

River Ridge Senior Living

INDEPENDENT LIVING CALENDAR

1:30 Worship and Hymns
with Ron
in Assisted Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings are contingent upon weather conditions and subject to cancellation for safety reasons.			1 10:00 Coffee & Chat	2 10:00 Coffee & Chat 10:30 Yoga with Jillian	3 10:00 Coffee & Chat 12:30 Independence Day Cookout	Independence Day 4 3:00 Patriotic Concert with Brother Day
	5 1:30 Worship Video and Patriotic Singalong in AL	6 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Bingo	7 10:00 Coffee & Chat 10:30 Yoga with Jillian	8 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Happy Hour Jeopardy & Trivia "Where in the World"	9 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:00 Faith Fellowship	10 10:00 Coffee & Chat 10:30 Morning Fitness 3:30 Be A Tourist In Your Own Town Outing
	12 1:30 Church Service in Assisted Living	13 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 3:00 Bingo	14 10:00 Coffee & Chat 10:30 Yoga with Jillian	15 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Community Forum with Ron and Audie	16 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:30 Meet with the Chef Culinary Showcase	17 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness
	19 1:30 LifeBridge Church Service in Assisted Living	20 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 3:00 Bingo	21 10:00 Coffee & Chat 10:30 Yoga with Jillian	22 10:00 Coffee & Chat 10:30 Farmer's Market 3:00 Happy Hour with Games	23 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:00 Faith Fellowship	24 10:00 Coffee & Chat 10:30 Morning Fitness
	26 1:30 Video Church Service in AL	27 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 3:00 Bingo	28 10:00 Coffee & Chat 10:30 Yoga with Jillian	29 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Happy Hour Jeopardy & Trivia "Who in the World"	30 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:00 Faith Fellowship	31 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 12:30 Hawaiian Summer Luau Cookout 2:00 Tiki Bar

Additional Activities can be seen on the Assisted Living Calendar

Watch our communication board & Digital Sign for updates and reminders.

Calendars, Newsletters, Fliers and Sign-up sheets are on the communication Table

Lunch is served at 12:30 pm

