

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Waffle Wednesday 1 10:30 Tai Chi w/Jayni-(C) 1:30 Rummikub-(AL 2nd fl) 1:30 Get to know your neighbor game 3:30 Red White & Blue Happy Hour w/Elmo and Lester-(L).	9:30 Sit and Be Fit-(C) 2 10:00 Outing to Kroger 1:30 Activity Chat-(C) 2:30 Patriotic Sing a long 3:00 Outing to movie: Young George Washington 3:30 Social Hour-(L)	10:00 Sit and Be Fit-(C) 3 10:30 Water Tai Chi-(P) Noon 4 th of July picnic 1:30 Cornhole -(L) 2:30 4 th of July Bingo -(L) 3:30 Happy Hour w/Beverly Brothers-(L).	Independence Day 4 9:45 Daily Perk Pickup-(L) 10:30 Knitting Club-(AR) 10:30 Sit and Be Fit-(C) 1:30 Movie Matinee: Independence Day 3:30 Social Hour
5 9:30 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 3:30 Puzzle Group-(GR)	6 10:30 Tai Chi w/Jayni-(C) 1:30 Bracelet Craft-(AR) 2:30 Amazing Race-(L) 3:30 Social hour w/Music w/The Johnston's-(L)* 6:15 Movie: The American President-(C)	7 9:30 Sit and Be Fit-(C) 10:00 Outing to Marshalls 12:30 Invisible Patriots:Women and the American Revolution speaker-(C) 2:30 BINGO-(L) 3:30 Social hour w/Karaoke -(L)	8 10:30 Tai Chi w/Jayni-(C) 11:30 Scattegories-(L) 1:30 Resident Forum-(C)* 3:30 Happy Hour w/Music from Rob Haynes-(L)* 6:00p Evening Bingo w/First Light Home Care	9 9:30 Sit and Be Fit-(C) 10:30 Water Aerobics-(P) 1:30 Golden Memories game-(C) 3:30 Social Hour w/Trivia-(L) 6:15 Movie: Top Gun Maverick (C)	10 9:30 Sit and Be Fit 10:30 Water Tai Chi-(P) 1:30 Words are Hard game -(L) 3:30 Roaring 20's Happy Hour Piano w/ Tim-(L)* 6:00 Table Games-(GR)	11 9:45 Daily Perk Pickup-(L) 10:00 Sit & Fit-(C) 10:30 Knitting Club-(AR) 1:30 Matinee Movie: Captain America-(C) 2:30 Bingo w/Jalisa 3:30 Social Hour-(L)
12 9:30 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 1:00 3:30 Puzzle Group-(GR)	13 10:30 Tai Chi w/Jayni-(C) 1:30 Mexican Train Dominos-(L) 2:30 Amazing Race 3:30 Social Hour (L) 6:00 Cards & Table Games-(GR 3 rd floor)	14 9:30 Sit and Be Fit-(C) 10:00 Outing to Swanky's Taco shop 1:30 Hear My Story!-(C) 2:30 DOLLAR BINGO-(L) 3:30 Social Hour w/Karaoke -(L).	15 9:30 Sit and Be Fit-(C) 10:30 Tai Chi w/Jayni-(C) 1:30 Friendly Feud-(C) 3:30 Happy hour w/Gary Abbott-(L) 6:15 Movie: Michael (C)	16 9:30 Sit and Be Fit-(C) 10:00 Water Aerobics-(P) 11:00 Charades-(C) 1:30 Culinary Chat-(C)* 2:30 Outing to Freddy's 3:30 Social Hour w/Music w/Wyndie OH-(L)*	17 9:30 Sit and Be Fit-(C) 10:30 Water Tai Chi-(P) 1:30 Tapple game -(L) 3:30 Happy Hour music w/Over the Garage Band -(L) 6:00 Cards & Table Games-(GR 3 rd floor)	18 9:45 Daily Perk Pickup-(L) 10:00 Sit and Be Fit-(C) 10:30 Knitting Club-(AR) 2:30 All the President's Men 3:30 Social Hour-(L)
19 9:30 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 3:30 Puzzle Group-(GR)	20 10:30 Tai Chi w/Jayni-(C) 1:30 Rummikub-(A) 1:30 Book Club-(LB)* 2:30 Amazing Race-(L) 3:30 Social hour -(L) 6:00 Cards & Table Games-(GR 3rd floor)	21 9:30 Sit and Be Fit-(C) 10:30 Grab the Mic game-(L) 1:30 Hear My Story!-(C) 2:30 BINGO-(L) 3:30 Social hour w/trivia-(L)	22 9:30 Sit and Be Fit-(C) 10:00 Sweet Time w/Sylvia-(L) 1:30 Culinary Showcase-(C) 3:30 July Birthday's Happy Hour: w/Cheryl and Todd 6:15 Movie: Remarkably Bright Creatures (C)	23 9:30 Sit and Be Fit-(C) 10:00 Water Aerobics-(P) 1:30 Show and Share-(C) 2:30 Triopoly game of 3's-(C) 3:30 Social hour Music w/Driving Sideways-(L)*	24 9:30 Sit and Be Fit-(C) 10:30 Water Tai Chi-(P) 1:30 Bingo-(L) 2:30 Craft hour-(AR) 3:30 White Out Happy Hour w/music from Strings w/Donna-(L)*	25 9:45 Daily Perk Pickup-(L) 10:00 Morning Workout-(C) 10:30 Knitting Club-(AR) 2:30 Bingo w/Jalisa 3:30 Social Hour-(L)
26 9:30 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 3:30 Puzzle Group-(GR)	27 10:30 Tai Chi w/Jayni-(C) 1:30 Grilled Fruit kabobs 2:00 Painting w/Kim-(AR)* 3:30 Social hour w/ Ice Cream -(L) 6:00 Cards & Table Games-(GR 3rd floor)	28 9:30 Sit and Be Fit-(C) 10:00 Water Aerobics 11:00-Walking Club-(L) 1:30 Hear My Story!-(C) 2:30 BINGO-(L) 3:30 Social hour-(L)	29 10:30 Tai Chi w/Jayni-(C) 1:30 Rummikub-(A) 12:30 Golden Age of Television:Why were the 50's so Special? speaker-(C) 3:30 Happy Hour w Elmo and Lester-(L).	30 9:30 Sit and Be Fit-(C) 1:30 Activity Chat-(C) 3:30 Social Hour w/Spintopia-(L) 6:15 Movie-Saving Private Ryan(C)	31 9:30 Sit and Be Fit-(C) 10:30 Water Tai Chi-(P) 1:30 Blurt game -(L) 2:30 Words are Hard-(L) 3:30 Happy Hour-(L).	