

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			National Postal Worker Day 10:30 Cupid Shuffle Exercise [AL] 1:00 Craft: Patriotic Lantern 6:00 Wind Down: Hand Massages	 10:30 St. Aidan Catholic Church 10:45 Fitness w/ Jane [AL] 2:00 Pianist performance by Craig Riesen [FL] 6:00 Wind Down: Soothing Scents	 10:30 Walkers Club 2:00 Happy Hour: 4th of July Celebration w signature Mocktail “Bomb Pop Punch 6:00 Wind Down:Calming Sounds	 10:30 Morning Fitness 11:00 Daily Chronicle 2:00 4 th Of July Parade(AL) 4:00 Tigers Game Group Watch Party
 10:00 Daily Chronicle 2:00 Coffee Chat with concierge: Resident Choice 3:30 Tigers Game Group Watch Party	 10:00 Chair Zumba w/ Trish 2:00 Bingo [AL] 3:00 4:00 Table Setting 6:00 Wind Down: Hand Massages	 10:30 Fitness w/ Jane 1:00 Water Gun Painting 3:00 Courtyard Conversations 6:00 Wind Down: Life Time Movies	 10:00 Seated Yoga 11:00 Daily Chronicle 1:00 let’s Go Fishing 6:00 Wind Down:Hand Massages	 10:30 St. Aidan Catholic Church [AL] 10:45 Fitness w/ Jane [AL] 1:00 Bowling w/ Shelly 6:00 Wind Down: Soothing Scents	 10:30 Walkers Club 2:00 Happy Hour: Music Entertainment by Tim 6:00 Wind Down:Calming scents & sounds	 10:30 Morning Fitness 11:00 Daily Chronicle 1:00 Crafts: Sunflower w/ Tissue Paper 6:00
 10:30 Daily Chronicle 1:40 Tigers Game Group Watch Party Happy Birthday Geraldine M.	 10:00 Seated Cardio 2:00 Bingo [AL] 3:00 Sorting; Silverware 6:00 Wind Down: Hand Massages	 10:30 Fitness w/ Jane 1:00 Resident Council Meeting (AL) 2:00 Sorting: Colors 6:00 Wind Down: Life Time Movies	Salon Day 10:00 Seated Yoga 11:15 Daily Chronicle 1:00 Balloon Painting 6:00 Wind Down: Hand Massages	 10:30 St. Aidan Catholic Church [AL] 10:45 Fitness w/ Jane [AL] 1:30 Afternoon Movie; Resident Choice 6:00 Wind Down: Soothing Scents	 10:30 Walkers Club 2:00 Booze and Tattoo’s Happy Hour [AL] Entertainment by Yarsov 6:00 Wind Down:Calming Scents&sounds	 10:30 Morning Fitness 11:00 Daily Chronicle 2:00 Mobile Snack Cart 6:00 Puzzle Corner
National Ice Cream Day 10:30 Daily Chronicle 2:00 Banana Boat Ice Cream AL 3:00 Puzzle Corner 4:00 Tigers Game Group Watch Party	 10:00 Seated Cardio 1:30 Sorting; Socks 1:00 Dairy Queen[Outing] 2:00 Bingo [AL] 6:00 Wind Down: Hand Massages	 10:30 Fitness w/ Jane 1:00 Summer Pool Party 2:00 Let the Good times Roll: Virtual concert [AL] 6:00 Wind Down :Life Time Movies	Salon Day 10:00 Seated Yoga 11:15 Daily Chronicle 2:00 Slushies W/ Shelly 6:00 Wind Down:Hand Massages	 10:30 St. Aidan Catholic Church [AL] 10:45 Fitness w/ Jane [AL] 1:30 Lavendar & Lemonade with Kathy 6:00 Wind Down: Soothing Scents	 10:30 Walkers Club 2:00 Happy Hour: Luah 4:00 Table Setting 6:00 Wind Down:Calming scents&sounds	 10:30 Morning Fitness 11:00 Daily Chronicle 2:00 Adult Coloring
 10:30 Daily Chronicle 1:40 Tigers Game Group Watch Party	 10:00 Seated Cardio 2:00 Bingo [AL] 3:00 Craft;Pop Bottle Painting 6:00 Wind Down: Hand Massages	 10:30 Fitness w/ Jane 11:00 Daily Chronicle 2:00 Root beer Floats 6:00 Wind Down: Adult Coloring	Salon Day 10:30 Seated Zumba 1:00 Balloon Volleyball 6:00 Wind Down: Chamomile Tea & Conversations	 10:30 St. Aidan Catholic Church [AL] 10:45 Fitness w/ Jane [AL] 2:00 Spa Day: Manicures&Facials 6:00 Wind Down: Soothing Scents	 10:30 Walkers Club 2:00 Happy Hour: July’s Birthday Bash 6:00 Wind Down:Calming Scents&Sounds	

Calender Key:
B-Bistro
AL – Assisted Living
FL – Front Lobby