

Independence Village of Pella

IndependentLiving | Assisted Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 All Around Fitness (ER) 10:00 Movement Class with Sandy (GR) 10:30 AL Council Meeting (T) 1:30 Bingo (AL DR) 3:00 "Our American Story": Presented by Compassus (C)	2 9:00 All Around Fitness (ER) 10:00 IL Council Meeting (C) 11:30 Resident Ambassador Meeting (GR) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	3 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Movement Class with Sandy (GR) 11:45 Independence Day Celebration Cookout 1:00 Train Dominoes (GR) 3:00 Resident Social Hour (GR)	4 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: 27 Dresses (2008) starring Katherine Heigl and James Marsden
5 2:30 Church Service & Communion with Chuck Metcalfe (AL DR) 3:00 Coffee Social (C)	6 9:00 All Around Fitness (ER) 9:00 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 Thai Chi with Sam (ER) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	7 9:00 All Around Fitness (ER) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Culinary Nutrition Showcase with Chef Chris (C) 6:00 Resident Pot-Luck	8 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 1:30 Bingo (AL DR) 3:00 Strawberry Sundaes in the Cafe (C)	9 9:00 All Around Fitness (ER) 10:00 Fareway (Sign-up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	10 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 1:00 Grief Support Group with Chris Allen (FR) 3:00 Resident Social Hour (GR)	11 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: Ticket to Paradise (2022) Starring Julia Roberts and George Clooney
12 2:30 Church Service: Bob Johnson (AL DR) 3:00 Coffee Social (C)	13 9:00 All Around Fitness (ER) 9:00 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 Thai Chi with Sam (ER) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	14 9:00 All Around Fitness (ER) 10:00 Table Talk with Chef (C) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Caitlyn's Animal Facts Series: All the Small Things About Giraffes 6:30 Music on the Patio: Sully Big Band	15 9:00 All Around Fitness (ER) 10:00 Movement Class with Sandy (GR) 1:30 Bingo (AL DR) 3:00 Summer Tie-Dye Shirts (C)	16 9:00 All Around Fitness (ER) 10:00 HyVee (Sign-up) 11:00 Des Moines Botanical Gardens (Sign-Up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	17 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 3:00 Resident Social Hour (GR)	18 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: The Mirror Has Two Faces (1996) Starring Barbara Streisand and Jeff Bridges
19 2:30 Church Service: Doug Harris (AL DR) 3:00 Coffee Social (C)	20 9:00 All Around Fitness (ER) 9:00 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 Library Book Club (FR) 2:00 Thai Chi with Sam (ER) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	21 9:00 All Around Fitness (ER) 10:00 "Hospice 101": Presented by Compassus (C) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Music by Neil Hewitt	22 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 1:30 Bingo (AL DR) 3:00 Decoupage Seashells (FR)	23 9:00 All Around Fitness (ER) 10:00 Fareway (Sign-Up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR) 4:00 Farmer's Market and Shopping on the Square (Sign-Up)	24 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 1:00 Grief Support Group with Chris Allen (FR) 3:00 Monthly Birthday Party and Resident Social Hour (GR)	25 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: Fried Green Tomatoes (1991) Starring Kathy Bates and Mary Stuart Masterson
26 2:30 Church Service: Nazarene Church (AL DR) 3:00 Coffee Social (C)	27 9:00 All Around Fitness (ER) 9:00 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 Thai Chi with Sam (ER) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	28 9:00 All Around Fitness (ER) 10:00 Table Talk with Life Enrichment (C) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Floral Canvas Painting (FR)	29 9:00 All Around Fitness (ER) 10:00 Movement Class with Sandy (GR) 1:30 Bingo (AL DR) 2:30 Bingo Store (AL DR) 3:00 Cheesecake in the Cafe (C)	30 9:00 All Around Fitness (ER) 10:00 HyVee (Sign-up) 11:00 Lunch at Spirit Cafe (Sign-Up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	31 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 3:00 Monthly Birthday Party and Resident Social Hour (GR)	

Calender Key:
AL DR - AL Dining Room
IL DR - IL Dining Room
C - Cafe

CA - Common Area
ER - Exercise Room
FR - Family Room
GR - Game Room

TH - Theater
SW - Sign Up Window
P - Parking Lot

Life Enrichment Team:
LE Director: Rafael
LE Lead: Sam
LE Assistant: Mackenzie

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