

Independence Village of Grand Ledge

Independent Living | Enhanced Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room Exercise w/ PB = Powerback	*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station		1 10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Dan Templin (MAR)	2 9:00am Manicures & Mimosas (G) 10:30pm 4th of July Charcuterie Class (MAR)* 1:15pm Bingo (MAR) 2:30pm Walking Club (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	3 9:30am Tai Chi Exercise (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Amazing Race Watch Party (G)	4 th of July 4 11:00am Trivia (MAR) 12:00pm 4 th of July Cookout (MAR)
5 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	6 9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR)	7 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am One North Lunch** 1:30pm Community Q&A (MAR) 2:30pm Powerback Meet & Greet (MAR) 6:15pm Bingo (MAR)	8 10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jim Herman (MAR)	9 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Walking Club (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)	10 9:30am Tai Chi Exercise (MAR) 1:30pm Quarter Card (MAR) 2:15pm Amazing Race Watch Party (G)	11 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) 2:30pm Crafting Corner: Sea Shell Wreath (MAR)
12 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	13 9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea & Treats w/ Jen (MAR)	14 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 12:00pm Hot Dog Cookout (MAR) 1:15pm Movie Outing** 2:30pm Detroit Tiger's Presentation (MAR) 6:15pm Bingo (MAR)	15 10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Billy McAllister (MAR)	16 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Walking Club (MAR) 3:15pm Dominos (MAR) 3:30pm Cornhole Tournament (CY)* 6:15pm Pokeno (MAR)	17 9:30am Tai Chi Exercise (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Amazing Race Watch Party (G)	18 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (MAR)*
19 10:00am Church Shuttle** 11am & 1pm Sunday Brunch Buffet (DR) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	20 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 3:00pm Sip & Shop: Bingo Store (MAR)	21 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am McAllisters Lunch** 1:30pm Wellness Chat (MAR) 2:30pm Culinary Showcase: Oyster Shucking (MAR) 3:30pm Cornhole (MAR)* 6:15pm Bingo (MAR)	22 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jack & Tess (MAR)	23 9:00am Manicures & Mimosas (G) 1:00pm Catholic Mass (MAR) 2:30pm Walking Club (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)	24 9:30am Tai Chi Exercise (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Amazing Race Watch Party (G)	25 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Stamped Hand Towels (MAR)
26 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	27 9:00am Men's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Activity Q&A (MAR)	28 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 12:00pm Resident Ambassador Luncheon (MAR) 1:00pm Lick-ity Split: Ice Cream** 2:00pm Amazing Race Cart (RV) 6:15pm Bingo (MAR)	29 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jerry Perrine (MAR)	30 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Walking Club (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	31 9:30am Tai Chi Exercise (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Amazing Race Watch Party (G)	1 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (MAR)*