

StoryPoint Cordova		July 2026				
Memory Care		Life Enrichment Monthly Calendar				
Activities are subject to change						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:45 The Perk 10:30 Sitting Aerobics 1:30 Ice Cream Bars party (C) 2:30 Spintopia(C) 5:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Patriotic Sing Fit(C) 1:30 Cornhole 2:30 4 th of July Trivia 6:00 Evening Wind Down w/ Wellness	9:45 Perk Puzzle 10:00 Morning Bingo 12:00 4 th of July Picnic 2:30 Movie and Popcorn(C) The Patriot 6:00 Evening Wind Down w/ Wellness	Independence Day 10:00 The Perk 10:30 Morning Movement 1:00 Hands in Motion 2:00 Puzzles & Music 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11:00 Puzzle Hour 3:30 Aroma therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Water Coloring 3:00 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Weights 10:30 Hymns with Lillian(C) 1:30 Words are hard 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Early morning warm up 11:00 Facials(C) 1:30 Hand Masages 5:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Patio Bubble Party 1:30 Menchie’s Outing 3:30 Hands in Motion 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Bingo 1:30 Teddy Bear Craft 2:30Movie and Popcorn(C) The Music Man 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 10:30 Saturday Warm-up 1:00 Short Stories 2:00 Puzzle & Music 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:00 Hand in Motion 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Butterfly Craft 3:00 Hand Jive excercise 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement w/weights 10:30 Bingo Fun 1:30 Bucket Ball 3:00 Afternoon Discussion 6:00 Evening Wind Down w/ Wellness	9:45 Take Teddy Bears to Children Advocacy 10:00 The Perk 10:30 Morning Movement 1:35 Golden Memories Game 3:00 Hand Massages 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Let’s Make Homemade Cherry Jam 3:30 Afternoon Stretching 6:00 Evening Wind Down w/ Wellness	9:00 Perk Pick Up 9:30 Early Morning Warm up 11:00 Friday Bingo 1:30 Name That Tune 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 10:30 Morning Movement 3:30 Cleaning Placemats 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 1:30 Ice Cream Social Sunday 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Mondays 1:15 Youtube Yoga 2:30 Hand Massages 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00Morning workout 10:30 Bingo 1:30 Tales 3:30 Soft Music & aroma therapy 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 10:30 Morning Movement 1:30 60 seconds Slam 2:30Afternoon Stretching 3:00 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 Perk Chat 10:00 Morning 60's Workout 1:30 Name that Tune 3:00 Afternoon massages 6:00 EveningWind Down w/ Wellness	9:45 Perk Puzzle 10:00 Morning Bingo 12:00 July Birthday Party 1:30 Virtual Traveling To Japan 2:30 Lets Get Wet Sensory 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Watercoloring 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:00 Short Stories 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Canvas Painting and Classical Music 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Seated Dodgeball 11:00 Walking Club 1:30 Patio and popsicles 3:30 Aroma Therapy 6:00 Evening Wind Down	10:00 The Perk 10:30 Morning Movement 11:00 Music with Joseph 2:30Afternoon Stretching 3:00 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Zinnea TV Trivia 1:30 Ball Conversations 2:30 Guess in 10 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:30 Pet Therapy 1:30 Penny Game 2:30 Afternoon Movie 6:00 Evening Wind Down w/ Wellness	
Connection Points Neighborhood	Life Enrichment Director: Janet Hall	Connection Points Director-TBD	Address: 1600 Appling Rd, Cordova, TN 38016			
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