

Grace Haven Assisted Living and Memory Care

Memory Care

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:30 Learn A Language Lesson 11:15 Rise and Shine Exercise Group 2:30 Church Group Singing 4:00 Dinner Set Up 5:45 One on One Chats	3 10:30 Speaker About Mint Royalty 1:15 Bingo 2:00 Dishes 3:30 Exercise 5:45 Exfoliating and Hydrating Lip Care	4 10:00 Catholic Service and Rosary 10:45 Set Up and Grace Haven Bible Study 2:00 Mint Royalty Crowning 5:30 Cool As A Cold One Meditation	Pat M.'s Birthday 5 10:30 Sit and Stretch 1:15 Homemade Ice Cream Sandwiches Making 3:00 Spider Man Web Slinging 5:45 Happy Hour: Watermelon	6 10:30 Men's Group: Euchre Bro's 1:00 Resident Activity Meeting 2:00 Dusting 3:30 Exercise 5:45 Rootbeer Floats Cart	7 10:30 Friendly Water Balloon Fight 1:15 Mint Bingo 3:00 SilverSneakers Outdoor Class Pick Up 5:45 Warming Words and Cold Drinks	8 9:00 Mint Court Parade Outing 11:00 Golden Zumba Exercise 2:00 Closet Clean Up and Organize 5:45 Chicken Soup Story
9 10:30 Church Service and Songs 11:15 Cool As A Cold One Meditation 1:45 Pay It Forward to Staff 5:30 Meditation Exercise and Calm Sounds	Amazing Race Week 10 10:30 Find the Meatball Challenge 1:00 Twirl the Spaghetti and Fork It Over 2:30 The Great Italian Adventure Event 6:00 Italian Soda Cart	Amazing Race Week 11 10:00 Catholic Service and Rosary 10:45 Bible Study with Dean 1:00 The German Games 3:00 Twist of Fate Challenge 5:30 German Folk Music and Sparkling Apple Cider	Amazing Race Week 12 10:30 Craft: Sunset Paintings Challenge 1:00 Safari Stations 2:30 Beaded Jewelry 3:30 Guess the Animal Sounds 5:45 Happy Hour: Dawa	Karol's Birthday Amazing Race Week 13 10:30 Potato Hurling Competition 1:00 Irish Trivia and Folk Tales 3:00 The Paddy Wagon 6:00 Vodka Soda's	Amazing Race Week 14 9:30 Fishing Outing 1:30 Bull-ieve It or Not Running of the Bulls 3:30 La Tomatina Outdoor Party 6:00 Taste Testing Sangria Mobile Cart	15 10:15 Grape Soda Floats Mobile Cart 11:00 Men's Group: Coffee Chat Pass Out 1:45 Balloon Badminton 5:45 Euchre Games
16 10:30 Church Service and Songs 1:00 Pool Noodle Volleyball Exercise 2:00 Gardening Club 5:45 Scalp and Head Massages	17 10:30 Orange Creamsicle Mobile Cart 1:15 Bingo 2:00 Lunch Clean Up 3:30 Exercise 5:45 Oil and Massage Allergy Relief	18 10:00 Catholic Service and Rosary 10:45 Bible Study with Dean 1:00 Tik Tok Tuesday 3:00 Zumba with Margie and Clean Up 5:30 Affirmations	19 10:15 Axe Throwing and Exercise 11:00 Music with Tess 12:45 Bingo Store Set Up 2:15 Manicures 5:45 Happy Hour: Life Enrichment Surprise	Pat S.'s Birthday 20 10:30 Culinary Showcase with Chef Jenelle 1:00 Drinks with DJ 2:00 Vaccuming 3:30 Exercise 5:45 Stress Management	21 10:30 Main Street Cafe Outing 1:15 Bingo 3:00 Set Up SilverSneakers Outdoor Class 5:45 Sip and Spill the Sleepy Time Tea Social	22 10:30 Exercise From the 50's and 60's 1:00 Hide the Thimble 2:00 Group Gathering and Gardening Club 5:45 Relaxing Drinks and Hand Massages
23 10:30 Church Service and Songs 1:00 Water You Waiting For Water Wagon 2:30 Marching Exercise 5:45 After Dinner Clean Up and Sweep Up	24 10:30 Jen and Frankie Dog Therapy 1:15 Bingo 2:00 Laundry 3:30 Exercise 5:45 Popsicles on the Patio and Conversation	25 8:00 Waffle House Breakfast 10:00 Catholic Service and Rosary 10:45 Dean's Bible Study 3:00 Set Up and Zumba with Margie 5:45 Tetris Game	26 10:30 Haden's Safety Seminar and Clean Up 11:00 Piano Music with Doug 12:00 Cherry Popsicle B-Day 1:00 Resident Council 5:45 Happy Hour: Peachy	27 10:00 Food Committee 11:00 Fuzzy Naval Mobile Cart Drinks 2:00 Sweeping 3:30 Exercise 5:45 Stress Less Ball Exercise	28 10:30 Baby Banana Splits, Sunbathing, and Blind Mans Bluff Lesson 1:15 Bingo 3:00 SilverSneakers Outdoor Class Pick Up 5:45 Plinko Game	29 10:30 Pass Out Don't Burst My Bubble Game 1:15 Suzanne Dog Therapy 2:15 Chair Synchronized Swimming 5:45 Essential Oils, and Hydration
30 10:30 Church Service 11:30 Lunch Set Up 1:15 Cardio Drumming 2:00 How Do You Toast Your Mashmellow? 5:45 Piano and Peaceful Melody	31 10:30 Beach Please, Beachside Picnic Party 1:15 Beach Bingo 2:00 Closet Clean Up 3:30 Exercise 5:45 Floating Away Relaxation and Floats					

Calendar Key:

MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room

L – Lobby
P - Patio
O - Outside

B- Beauty Salon

H- Hall

Breakfast:
8:00am

Lunch:
12:00pm

Dinner:
5:00pm