

Woodlawn Meadows

Assisted Living

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	3 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Yahtzee (D) 3:30 Make-a-Word (A)	4 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Resident Council (D) 2:30 What Not Bingo (D)	5 9:30 Woodlawn Walkers (SL) 10:00 Men’s Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 New Resident Welcom Party (D)	Rootbeer Float Day 6 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Culinary Showcase (D) 2:30 What Not Bingo (D) 3:15 Rootbeer Social/ September Calendar Review (D)	Woodlawn Car Show 7 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Penny Bingo (D) 12:00 Gordon’s Grilled Lunch (D) 12:45 Wii Bowling (A) 1:00 Woodlawn Car Show (P) 3:30 Special Movie Presentation (D)	8 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
9 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Bi-Annual Event Week 10 Angie’s Birthday 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:45 Amazing Race Activity 1 (D) 1:45 Nail Painting (D) 2:30 Roadblock (D) 3:30 Amazing Race Activity 2 (D) 4:30 Arrival Celebration (D) Ireland	11 9:30 Woodlawn Walkers (SL) 10:00 Val’s Veteran’s Group (A) 10:30 Chair Exercise (D) 11:00 Amazing Race Activity 1 (D) 12:00 Gordon’s Grilled Lunch (D) 1:30 Roadblock (D) 2:30 What Not Bingo (D) 3:30 Amazing Race Activity 2 (D) 4:30 Arrival celebration (D) Germany	International Child Day 12 9:30 Woodlawn Walkers (SL) 10:00 Gordon’s Group (D) 10:30 Chair Exercise (D) 11:00 Amazing Race Activity 1 (D) 1:00 Amazing Race Roadblock (D) 1:30 Church Service with United Methodist (D) 2:30 Picturing Peace (D) 3:30 Amazing Race Activity 2 (D) 4:30 Arrival Celebration (D) Switzerland	13 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Amazing Race Activity 1 (D) 2:15 Amazing Race Roadblock (D) 3:00 What Not Bingo (D) 3:30 Amazing Race Acitivity 2 (D) 4:30 Arrival Celebration Hong Kong	14 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Amazing Race Activity (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 2:45 Amazing Race Roadblock (D) 3:30 Hasting Library (O) 4:30 Arrival and Ending Celebration (D) Alaska Finish Day	15 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
16 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	17 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Yahtzee (D) 3:30 Make-a-Word (A)	18 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Back to School Craft (D) 2:30 What Not Bingo (D) 3:30 Trivia (A)	19 9:30 Woodla wn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:00 Jami’s Journey (D)	20 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 1:30 Culinary Conversations (D) 2:30 What Not Bingo (D) 3:30 Ladies’ Group (D)	Senior Citizen Day 21 Barbara B.’s Birthday 9:30 Woodlawn Walkers (SL) 10:45 Chair Exercise (D) 11:30 Senior Social (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 2:15 Kickball Game (P) 3:30 Produce and Herb Social (D)	22 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
Bonnie R.’s Birthday 23 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	24 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Charlton Park (O) 1:45 Nail Painting 3:30 Crafter’s Corner	Kareen’s Birthday 25 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 What Not Bingo (D) 3:30 Oscar’s Fashion Show (D)	National Dog Day 26 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Make- a- Word (A)	Agnes’s Birthday 27 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Laughs with Jan (A) 2:30 What Not Bingo (D) 3:30 Back to School Trivia (D)	28 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Auction (D) 2:30 Badmitton (P) 3:30 Resident Birthday Party (D)	Tayley’s Birthday 29 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Bingo (D) 6:00 Jigsaw Puzzles (A)
