

StoryPoint Knox West Assisted Living		Week 1-2 August 2026 Life Enrichment Monthly Calendar					Activities are subject to change
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 9:30am Kroger SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)	
2 11:30am Sunday Brunch with Signature Drink (DR) 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (A)	3 9:45am Junk Drawer Detectives (L,S) 10:30 Morning Stretch (A) 2:00pm LIVE Billie Lafollette (A) 3:30pm Nail Polish Changes (L) 5:45pm Movie (JR)	4 9:30am Catholic Service & Communion (L) 10:30am Tai Chi Gung w/ Carrie (A) 6:00pm A Jeopardy Happy Hour (A)	5 9:30am Crosswords (L,S) 10:30am AM Power Up (A) 1:30pm Let's Start a Book Club with Mary Ann (L) 2:00 Reminiscing W/Fred (MC)	6 9:45am Brain Puzzle (L,S) 10:30am Chair Dancing (A) 1:00pm Calvary Devotion (MC) 2:00pm Health Talk w/ Servant Rehab (A) 3:00pm LIVE Piano w/ Karen (A) 6:00pm Family and Neighbor Evening w/ LIVE (Harpest) Korena (MC)	7 9:45am Flower Arranging (L) 10:00am Chair Yoga (A) 3:00pm LIVE Frank & Friends (A)	8 9:30am Aldi SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)	
Calender Key: A – Activity Room FL - Front Lobby		CY - Courtyard L - Library MC - Memory Care	JR - Jefferson Room DR - Dining Room RR - Room to Room	S - Self led	N- New event/entertainer/Host		STORYPOINT [™] Senior Living

StoryPoint Knox West Assisted Living		Week 3-5 August 2026 Life Enrichment Monthly Calendar					Activities are subject to change
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (A)	10 9:45am Junk Drawer Detectives (L,S) 10:30 Chair Exercise (A) 2:00pm Bridge (L,S) 3:00pm LIVE Cliff Adkins (A)	11 9:30am Catholic Service & Communion (L) 10:30am Tai Chi Gung w/ Carrie (A) 3:00pm Axe Throwing (A) 6:00pm LIVE The Geezer Guy/Happy Hour (A)	12 9:30am Crosswords (L,S) 10:30am Chair Drumming (A) 1:30pm Life Enrichment Planning (L) 2:30pm Bingo (A) 3:30pm Amazing Race Information and Team Recruitment (A)	13 9:45am Brain Puzzle (L,S) 10:30am Sandy’s Fitness (A) 1:30pm Movie Matinee (JR) 6:00pm Singo with T (A)	14 9:45am Flower Arranging (L) 10:00am Chair Yoga (A) 11:30am Lunch at Gus’s World Famous Fried Chicken & tour Prairie Fossil Museum SIGN UP 6:00pm Prayer Group with Jean (L)	15 9:30am Food City SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann’s Saturday Movie Gathering (JR)	
16 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (A)	17 9:45am Junk Drawer Detectives (L,S) 10:30 Morning Stretch (A) 1:30pm The Amazing Race - Meet the Teams (A) 3:00pm Ricky Starr (MC) 5:45pm Movie (JR)	18 9:30am Catholic Service & Communion (L) 10:30am Tai Chi Gung w/ Carrie (A) 3:00pm Corn Hole (A) 6:00pm New Neighbor Welcome Happy Hour (A)	19 9:30am Crosswords (L,S) 10:30am AM Power Up (A) 11:00am Short Story Club (L) 1:30pm Voter Registration (L) 2:30pm Bingo (A) 3:30pm Let’s Bling Sunglasses (A)	20 9:45am Brain Puzzle (L,S) 10:30am Sandy’s Fitness (A) 1:00pm Calvary Devotion (MC) 2:00pm LIVE Steve Carr (A) 3:30pm Tech Corner “EarthCam” (A) 6:00pm Tom Talks (A)	21 10:00am Chair Yoga (A) 10:15am Bearden Library SIGN UP 1:30-2:00pm Bingo Store (A) 2:00pm Nail Polish Changes (L) 3:00pm Resident Council (A)	22 9:30am Publix SIGN UP 10:30am Bingo (A) 1:00pm Jo-Ann’s Saturday Movie Gathering (JR)	
23 3:00pm Temple Baptist Church Service (A) 5:45pm Spintopia Interactive Gameshow w/Megan (JR)	24 Amazing Race Germany 10:00am Travelogue - Germany 11:00 Cutting Challenge (A) 1:30pm Flipping Challenge (A) 2:00pm Bridge (L,S) 3:00pm Sport Bike Show (front parking lot) 5:45pm Movie (JR)	25 Amazing Race Brazil 9:30am Catholic Service & Communion (L) 10:00am Travelogue - Brazil 11:00am Mimica Challenge(A) 1:30pm Coconut Water Cart (A) 3:00pm Adedonha (Stop) Challenge (A) 6:00pm Brazilian Dance Demonstration (A)	26 Amazing Race Japan 10:00am Travelogue - Japan 11:00am Karuta Challenge (A) 1:30pm Kendama Challenge (A) 3:00pm Saki Tasting at Rocky Hill Liquor & Wine SIGN UP 6:00pm Culinary Travels “Japan” (A)	27 Amazing Race Greece 10:00am Travelogue - Greece 11:00am Tzami Challenge (A) 1:30pm Agouta Challenge (A) 3:00pm Clay Class w/ Sheryl SIGN UP (A)	28 Amazing Race Jamacia 10:00am Travelogue - Jamacia 11:00am Bounce Back Challenge (A) 1:30pm Gig Challenge (A) 3:00pm Winning Team Final Challenge (A) 6:00pm Weaving (A)	29 10:30am Bingo (A) 1:00pm Jo-Ann’s Saturday Movie Gathering (JR)	
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