

River Ridge Senior Living

Assisted Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings are contingent upon weather conditions and subject to cancellation for safety reasons.			1 10:00 Catholic Mass MC 10:30 Coffee and Chat C 1:30 Arts and Crafts C 2:30 The Amazing Race Challenge MC	2 9:30 Walking Club MC 10:30 Coffee and Chat C 2:00 Summer Fun Frisbee Golf 5:00 Capturing the Colors of Summer	3 10:00 Cardio Drumming MC 10:30 Coffee & Chat C 12:00 Summer Cookout 1:30 Sparklers in motion 2:30 Social Hour	Independence Day 4 10:30 Morning News & Coffee C 1:30 Bingo C 3:00 Patriotic Concert with Brother Day
5 10:00 Coffee and Chat MC 1:30 Worship and Patriotic Singalong C 2:30 Tea Time in the Three Season Room P	6 10:00 Morning in Motion MC 10:30 Coffee and Chat C 1:30 Monday Mocktails on the Patio MC 2:30 Trivia C	7 10 Morning Fitness MC 10:30 Coffee and Chat MC 1:30 Bingo C 2:30 Garden Club C Wild Flower Scavenger Hunt P	8 10:00 Morning Exercise MC 10:30 Coffee and Chat C 1:30 Arts and Crafts C 2:30 The Amazing Race Challenge MC	9 10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Summer Fun Bocce Ball MCC 5:00 Capturing the Colors of Summer MC	10 10:00 Cardio Drumming C 10:30 Coffee & Chat MC 1:30 Variety Show C 2:30 Margarita Social MC 5:30 Game Night MC	11 10:30 Morning News & Coffee C 1:30 Bingo C 3:00 Memory Care Sensory Games MC
12 10:30 Coffee & Chat 1:30 Church Service LR 2:30 Tea Time in the Three Season Room P	13 10:00 Morning in Motion MC 10:30 Coffee and Chat MC 1:30 Rhythm Band C 3:00 Trivia C	14 10 Morning Fitness MC 10:30 Coffee and Chat MC 1:30 Bingo C 2:30 Garden Club and the Sounds of Summer. "Name that Bird Song" P	15 10:00 Morning Exercise MC 10:30 Coffee and Chat C 1:30 Wheelchair & Walker Car Wash MCC 2:30 The Amazing Race Challenge C	16 10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Badminton MCC 6:30 DB Horns Brass Band At the Riverfront Park	17 10:00 Cardio Drumming MC 10:30 Coffee & Chat C 1:00 Shopping Outing 2:30 Songs with Cindy 5:30 Game Night MC	18 10:30 Morning News & Coffee C 1:30 Bingo C 3:00 Fishing Reel Challenges MCC
19 10:00 Coffee and Chat MC 1:30 LifeBridge Church C 2:30 Tea Time in the Three Season Room P	20 10:00 Morning in Motion MC 10:30 Coffee and Chat C 1:30 Monday Mocktails on the Patio MC 3:00 Trivia C	21 10:00 Morning Fitness MC 10:30 Coffee and Chat MC 1:30 Bingo C 2:30 Garden Club Pressing Flowers P 5:00 Vinyl Records MC	22 10:00 Morning Exercise MC 10:30 Farmer's Market Outing 1:30 Arts and Crafts MC 2:30 Resident Council C	23 10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Putt Putt Golf MC 5:00 Capturing the Colors of Summer MC	24 10:00 Cardio Drumming MC 10:30 Coffee & Chat C 1:30 Variety Show MC 2:30 Banana Split Social Hour 5:30 Game Night MC	25 10:30 Morning News & Coffee C 1:30 Bingo C 3:00 Memory Care Sensory Games MC
26 10: Coffee & Chat C 1:30 Church Service LR 2:30 Tea Time in the Three Season Room P	27 10:00 Morning in Motion MC 10:30 Coffee and Chat C 1:30 Rhythm Band MC 3:00 Trivia C	28 10:00 Morning Fitness MC 10:30 Coffee and Chat MC 1:30 Bingo C 3:00 Garden Club Bugs and Butterflies P	29 10:00 Morning Exercise MC 10:30 Coffee and Chat C 1:30 Arts and Crafts C 2:30 The Amazing Race Challenge MC	30 10:00 Walking Club MC 10:30 Coffee and Chat C 1:30 Water Balloons MC 5:00 Capturing the Colors of Summer MC	31 10:00 Cardio Drumming MC 10:30 Coffee & Chat C 12:00 Hawaiian Summer Luau Cookout MCC 1:30 Hula Competition 2:30 Tiki Bar A lotta Piña colada	

Calender Key:

Community Room C
Sunset Living Room LR
Main Dining Room MDR

Sunset Dining Room SSDR
Memory Care MC
Room Visits RV

3 Season Patio P
MC Living Room MCL
MC Courtyard MCC

Sunset Dining Room

Breakfast 7:45 am
Lunch 11:45 am
Dinner 4:45 pm

Main Dining Room

Breakfast 8:00 am
Lunch 12:00 pm
Dinner 5:00 pm

