

Ludington Woods

Assisted Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Patriot Bingo (DR) 1:00 - 2:30 America's 250 th Birthday Celebration! (Parking Lot) 3:30 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	2 Ntl. Ice Cream Day 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (L) 2:00 National Ice Cream Day- Mobile Cart (DR) 3:00 Pet Therapyw/ Griffin 3:00 Music & Movement (MC)	3 Activity Cart (L) 6:00 Word Search (L)	4 4th of July Activity Cart (L) 6:00 Saturday Cinema (L)
5 1:15 Scottville Fellowship (MC) 6:00 Adult Coloring (L)	6 10:00 Music w/ Ron & John (MC) 1:00 Calendar Planning (MC) 2:00 Cookies, Coffee & Conversation -Advisa Care (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	7 Nlt. Rock & Roll 11:30 Outing: The 10 Spot 2:00 Rocking Through The Decades (MC) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	8 10:15 Bingo (DR) 1:30 Culinary Showcase (DR) 3:00 Fun w/ Fitness (MC) 3:30 Resident Council (L) 6:00 Puzzle Pals (L)	9 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Dot Art (L) 3:00 Music & Movement (MC) Happy Birthday, Judy!	10 10:00 Veterans Coffee & Chat (MC) 1:00 Card Making Workshop w/ Tammy (MC) 2:00 Bingo w/ Kathy (DR) 6:00 Word Search (L)	11 10:00 Horseshoes (MC) 1:30 Scrapbooking (DR) 6:00 Saturday Cinema (L)
12 11:00 Baking Bunch (DR) 1:00 Prayer & Praise Assembly of God Church (MC) 2:00 Pamper & Polish (DR) 6:00 Adult Coloring (L)	13 11:00 Make it Monday (L) 2:00 Cookies, Coffee & Conversation - Mason County Community Seed Library (DR) 3:00 Seated Ball Exercise (MC) 7:00 West Shore Civic Band (CTYD)	14 World Chocolate Day 9:15 Outing: White Pine Village 1:30 Culinary Menu Tasting (DR) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	15 9:15 Walking & Talk 10:15 Bingo (DR) 1:30 Summer Beach Party (CTYD) 3:00 Best Paws Forward 6:00 Puzzle Pals (L)	16 10:30 Cornerstone Church Sing Along (MC) 1:00 Mike's Game Time (DR) 2:30 Music w/ Charlie & Sue (MC) 3:00 Prt Therapy w/ Griffen 3:30 Music & Movement (MC)	17 10:00 HarborFit Studio Workout (MC) 1:00 Poker Slide Game (L) 2:00 Tech Time (L) 3:00 Resistance Bands Exercise (MC) 6:00 Word Search (L)	18 Activity Cart (L) 10:30 Shaw Family Sing along (MC) 6:00 Saturday Cinema (L)
19 1:00 Hymns with Charlie (MC) 6:00 Adult Coloring (L)	20 10:00 Hymns w/ Adrian (MC) 2:00 Cookies, Coffee & Conversation - Heartland Services (DR) 3:00 Seated Ball Exercises 6:00 Bingo (DR)	21 9:00 Walking Group 10:00 Trinity Church Bible Study (MC) 1:00 Outing: St. Simon's Bargain Center 3:00 Cardio Drumming (MC) 6:00 UNO (L)	22 9:15 Walk & Talk 10:00 Bingo (DR) 1:30 Red Hat Society (DR) 3:30 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	23 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Show & Share Social (DR) 3:00 Music & Movement (MC)	24 10:00 Creative Hands (L) 2:00 Bingo w/ Kathy (DR) 6:00 Word Search (L) Happy Birthday, Joyce!	25 Ntl. Hot Fudge Sundaes 10:00 Horseshoes (MC) 1:30 Hot Fudge Sundae (DR) 6:00 Saturday Cinema (L)
26 11:00 Baking Bunch (DR) 3:00 Victory Trinity Lutheran Church (MC) 2:00 Pamper & Polish (DR) 6:00 Adult Coloring (L)	27 11:00 Make it Monday (L) 2:00 Cookies, Coffee & Conversations 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	28 9:30 Outing: P M Conservation Park Fishing 1:30 Watermelon Seed Spitting Contest! (CTYD) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	29 July Birthday Party 9:15 Walking & Talk 10:15 Bingo (DR) 1:30 Birthday Party (DR) 3:00 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	30 11:00 Our Daily Bread (L) 1:00 Mike's Game Time (DR) 2:00 Welcome New Resident (DR) 3:00 Pet Therapy w/ Griffen 3:00 Music & Movement (MC)	31 11:00 Men's Group (L) 6:00 Word Search (L)	

Creativity cart is available in the Library.

Catholic Communion every Thursday at 10:00 (L)

Calendar Key:
DR- Dining Room
L- Library
MC- Memory Care

CTYD - Courtyard

Public Welcome!
Veterans Coffee & Chat
July 10th
10:00 a.m. - 11:00 a.m.

Happy Birthday!
Judy P. - July 9th
Joyce - July 24th

Ludington Woods
BY STORYPOINT GROUP