

Independence Village of Madison Heights

Independent Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Exercise with Kim (FC) 11:15 Month in Review (CP) 1:30 Ice Cream & Games (P) 3:00 Barbara Stanwyck Bio (MR) 6:00 Pinochle Club (L)	2 10:30 Drum Fit w/ Sonika (FC) 11:30 Tech Talk (AS)* 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	3 9:30 Cappuccinos CP) 10:30 Yoga with Joyce (FC) 11:45 Lunch at the Park (FL)* 2:00 4 th of July Happy Hour (CP) 3:00 Rummkub (L) 6:00 Poker Club (L)	4 11:00 4 th of July BBQ (DP) 1:30 Right Left Center! (AS) 2:30 America's Monuments (MR) 3:00 Wii Bowling with Rod (L) 7:00 "Eleanor the Great" (MR)
5 11:00 Communion Services with Deacon Marv (MR) 1:00 Shelter Project (AS) 2:00 Quarter Bingo!(CP) 7:00 "Virgin River" (MR)	6 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/ Sonika (FC) 11:45 Shopping at Walmart (FL)* 12:00 Fiber Art w/Friends (AS) 1:30 Walk to Dairy Queen (FL) 6:00 Pinochle Club (L)	7 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 2:00 Phil D. Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)	8 9:30 Breakfast with Madison Heights First Responders (GLR) 10:30 Exercise w/Kim (FC) 1:30 Town Hall w/Phil (GLR) 2:30 DIA Live Presentation "In the Garden" (MR) 6:00 Pinochle Club (L)	9 10:30 Drum Fit w/Sonika (FC) 11:30 Tech Talk (AS)* 1:00 Life Safety Talk (CP) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	10 9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:00 Ford House and Garden Tour and Lunch (FL)* 2:00 Floats & Facts Happy Hour (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)	11 10:00 Pet Photo Display (FL) 1:30 Right Left Center! (AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 "Song Sung Blue" (MR)
12 11:00 Communion Services with Deacon Marv (MR) 1:00 Shelter Project (AS) 2:00 Quarter Bingo (CP) 7:00 "Virgin River"(MR)	13 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos w/Josh & Dale (CP) 10:30 Exercise w/ Sonika (FC) 11:45 Shopping at Kroger (FL)* 12:00 Fiber Art w/Friends (AS) 3:00 Board Games (G) 6:00 Pinochle Club (L)	14 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:30 Chef's Showcase (GLR) 1:00 Crafty Tuesday (AS)* 2:30 Speed Friending (CP) 3:00 Mexican Train (AS) 6:00 Poker (L)	15 10:30 Exercise w/Kim (FC) 2:00 Green Thumbs Gang (AS) 3:00 Guaranteed Hearing (A)* 6:00 Pinochle Club (L) 6:30 Summer Concert #2 with Aaron Caruso (DP)	16 10:30 Drum Fit w/Sonika (FC) 11:30 Tech Talk (AS)* 1:00 Water Wars (DP) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	17 9:30 Cappuccinos (CP) 10:00 Trip to the DIA (FL)* 10:30 Yoga with Joyce (FC) 2:00 Sippin Summer Happy Hour (P) 3:00 Rummikub (L) 6:00 Poker Club (L)	18 1:00 Trip to Erma's Custard (FL) 1:30 Right Left Center!(AS) 2:30 Mexican Train (AS) 3:00 Wii Bowling with Rod (L) 7:00 "Identity Theft" (MR)
19 11:00 Communion Services with Deacon Marv (MR) 1:00 Shelter Project (AS) 2:00 Quarter Bingo (CP) 7:00 "Virgin River" (MR)	20 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos w/ Rochelle (CP) 10:30 Exercise w/ Sonika (FC) 11:45 Shopping at Meijer (FL)* 12:00 Fiber Art w/Friends (AS) 3:00 Board Games (G) 6:00 Pinochle Club (L)	21 9:15 Massages (S)** 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:30 Midsummr BBQ Bash (DP) 2:00 Scott V. Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)	22 10:30 Exercise w/Kim (FC) 11:30 Travel Doc (MR) 1:30 Horse Race Game (P) 6:00 Pinochle Club (L)	23 10:30 Drum Fit w/Sonika (FC) 11:30 Tech Talk (AS)* 2:00 Catholic Mass or Prayer Service (MR) 3:00 Quarter Bingo (CP) 4:00 Jeopardy (CP) 6:00 Euchre (L)	24 9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 1:30 Christmas in July (MR) 3:00 Rummikub (L) 6:00 Poker Club (L)	25 11:00 Art For All Ages (AS)* 1:30 Right Left Center (AS) 2:00 Birthday & Welcome Party with Affinity 4 Music (GLR) 3:00 Wii Bowling with Rod (L) 7:00 "Ticket to Paradise" (MR)
26 11:00 Communion Services with Deacon Marv (MR) 1:30 Tech Video (MR) 1:00 Shelter Project (AS) 2:00 Therapy Dog Visit (FL) 2:00 Quarter Bingo (CP) 7:00 "Virgin River" (MR)	27 9:30 Quick Trips & Library (FL)* 9:30 Cappuccinos w/Angela (CP) 10:30 Exercise w/ Sonika (FC) 11:45 Shopping at Aldi (FL)* 12:00 Fiber Art w/Friends (AS) 2:00 Book Club (L) 6:00 Pinochle Club (L)	28 9:30 Blood Pressure Checks (AS) 10:30 Exercise w/Cindy (FC) 11:30 Chef's Demo (GLR) 1:00 Crafty Tuesday (AS)* 2:00 CommonLight Circle (MR) 3:00 Mexican Train (AS) 6:00 Poker (L)	29 10:30 Exercise w/Kim (FC) 11:00 Green Thumbs Gang (AS) 12:00 Veterans Lunch (GLR) 2:00 Ice Cream & Games (P) 6:00 Pinochle Club (L)	30 10:30 Drum Fit w/Sonika (FC) 11:30 Tech Talk (AS)* 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)	31 9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:45 Greektown Casino (FL)* 2:30 Heat Wave Happy Hour (P) 3:00 Rummikub (L) 6:00 Poker Club (L)	