Richard’s Birthday 30 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	31 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Chess Training (D) 3:30 Conversation Card Social (D)	September 1 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 What Not Bingo (D) 3:30 Make-a-Word (D)	2 9:30 Woodlawn Walkers(SL) 10:00 Men’s Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D)	3 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Resdient Council (D) 2:30 What Not Bingo (D) 3:30 Back to School Social (D)	4 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 October Calendar Review (D) 3:30 New Resident Welcome Party (D)	5 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Bingo (D) 6:00 Jigsaw Puzzles (A)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 2:30 Snacks and Socialize 3:30 Mindful Music	3 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 2:00 Prize Bingo	4 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	5 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 3:30 Gardening	Rootbeer Float Day 6 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Music with Ruthie 11:00 Chair Exercise 1:45 Culinary Showcase 3:45 Rootbeer Social/New Resident Welcome Party	Woodlawn Car Show 7 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 12:00 Gordon’s Grilled Lunch 1:00 Woodlawn Car Show 3:30 Special Movie Presentation	8 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
9 11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music	Bi-Annual Event Week 10 Angie’s Birthday 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Amazing Race Activity #1 1:30 Roadblock 2:30 Prize Bingo 3:00 Amazing Race Activity # 2 4:00 Arrival Celebration	11 9:30 Sunrise Meditation 10:30 Music with George 10:30 Val’s Veteran’s Group 11:30 Amazing Race Activity #1 1:00 Roadblock 2:30 Amazing Race Activity #2 3:30 Word Puzzles 4:00 Arrival Celebration	International Child Day 12 9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Gordon’s Group 11:30 Amazing Race Activity #1 1:00 Roadblock 1:30 Reading Group 3:00 Amazing Race Activity #2 4:00 Arrival Celebration	13 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Amazing Race Acitvty #1 1:30 Table Top Games 1:45 Roadblock 3:00 Amazing Race Activity #2 4:00 Arrival Celebration	14 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Amazing Race Activity #1 1:00 Roadblock 1:30 Baker’s Batch 2:30 Amazing Race Activity #2 3:00 Treats with Friends 3:30 Hastings Library 4:00 Arrival Celebration	15 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
16 11:00 Morning Movement 11:45 Morning Meeting 2:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music	17 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Produce and Herbs Social	18 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	19 9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Gordon’s Group 11:30 Morning Meeting 1:30 Reading Group 3:30 Jami’s Journey	20 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 1:30 Table Top Games 3:00 Bows with Barbara	Senior Citizens Day 21 Barbara B.’s Birthday 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 11:30 Senior Social 1:30 Baker’s Batch 2:15 Kickball Game 3:00 Treats with Friends	22 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
Bonnie R.’s Birthday 23 11:00 Morning Movement 11:45 Morning Meeting 1:30 Fresh Air Friends 2:30 Snacks and Socialize 3:30 Mindful Music	24 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Charlton Park Outing 2:30 Prize Bingo 3:30 Crafter’s Corner	Kareen’s Birthday 25 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles 4:00 Allison’s Academey	National Dog Day 26 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Nature Nerds	Agnes’s Birthday 27 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 1:30 Table Top Games 2:00 Laughs with Jan 3:00 Bows with Barbara	28 9:30 Sunrise Meditation 10:30 Morning Meeting 11:30 Chair Exercise 1:30 Baker’s Batch 3:00 Treats with Friends 3:30 Resident Birthday Party	Tayley’s Birthday 29 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
Richard’s Birthday 30 11:00 Morning Movement 11:45 Morning Meeting 1:30 Fresh Air Friends 2:30 Snacks and Socialize 3:30 Mindful Music	31 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Trivia	September 1 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	2 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Nature Nerds	3 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Table Games 3:30 Back to School Social	4 9:30 Sunrise Meditation 10:30 Morning Meeting 11:30 Chair Exercise 1:30 Baker’s Batch 3:00 Treats with Friends	5 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music

Calender Key:
GNG- Grab & Go Wall File
by Activity Roo,
SL- Self Lead

RL – Resident Lead
D – Dining Room
A – Activity Room
O – Off-site

M/C – Apartments or
Mobile Cart that goes to
each apartment or around
common areas

S – Hair Salon
P – Front Porch/Outside