

# Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care

# July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:15 Sit and Stretch 11:00 Auto Cart Washing with Friends 3:15 Music with Wendy 6:30 Concert In The Park Outing	<b>2</b> 10:30 Men's Group: Bourbon Bro's 12:00 Independence Day Family Lunch 2:00 Games 3:30 Exercise 5:45 Fireworks Show	<b>3</b> 8:00 Eat Your Bean Breakfast Burrito's Day 12:45 Find Your Compliment In Your Mirror 1:15 Bingo 5:45 Making Affogato Espresso Ice Cream	<b>4</b> 10:30 Try To Cool Off Cold Coffee Cart 1:15 Amazing Race Outdoor Walk 2:00 Happy Hour: Boozy Ice Cream 5:45 Chicken Soup Story
<b>Marci's Birthday</b> <b>5</b> <b>Maria L's Birthday</b> 10:30 Bikini Beach Body Ready 11:15 Rise and Shine Exercise Group 2:30 Church Group Singing and Chat (MD) 5:45 One on One Chats	<b>6</b> 12:00 Colonel vs Kitchen Challenge Lunch 1:15 Bingo 2:00 Games 3:30 Exercise 5:45 Warming Words and Cold Drinks	<b>7</b> 10:00 Catholic Service 10:45 Bible Study with Dean 12:00 Shark Attack Snack Shack Lunch 3:00 Briggs Library 5:30 Meditation Exercise and Calm Sounds	<b>8</b> 10:30 Haden's Safety Seminar 11:00 Piano Music with Doug 1:00 Manicures 3:15 Simple Stretches 6:00 Happy Hour: Booz-Pop	<b>9</b> 10:30 Spud-Tacular Science 1:00 Resident Activity Meeting 2:00 Games 3:30 Exercise 5:45 Amazing Race Chat and Ideas	<b>10</b> 10:30 Pina Colada's and Patio Party 11:30 Meditation 12:00 Battle of the Fries 1:15 Bingo with Evelyn 3:15 Music with Marty 5:45 Mom Talk	<b>11</b> 10:30 Morning Mojito's Garden Party 1:00 Men's Group: Euchre Games 2:45 Balloon Badminton 5:45 Euchre Games
<b>Mary S's Birthday</b> <b>12</b> 10:30 Church Service and Songs 1:00 Cool As A Cold One Meditation 2:00 Jell-o Out and Jam It Out Time 5:45 Amazing Race Chat	<b>13</b> 10:30 Erika and Lacey Dog Therapy 1:15 Bingo 2:00 Games 3:30 Exercise 5:45 Oil and Massage Allergy Relief	<b>14</b> 10:00 Catholic Service and Rosary 1:00 Amazing Race Lead Ups and Teams 3:00 Zumba with Margie 5:30 Affirmations	<b>15</b> 10:15 Pool Noodle Volley Ball 11:00 Music with Tess 1:15 Manicures 3:00 Bingo Store Give Away 6:00 Happy Hour: Boozy Dole Whip	<b>16</b> 10:30 Technology Time Ai Day 1:00 Cow Appreciation 2:00 Games 3:30 Exercise 5:45 Stress Management	<b>Danny's Birthday</b> <b>17</b> 10:30 Lottery Luck with Booze and Tattoo's 1:15 Lottery Bingo 3:00 Groovin' Grace Haven Zumba 5:45 Sip and Spill the Sleepy Time Tea Social	<b>18</b> 10:30 Exercise From the 50's and 60's 12:00 How Do You Eat Your Hot Dog Day? 1:00 Veteran's Chat 5:45 Relaxing Drinks and Hand Massages
<b>19</b> 10:30 Church Service and Songs 12:00 Ice Cream and Toppings Mobile Cart 3:30 Marching Exercise 5:45 Resident Lead Card Games	<b>20</b> 10:30 Jen and Frankie Dog Therapy 1:15 Moon Bingo 2:00 Games 3:30 Exercise 5:45 Popsicles on the Patio and Conversation	<b>21</b> 10:00 Catholic Service and Rosary 10:45 Dean's Bible Study 1:15 Axe Throwing and Exercise 3:00 Junk Food Mobile Cart 5:30 Amazing Race Chat	<b>22</b> 11:00 Piano Music with Doug 1:15 Golden Zumba Exercise 3:00 Lemon and Listen Mobile Cart 6:00 Happy Hour: Life Enrichment	<b>Marlaina's Birthday</b> <b>23</b> 10:30 Culinary Showcase with Chef Jenelle 11:15 Gorgeous Grandmas 2:00 Games 3:30 Exercise 5:45 Stress Less Ball Exercise	<b>Mary D's Birthday</b> <b>24</b> 10:30 Snow Much Christmas In July Party and Carol-oking 1:15 Bingo 3:00 Craft: Christmas In July 5:45 Happy Hour: Just the Tequila Talkin'	<b>25</b> 10:30 Don't Burst My Bubble Game 1:15 Suzanne Dog Therapy 2:15 Chair Synchronized Swimming 5:45 Essential Oils, and Hydration
<b>26</b> 10:30 Church Service and Songs 11:30 Coffee Milkshake Mobile Cart 1:15 Cardio Drumming 5:45 Piano and Peaceful Melody	<b>27</b> 10:30 SilverSneakers Outdoor Class 1:15 Scotch Bingo 2:00 Games 3:30 Exercise 5:45 Loving My Lips Care and Lipstick Shades	<b>28</b> 10:00 Catholic Service and Rosary 10:45 Bible Study with Dean 3:00 Zumba with Margie 5:30 Amazing Race Chat	<b>29</b> 10:30 Craft: Amazing Race Crafting 12:00 Nacho Bar Birthday Party Lunch 1:00 Resident Council 2:30 Walter Thelen Group 6:00 Happy Hour: Surprise	<b>30</b> 10:00 Daiquiri's and Food Committee Discussion 10:30 Erika and Lacey Dog Therapy 2:00 Games 3:30 Exercise 5:45 Tetris Game	<b>31</b> 8:00 Rockin' Raspberry Breakfast Bar 1:15 Bingo 2:30 Outdoor Garden and Watermelon Crawl 5:45 Amazing Race Chat and Ideas	<b>August 1</b> 10:30 Golden Zumba Exercise 1:00 Girlfriends Patio Party and Play Ball Happy Hour 2:00 WWW. Technology 5:45 Plinko Game

**Calendar Key:**

MD – Main Dining  
MC – Memory Care  
PD – Private Dining

CD – Cooking Room  
L – Lobby  
P - Patio  
O - Outside

B- Beauty Salon  
H- Hall

Breakfast:  
8:00am

Lunch:  
12:00pm

Dinner:  
5:00pm

