StoryPoint Gahanna Central

Assisted Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
News Packets Delivered to Rooms Daily			**1** 9:00 Morning Stroll (RL) 11:00 Sit and Be Fit (B) 11:30 State Trivia (B) 2:00 Independence Day Words Within a Word (B) 3:00 Music with Mike (B) 6:00 Jigsaw Puzzles (RL)	**2** 9:00 Morning Stroll (RL) 10:30 Sit and Be Fit (B) 11:00 The Rosary (RL) 100s 1:00 New Albany Therapy Dogs 2:00 Courtyard Games (CT) 6:00 Jigsaw Puzzles (RL)	**3** 9:00 Morning Stroll (RL) 10:30 Exercise Class with Meghan from TCT (B) 2:00 Door to Door Snack Cart 3:00 Music Hour with Curtis (B) 6:00 Jigsaw Puzzles (RL)	**Independence Day** **4** 9:00 Morning Stroll (RL) 11:30 Cheers to 250 Years (B) 12:00 4th of July Cookout! 2:00 Bingo with Wyeth.(B) 3:00 Patriotic Music (B) 6:00 Jigsaw Puzzles (RL)
5 9:00 Catholic Eucharist (IR) 9:00 Morning Stroll (RL) 10:30 Exercise with Najma (B) 2;00 Sundaes on Sundays (B) 4:00 Hymns on Alexa (B) 6:00 Jigsaaw Puzzles (RL)	**Fried Chicken Day** **6** 9:00 Morning Stroll (RL) 10:00 Church with Pastor Scott (B) 11:00 Sit and Be Fit (B) 12;00 Fried Chicken Picnic (CT) 2:00 New Friend Meet and Greet July Birthday Celebrations (B) 6:00 Jigsaw Puzzles (RL)	**7/7 Day** **7** 9:00 Morning Stroll (RL) 11:00 Range of Motion Exercise (B) 11:30 Lucky Nymber Seven? (B) 2:00 Resident's Forum/ Menu Tasting (B) 3:00 7/7 Dice Game! (B) 6:00 Jigsaw Puxxles (RL)	**Freezer Pop Day** **8** 9:00 Morning Stroll (RL) 11:00 Sit and Be Fit (B) 11:30 Origins State's Names (B) 2:30 Columbus Library Visit (B) 3:30 Freezer Pop Mobile Cart 6:00 Jigsaw Puzzles (RL)	**9** 9:00 Morning Stroll (RL) 10:30 Corn Hole with Summit (B) 11:00 The Rosary (RL) 1:00 New Albany Therapy Dogs 2:00 Courtyard Games (CT) 6:00 Jigsaw Puzzles (RL)	**10** 9:00 Morning Stroll (RL) 10:30 Exercise Class with Meghan from TCT (B) 2:00 Door to Door Snack Cart 3:00 Music Hour with John (B) 6:00 Jigsaw Puzzles (RL)	**11** 9:00 Morning Stroll (RL) 10:30 Crafts and Companions (B) 2:00 Scrapbook Club-Designing(B) 3:00 Easy Listening Music (B) 6:00 Jigsaw Puzzles (RL)
12 9:00 Catholic Eucharist (IR) 9:00 Morning Stroll (RL) 10:30 Exercise with Najma (B) 2:00 Sundaes on Sunday (B) 4:00 Hymns on Alexa (B 6:00 Jigsaw Puzzles (RL)	**13** 9:00 Morning Stroll (RL) 10:00 Church with Pastor Scott (B) 11:00 Sit and Be Fit (B) 1:30 Trip to Blendon Woods (OS) 3:00 Music Trivia (B) 6:00 Jigsaw Puzzles (RL)	**Beach Bash BBQ** **14** 9:00 Morning Stroll (RL) 11:00 Range of Motion Exercise (B) 12:00 Beach Bash BBQ (CT) 2:00 Making Ice Cream w/Annie(B) 3:00 Summer Time Bingo (B) 6:00 Jigsaw Puzzles (RL)	**15** 9:00 Morning Stroll (RL) 11:00 Sit and Be Fit (B) 11:30 Can You Name The City (B) 1:00 Bingo w/ARC Industries (B) 3:00 July Hangman (B) 6:00 Jigsaw Puzzles (RL)	**Hula-Hoop Day** **16** 9:00 Morning Stroll (RL) 10:30 Sit and Be Fit (B) 11:00 The Rosary (RL) 100s 1:00 New Albany Therapy Dogs 2:00 Hula Hoop Competition (CT) 6:00 Jigsaw Puzzles (RL)	**17** 9:00 Morning Stroll (RL) 10:30 Exercise Class with Meghan from TCT (B) 2:00 Door to Door Snack Cart 3:00 Music Hour with Alexa (B) 6:00 Jigsaw Puzzles (RL)	**18** 9:00 Morning Stroll (RL) 10:30 Moring Stretch 11:00 ABC Game (B) 2:00 Bingo with Wyeth (B) 3:00 Scrap Book Club-Finshing(B) 6:00 Jigsaw Puzzles (RL)
