

Grace Haven Assisted Living and Memory Care

July 2026

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:15 Sit and Stretch 11:00 Auto Cart Washing with Friends 3:15 Set Up Music with Wendy 6:30 Concert In The Park Outing	2 10:30 Men's Group: Bourbon Bro's 12:00 Independence Day Family Lunch 2:00 Laundry 3:30 Exercise 5:45 Fireworks Show	3 8:00 Eat Your Bean Breakfast Burrito's Day 12:45 Find Your Compliment In Your Mirror 1:15 Bingo 5:45 Making Affogato Espresso Ice Cream	4 10:30 Try To Cool Off Cold Coffee Cart Pass Out 1:15 Amazing Race Outdoor Walk 2:00 Happy Hour: Boozy Ice Cream 5:45 Chicken Soup Story
5 Marci's Birthday Maria L's Birthday 10:30 Bikini Beach Body Ready Pictures 11:15 Rise and Shine Exercise Group 2:30 Church Group Singing and Chat (MD) 5:45 One on One Chats	6 12:00 Colonel vs Kitchen Challenge Lunch 1:15 Bingo 2:00 Sweeping 3:30 Exercise 5:45 Warming Words and Cold Drinks	7 10:00 Catholic Service 10:45 Bible Study with Dean 12:00 Shark Attack Snack Shack Lunch 3:00 Briggs Library Pick Up 5:30 Meditation Exercise and Calm Sounds	8 10:30 Haden's Safety Seminar 11:00 Piano Music with Doug 1:00 Manicures and Vaccum 3:15 Simple Stretches 6:00 Happy Hour: Booz-Pop	9 10:30 Spud-Tacular Science 1:00 Resident Activity Meeting 2:00 Mopping 3:30 Exercise 5:45 Amazing Race Chat and Ideas	10 10:30 Pina Colada's and Patio Party 11:30 Lunch Set Up 12:00 Battle of the Fries 1:15 Bingo with Evelyn 4:15 Music with Marty 5:45 Mom Talk	11 10:30 Morning Mojito's Garden Party 1:00 Men's Group: Euchre Games 2:45 Balloon Badminton Clean Up 5:45 Euchre Games
12 Mary S's Birthday 10:30 Church Service and Songs 1:00 Cool As A Cold One Meditation 2:00 Jell-o Out and Jam It Out Time Pass Out 5:45 Amazing Race Chat	13 10:30 Erika and Lacey Dog Therapy 1:15 Bingo 2:00 Dishes 3:30 Exercise 5:45 Oil and Massage Allergy Relief	14 10:00 Catholic Service and Rosary 1:00 Amazing Race Lead Ups and Teams 3:00 Set Up and Zumba with Margie 5:30 Affirmations	15 10:15 Pool Noodle Volley Ball 11:00 Music with Tess 1:15 Manicures and Vaccum 3:00 Bingo Store Give Away 6:00 Happy Hour: Boozy Dole Whip	16 10:30 Technology Time Ai Day 1:00 Cow Appreciation 2:00 Laundry 3:30 Exercise 5:45 Stress Management	17 Danny's Birthday 10:30 Lottery Luck with Booze and Tattoo's 2:15 Lottery Bingo Pick Up 3:00 Groovin' Grace Haven Zumba 5:45 Sip and Spill the Sleepy Time Tea Social	18 10:30 Exercise From the 50's and 60's 12:00 How Do You Eat Your Hot Dog Day? 1:00 Veteran's Chat 5:45 Relaxing Drinks and Hand Massages
19 10:30 Church Service and Songs 12:00 Ice Cream and Toppings Mobile Cart 3:30 Marching Exercise 5:45 Bed Time Relaxation and Clean Up	20 10:30 Jen and Frankie Dog Therapy 1:15 Moon Bingo 2:00 Closet Clean Up 3:30 Exercise 5:45 Popsicles on the Patio and Conversation	21 10:00 Catholic Service and Rosary 10:45 Dean's Bible Study 1:15 Axe Throwing and Exercise Tear Down 3:00 Junk Food Mobile Cart 5:30 Amazing Race Chat	22 11:00 Piano Music with Doug 1:15 Golden Zumba Exercise 3:00 Lemon and Listen Mobile Cart Pass Out 6:00 Happy Hour: Life Enrichment	23 Marlaina's Birthday 10:30 Culinary Showcase with Chef Jenelle 11:15 Gorgeous Grandmas 2:00 Dishes 3:30 Exercise 5:45 Stress Less Ball Exercise	24 Mary D's Birthday 10:30 Snow Much Christmas In July Party and Carol-oking 2:15 Bingo Pick Up 3:00 Craft: Christmas In July 5:45 Happy Hour: Just the Tequila Talkin'	25 10:30 Don't Burst My Bubble Game 1:15 Suzanne Dog Therapy 2:15 Chair Synchronized Swimming Set Up 5:45 Essential Oils, and Hydration
26 10:30 Church Service and Songs 11:30 Coffee Milkshake Mobile Cart Pass Out 1:15 Cardio Drumming 5:45 Piano and Peaceful Melody	27 10:30 SilverSneakers Outdoor Class 1:15 Scotch Bingo 2:00 Kitchen Clean Up 3:30 Exercise 5:45 Loving My Lips Care and Lipstick Shades	28 10:00 Catholic Service and Rosary 10:45 Bible Study with Dean 3:00 Set Up and Zumba with Margie 5:30 Amazing Race Chat	29 10:30 Craft: Amazing Race Crafting and Clean Up 12:00 Nacho Bar Birthday Party Lunch 1:00 Resident Council 2:30 Walter Thelen Group 6:00 Happy Hour: Surprise	30 10:00 Daiquiri's and Food Committee Discussion 10:30 Erika and Lacey Dog Therapy 2:00 Closet Organize 3:30 Exercise 5:45 Tetris Game	31 8:00 Rockin' Raspberry Breakfast Bar 2:15 Bingo Pick Up 2:30 Outdoor Garden and Watermelon Crawl 5:45 Amazing Race Chat and Ideas	August 1 10:30 Golden Zumba Exercise 1:00 Girlfriends Patio Party and Play Ball Happy Hour 2:00 WWW. Technology 5:45 Plinko Game

Calendar Key:

- MD – Main Dining
- MC – Memory Care
- PD – Private Dining

CD – Cooking Room

- L – Lobby
- P - Patio
- O - Outside

B- Beauty Salon

H- Hall

Breakfast:
8:00am

Lunch:
12:00pm

Dinner:
5:00pm

