Exercise with Danae (CH/TV) 2:00 Oreo Tournament (IF-F) 3:00 Craft: Beach in a Jar (MC) 6:15 Movie: Fried Green Tomatoes (Netflix)(CH/TV)	9 10:30 Sit & Be Fit (CH/TV) 1:00 Paint the IV Ames Flag 2:15 Resident Forum (IF-F) 3:00 Topsy Tuesday Happy Hour 6:00 Dementia Support Group (AR)	10 10:30 Chair Yoga (CH/TV) 2:00 Resident Activity Planning Committee (AR) 3:00 Music with Carol (MC) 6:15 Bev's Movie (MC)	11 Marivn B's Birthday 9:30 Outing: Walmart (CO) 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO! (DR) 3:00 Live Entertainment with Paul Headly (IF-F) 6:30 Thursday Night Bible Study (CYH)	12 10:30 Zumba (CH/TV) 3:00 What's Your Thing? Interest Assessment & Ice cream (CYH) 2:30 Blind, Mute & Deaf Master Chefs (CYH) 3:00 Happy Hour 6:15 Movie: The Thursday Murder Club (Netflix)(CH/TV)	13 10:30 Sit & Be Fit (CH/TV) 1:00 Door Hanger: Craft 3:00 Let's Play: Cards
14 National Flag Day 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 First Methodist Church (CH/TV)	15 10:30 Exercise with Danae (CH/TV) 2:00 Oreo Tournament (IF-F) 3:00 Fun with Fox Rehab: Hydration Education (DR) 6:15 Movie: Field of Dreams (Netflix)(CH/TV)	16 9:30 Outing: Hobby Lobby (CO) 10:30 Sit & Be Fit (CH/TV) 2:00 Life Enrichment "Culinary" Demo - Strawberry Shortcake (AR) 3:00 Music with Carol (MC) 3:30 TikTok Tuesday (IF-F)	17 10:30 Chair Yoga (CH/TV) 1:00-3:00 Foot Clinic (CYH) 2:00 Culinary Showcase (AR) 3:00 Spin Art Tote Bags (AR) 6:15 Bev's Movie (MC)	18 10:30 Cardio Drumming (CH/TV) 1:30 BINGO! (DR) 3:00 Dad Joke Diner Happy Hour (IF-F) 6:30 Thursday Night Bible Study (CYH)	19 Juneteenth 10:30 Zumba (CH/TV) 2:00 Let's Take a Selfie 3:00 Juneteenth Happy Hour (CYH) 6:15 Movie: The Last Laugh (Netflix)(CH/TV)	20 10:30 Sit & Be Fit (CH/TV) 1:00 Father's MiniGolf 3:00 Let's Play: Poker
21 Father's Day 8:00 Flapjacks for Fathers 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 Cornerstone Church (CH/TV) 3:00 Father's Day Trivia	22 10:30 Exercise with Danae (CH/TV) 2:00 Oreo Tournament (IF-F) 3:00 Live Entertainment with Tom Hoffer (IF-F) 6:15 Movie: Ghostbusters Netflix)(CH/TV)	23 10:30 Sit & Be Fit (CH/TV) 11:45 Veterans Lunch (PDR) 2:00 Live Entertainment with Neil Hewitt (IF-F) 2:00 Beach Party (CY & PO)	24 10:30 Chair Yoga (CH/TV) 2:00 Outing: Duck Pin Bowling at the 60 Forward Center (CO) 3:00 Music with Carol (MC) 6:15 Bev's Movie (MC)	25 9:30 Outing: Target (CO) 10:30 Balloon Volleyball (CH/TV) 1:30 Bingo!! (DR) 3:00 Live Entertainment with David Watson (IF-F) 6:30 Thursday Night Bible Study (CYH)	26 10:30 Zumba (CH/TV) 2:00 What's Your Thing? Interest Assessment & Icecream (CYH) 3:00 Happy Birthday / New Resident Happy Hour (CYH) 6:15 Movie: Enola Holmes (Netflix) (CH/TV)	27 10:30 Sit & Be Fit (CH/TV) 1:00 Resident Spotlight 3:00 Resident Led Book Swap (IF-F)
28 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 2:00 First Baptist Church (CH/TV) 3:00 Trivia	29 10:30 Exercise with Danae (CH/TV) 2:00 Oreo Tournament (IF-F) 3:00 Music with Carol (MC) 6:15 Movie (Show): The Crown (Netflix)(CH/TV)	30 9:30 Dollar Tree (CO) 10:30 Sit & Be Fit (CH/TV) 1:00 4th of July Mobil Cart (TYD) 3:00 Nurse Chat (CH/TV)				

Calendar Key:
AR – Activities Room
CYH – CyHawk Room
CH/TV – Chapel/TV Room

CY – Courtyard
IF-F – 1st Floor Fireplace
2F-F – 2nd Floor Fireplace
DR – Dining Room

PDR– Private Dining Room
PO - Patio
LIB – Library
CO – Community Outing

2F - 2nd Floor Area
TYD - To Your Door
* - Sign Up for Activity!!

Please Note: Calendars are made far in advance and changes may be made throughout the course of the month. Check the daily notices posted & weekly calendars will also be distributed.