

White Lake Assisted Living

Independent Living | Assisted Living

June 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 31 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30 pm Art Hour (CR)	1 10:30am Cardio Drum (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Connecting Memories with Nancy Buchanon (CR)	2 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Floral Door hang Craft (CR)	3 9:30am Communion Services (CR) 10:30am Chair Tai Chi (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Planting our Gardens (CR)	4 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle (CR) 1:30pm Praising Harmonica(CR) 4:00pm Movie Matinee (CR)	5 10:30am Chair Zumba(CR) 11:00am Coffee & Chronicle(CR) 2:00pm Outside Horse Shoes (P) 4:00pm Call the Midwife(CR)	6 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Bingo(CR)
7 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Art Hour (CR)	8 10:30am Cardio Drum (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Check on our Gardens(CR)	9 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Cupcake Liners in bloom craft (CR)	10 9:30am Communion Services (CR) 10:30am Chair Yoga (CR) 11:00am Coffee & Chronicle(CR) 2:00pm June Birthday's & New Resident welcome with Music by Ricky Lee (ILDR)	11 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle (CR) 1:30pm Bingo On The Rocks(CR) 4:00pm Movie Matinee (CR)	12 10:30am Chair Zumba(CR) 11:00am Coffee & Chronicle(CR) 2:00pm Lemonade on the Pergula (P) 4:00pm Call the Midwife(CR)	13 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Bingo(CR)
14 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm UNO(CR)	15 10:30am Cardio Drum (CR) 11:00am Coffee & Chronicle(CR) 2:00pm Fancy Fingers(CR)	16 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle(CR) 1:30pm angelfish installation craft (CR)	17 9:30am Communion Services (CR) 10:30am Chair Tai Chi(CR) 11:00am Coffee & Chronicle(CR) 1:30p Check on our Gardens 2:00 pm Kitchen Cabinet (CR)	18 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle (CR) 2:00pm Music By Steve Ripley CR) 4:00pm Movie Matinee (CR)	19 10:30am Chair Zumba(CR) 11:00am Coffee & Chronicle(CR) 12:00pm Father's Day Lunch(DR) 1:30pm Father's Day Market (CR) 4:00pm Call the Midwife(CR)	20 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Music by Bill (IL)
Father's Day 21 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Bingo (CR)	22 10:30am Cardio Drum (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Sweet Creations (CR)	23 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Liberty Bell windchime (CR)	24 9:30am Communion Services (CR) 10:30am Chair Yoga (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Check on our Gardens 2:00pm Culinary Showcase (CR)	25 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle (CR) 1:30pm Bingo On The Rocks(CR) 4:00pm Movie Matinee (CR)	26 10:30am Chair Zumba(CR) 11:00am Coffee & Chronicle(CR) 2:00pm Music and Memories (P) 4:00pm Call the Midwife(CR)	27 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Bingo(CR)
28 10:30am Stretch & Tone(DR) 11:00am Coffee & Chronicle(DR) 1:30pm Yahtzee (CR)	29 10:30am Cardio Drum (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Resident Council (CR)	30 10:30am Stretch & Tone (CR) 11:00am Coffee & Chronicle(CR) 1:30pm Pinecone Pineapple Craft (CR)				

Calendar Key:
 MC- Memory Care
 DR-Dining Room
 CR- Community Room
 CY – Courtyard
 FL – Front Lobby
 RTR- Room to Room
 IL- Independent Living

P-- Pergola
 Residents Birthdays
 #8 Arlene 16th
 #14 Howard 16th
 #35 Delores 20th

#45 Ruth 24th
 #32 Olive 27th
 #9 Ann 28th