

Independence Village of Pella

June 2026

IndependentLiving | Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Walmart; SIGN UP (SW) 1:00 Mexican Dominoes (GR) 2:00 Thai Chi for Begginers with Sam (ER) 3:00 Hymn Sing (AL DR)	2 9:00 All Around Fitness (ER) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 National Rocky Road Day: Ice Cream in the Cafe (C) 6:00 Pot-Luck (FR)	3 9:00 All Around Fitness (ER) 10:00 Dance Movement Class with Sandy (GR) 10:30 AL Council Meeting (T) 1:30 BINGO (AL DR) 2:00 Bible Study w/ Al Bandstra (GR) 2:30 Bingo Store (AL DR)	4 9:00 All Around Fitness (ER) 10:00 IL Council Meeting (C) 11:00 Shopping at Jordan Creek Mall (Sign-up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	5 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 3:00 Resident Social Hour (GR)	6 10:00 Coffee Social (C) 1:30 Matinee Movie: Remarkably Bright Creatures (2026) Starring Sally Field and Lewis Pullman (T)
7 2:30 Church Service & Communion with Chuck Metcalfe (AL DR) 3:00 Coffee Social (C)	8 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Walmart; SIGN UP (SW) 1:00 Mexican Dominoes (GR) 2:00 Thai Chi for Begginers with Sam (ER) 3:00 Hymn Sing (AL DR)	9 9:00 All Around Fitness (ER) 10:00 Table Talk with Chef Chris (C) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Caitlyn's Animal Facts Series: All About Penguins (C)	10 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 1:30 BINGO (AL DR) 2:00 Bible Study w/ Al Bandstra (GR) 3:00 Sunflower Canvas Painting (FR)	11 9:00 All Around Fitness (ER) 10:00 Fareway (Sign-up) 10:00 Music by Tom Hofer (IL DR) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	12 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 1:00 Grief Support Group with Chris Allen (FR) 3:00 Resident Social Hour (C)	13 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: Pretty Woman (1990) Starring Julia Roberts and Richard Gere (T)
14 2:30 Church Service: Bob Johnson (AL DR) 3:00 Coffee Social (C)	15 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Walmart; SIGN UP (SW) 1:00 Mexican Dominoes (GR) 2:00 Library Book Club (FR) 2:00 Thai Chi for Begginers (ER) 3:00 Hymn Sing (AL DR)	16 9:00 All Around Fitness (ER) 10:00 Alzheimer's & Brain Awareness Month Presentation with Rafael (C) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 From the Kitchen with Chef Cooking Demo (C)	17 9:00 All Around Fitness (ER) 10:00 Dance Movement Class with Sandy (GR) 1:30 BINGO (AL DR) 2:00 Bible Study w/ Al Bandstra (GR) 3:00 National Rootbeer Day: Rootbeer Floats (C)	18 9:00 All Around Fitness (ER) 10:00 HyVee (Sign-up) 10:00 1,000 Step Thursday with Debbie (Meet in Cafe) 11:00 Lunch Outing (sign-up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	19 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 3:00 Father's Day Social Hour (C)	20 10:00 Coffee Social (C) 1:30 Matinee Movie: The Proposal (2009) Starring Sandra Bullock and Ryan Reynolds (T)
21 2:30 Church Service: Doug Harris (AL DR) 3:00 Coffee Social (C)	22 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Walmart; SIGN UP (SW) 2:00 Thai Chi for Begginers with Sam (ER) 3:00 Hymn Sing (AL DR)	23 9:00 All Around Fitness (ER) 10:00 Table Talk with Life Enrichment (GR) 1:00 Des Moines Botanical Gardens (Sign-up) 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER)	24 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 1:30 BINGO (AL DR) 2:00 Bible Study w/ Al Bandstra (GR) 2:30 Bingo Store (AL DR)	25 9:00 All Around Fitness (ER) 10:00 Fareway (Sign-Up) 10:00 1,000 Step Thursday with Debbie (Meet in Cafe) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	26 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement Class with Sandy (GR) 1:00 Train Dominoes (GR) 1:00 Grief Support Group with Chris Allen (FR) 3:00 Monthly Birthday Party and Resident Social Hour (GR)	27 10:00 Coffee Social (C) 10:30 Cardio Drumming (ER) 1:30 Matinee Movie: Tootsie (1982) Starring Dustin Hoffman and Jessica Lange (T)
28 2:30 Church Service: Nazarene Church (AL DR) 3:00 Coffee Social (C)	29 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Walmart; SIGN UP (SW) 1:00 Mexican Dominoes (GR) 2:00 Thai Chi for Begginers with Sam (ER) 3:00 Hymn Sing (AL DR)	30 9:00 All Around Fitness (ER) 11:00 Picnic at Lake Red Rock 1:00 Pool League (GR) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Music by Richie Lee				

Calendar Key:
AL DR - AL Dining Room
IL DR - IL Dining Room
C - Cafe

CA - Common Area
ER - Exercise Room
FR - Family Room
GR - Game Room

TH - Theater
SW - Sign Up Window
P - Parking Lot

Life Enrichment Team:
LE Director: Rafael
LE Lead: Sam
LE Assistant:

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Independence Village SENIOR LIVING