

Crestwood Village

Assisted Living

July 2026 AL

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 -Move and Groove 11:00 - US History of Freedom and Hope 3:00 - Wine Wednesday - Man/Myth/Legend (Jeopardy Series)	Independence Day Celebration 2 10:30 Stars/Stripes/Stretches 12:00 - Grill and Chill Independence Party! 3:00 - Patti Presents: 1776 the Musical	3 10:30 - Sit, Sweat, Smile 11:00 - Amazing Race Itinerary REVEAL! 3:00 - Movie Friday: A League of their Own (Tom Hanks & Geena Davis	4 10:30 - Sit and Be Fit 11:00 - Bible Study with Betty 2:00 - Patio Pals
5 10:30 - Church Service 11:00 - Chair Yoga 2:00 - Flower Crowns (Tahiti)	Island Vibes 6 10:30 - Island Music Stretching 11:00 - Touring Tahiti 3:00 - Tropical Frames Craft 6:00 - Resident Lead Games	Outdoor Gospel Music 7 10:15 - Bocce Ball 11:00- Brian Eldred Gospel Music 3:00 - Hand SPA Cart (Mobile Cart)	8 10:30 -Move and Groove 11:00 - Wellness Wednesday with Hope 2:00 - Wine Wednesday and New Resident Welcome Party (Sillouette Safari ART with Heather)	Staff Meeting 9 9:00 - Staff Meeting 10:30 - Cassandra Crush It Work Out 3:00 - Staff Meeting 3:00 - Dining Room BINGO 6:00 - Resident Lead Games	Shark Week Splash Bash 10 10:30 - Shake Shake and Wake Up Workout 11:00 - Shark Tales & Trivia 2:00 - Shark Bites (Mobile Cart) 3:00 - Movie Friday - Finding Nemo	BlueBerry Muffin Day 11 Blueberry Muffin Bar Cart (available with Breakfast) 10:30 - Bocce Ball 11:00 - Atrium Social 2:00 - Category Wheel Game
12 10:30 - Church Service 11:00 - Kenya Kraft (Culture Wear) 2:00 - Seated Cardio	Outing to China Wall Buffet 13 10:30- Balance Clinic 10:30 - Bus Pick up to China Wall Buffet 11:00 - Patio Fruit Bowling 2:30 - Treasured Memories 6:00 - Resident Lead Games	Human Foosball 14 10:15 - Bocce Ball 11:00 - Animal Education with Susan (Panda PlayTime!) 2:00 - Human Foosball with Autumn	Outdoor Concert 15 10:30 - Morning Yoga 11:00 - John G Name that Tune 1:30 - TEST your Tastebuds Challenge with Rebecca 3:00 - Music with Mark and Wine (MCA	Concert Outing (Dueling Pianos) 16 10:30 - Sit and Be Fit 11:00 - Chinese Fan Decorating 4:45 PM-Bus Pickup to Island Park Concert	100 % Celebration 17 10:30 - Seated Yoga 11:00 - Resident Council 2:00 - 100% Celebration 6:00 - Resident Lead Games	18 10:30 - Breathe and Believe Yoga 11:00- Betty’s Bible Study 2:00 - Time Travelers Club
Live Gospel Music 19 10:30 - Live Gospel Music with Kevin B. 11:00 - Patio Tunes 2:00 - Walking Club OR Patio Pals	20 10:30 - Music and Movement 11:00 - Garden Club 2:00 - Balloon Volleyball	Country Livin’ 21 10:15- Bocce Ball 11:00 - Barbara Miller Gospel Reading and Hymns 2:00 - Special Guest: Ron Coman- Country Concert	Cabernet BINGO 22 10:30- Peaceful Morning Stretches 11:00 - John G. Puppy 12:00 - Lunch off the Girl (Kabob Stations) 2:00 - Chef Ryan- Food Meeting-Followed by “Who wants to be a Millionaire”	July Moon Day 23 10:30 - Indoor Moon Gazing 11:00 - Baking Club: Moon Fruit Crescents 3:00 - Live music with Kevin Bendele 4:00 - Seated Stretches	24 10:30 - Sweat and Smile! 11:00 - Venecian Mask Creation 3:00 - Movie Friday - The Intern 6:00 - Resident Lead Games	25 10:30 - Seated Yoga 11:00 - Who wants to Be a Millionaire 2:00 - Cornhole
26 10:30 - Church Service 11:00 - Music and Movement 2:00 - Garden Club	Passport Preperation 27 10:30 - Personalize Your Passport (Mobile Cart) 2:00- Nature Yoga with Meagan 6:00 - Resident Lead Games	Feeling Lucky? 28 10:30 -Move and Groove 11:00 - Black Jack (come test your luck!) 1:30 - Robbies Bible Study 3:00 - Brews and Dudes (Men Club)	29 10:30- Peaceful Morning Stretches 11:00 - Amazing Baker Show 3:00 p.m. - Cabernet BINGO	30 10:30 - Chair Yoga 11:00 - Amazing Race Showing 2:00 - Mandala Window Art 6:00 - Resident Lead Games	31 10:30- Free Art (Multi-media creations) 11:00- Hunting Club 2:00 - Nature Yoga with Meagan 3:00 - Movie Friday - Back to the Future (Celebrating all July Birthdays!)	30

Calender Key:
MC – Memory Care
D – Dining Hall
C - Community Room

MCA - Memory Care
Atrium
FP - Front Patio
L - Lobby

Soc - By the Fireplace