19 9:00 Catholic Eucharist (IR) 9:00 Morning Stroll (RL) 10:30 Exercise with Najma (B)) 2:00 Sundaes on Sunday (B) 4:00 Hymns on Alexa 6:00 Jigsaw Puzzles (RL)	**20** 9:00 Morning Stroll (RL) 10:00 Church with Pastor Scott (B) 11:00 Sit and Be Fit (B) 11:30 Lunch Outing (OS) 3:00 Music and Trivia (B) 6:00 Jigsaw Puzzles (RL)	**21** 9:00 Morning Stroll (RL) 11:00 Range of Motion Exercise (B) 11:30 Tuesday Trivia(B) 2:00 Resident's Council (B) 3:00 Let's Go Out In Nature (CT) 6:00 Jigsaw Puzzles (RL)	**22** 9:00 Morning Stroll (RL) 11:00 Sit and Be Fit (B) 11:30 Guess the Significant Other 2:00 Activity Planning Meeting (B) 3:00 Music w/Mike Memory Care 6:00 Jigsaw Puzzles (RL)	**23** 9:00 Morning Stroll (RL) 10:30 Sit and Be Fit (B) 11:00 The Rosary (RL) 100s 1:00 New Albany Therapy Dogs 2:00 Courtyard Games (CT) 6:00 Jigsaw Puzzles (RL)	**24** 9:00 Morning Stroll (RL) 10:30 Exercise Class with Meghan from TCT 2:00 Door to Door Snack Cart 3:00 Music Hour w/Innervision (B) 6:00 Jigsaw Puzzles (RL)	**Christmas in July** **25** 9:00 Morning Stroll (RL) 10:30 Crafts and Companions (B) 2:00 Christmas Bingo (B) 3:00 Gift Exchange (B) 3:30 Carols and Cookies (B) 6:00 Jigsaw Puzzles (RL)
26 9:00 Catholic Eucharist (IR) 9:00 Morning Stroll (RL) 10:30 Exercise with Najma (B) 2:00 Sundaes on Sunday (B) 4:00 Hymns on Alexa 6:00 Jigsaw Puzzles (RL)	**27** 9:00 Morning Stroll (RL) 10:00 Church with Pastor Scott (B) 11:00 Lotts of Tales with Teri Lott (B) 1:00 Bingo w/The Alternative Center 3:00 Music Trivia (B) 6:00 Jigsaw Puzzles (RL)	**28** 9:00 Morning Stroll (RL) 11:00 Range of Motion Exercise (B) 11:30 What is She Famous For?(B) 2:00 Ladies Club 3:00 It's Uno Time! 6:00 Jigsaw Puzzles (RL)	**29** 9:00 Morning Stroll (RL) 11:00 Sit and Be Fit (B) 11:30 Dog Trivia Challenge (B) 2:00 Making Dog Toys (B) 3:00 Yahtzee! (B) 6:00 Jigsaw Puzzles (RL)	**30** 9:00 Morning Stroll (RL) 10:30 Sit and Be Fit (B) 11:00 The Rosary (RL) 100s 1:00 New Albany Therapy Dogs 2:00 Courtyard Games (CT) 6:00 Jigsaw Puzzles (RL)	**31** 9:00 Morning Stroll (RL) 10:30 Exercise Class with Meghan from TCT 2:00 Door to Door Snack Cart 3:00 Music Hour with Alexa (B) 6:00 Jigsaw Puzzles (RL)	

Calender Key:
B- Bistro
CT- Courtyard
FL- Front Lobby

IR – Individual Room
OS – Off Site
100 – 100's Front Room
400 – 400's Front Room

MC - Memory Care
RL – Resident Lead
LEA – Lead by LEA

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StoryPoint Senior Living