

Type something

August 2026

Independent & Assisted Living
6300 Abbot Road East Lansing, MI 48823 | 517-275-9916

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: The Five Year Engagement (Netflix) 1
AD National Ice Cream Sandwiches Day! 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Ice Cream Sandwiches Social 3:00 East Minster Presbyterian Church 6:00 Movie: Apollo 13 (Netflix) 2	AD National Watermelon Day! 10:00 Walking Club 10:30 Communion 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Let's Talk Amazing Race 3:30 Watermelon Social 6:00 Movie: LBJ (Netflix) 3	AD National Chocolate Chip Cookie Day 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:00 Outing To Meijer On Bus 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Matilda (Netflix) 4	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Let's Talk Amazing Race 6:00 Movie: Passengers (Netflix) 5	AD National Rootbeer Float Day 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noodle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Root Beer Float Hour! 3:30 Women's Root Beer Float Hour! 6:00 Movie: Uncharted (Hulu) 6	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Backgammon 1:30 Dominos Game 1:30 Scrabble 3:00 Happy Hour 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Shakespeare In Love (Pluto TV) 7	11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: The Breakfast Club (Netflix) 8
10:30 Bus Outing To Church St. Thomas Aquinas 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Little Woman (2019) (Hulu) 9	AD Amazing Race China 10:00 Craft Time Chinese Lanterns 11:00 Fun Facts About China 2:00 Let's Learn About China (YouTube) 3:00 Trivia Race Challenge 6:00 The Civilization That Reset Itself Three Pictures 10	AD Amazing Race India 10:30 Live Piano W/Wendy 1:00 Henna Rock Painting 3:00 Bollywood Dance Challenge 6:00 Movie: Modern & Mystic: India From Above (YouTube) 11	AD Amazing Race Kenya 10:00 Bead Work 11:00 Let's Talk About Kenya 2:00 Art Exhibit 3:00 Swahili Word Game Challenge 6:00 Movie: Kenya : A Breathtaking Journey Across Land, People &Wildlife (YouTube) 12	AD Amazing Race: Lithuania 10:00 Paper Cutting (Karpiniai) 11:00 Let's Talk Fun Facts 1:00 Music From Lithuania (YouTube) 3:00 Tetris Challenge 6:00 Movie: Behind Country Of Europe No One Talks About (YouTube) 6:45 Live Music 13	AD Amazing Race Germany 10:00 Painting Bird House 11:00 Fun Facts About German Bird Houses 3:00 Amazing Race Challenge 3:00 Happy Hour Cookout W/ Brats 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Wonders Of Germany Most Amazing Places & Villages (YouTube) 14	11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Beaches (Amazon Prime) 15
AD National Tell a Joke Day 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 3:30 Youtube Tell A Joke 6:00 Movie: Miss Congeniality (Tubi) 16	AD National Thrifting Day! 10:00 Walking Club 10:30 Communion 11:00 Morning Exercise 1:00 Euchre Game 1:00 Outing To The Thrift Store 1:30 Dominos Game 1:30 Scrabble 3:30 Music & Manicures 6:00 Movie: Hoosiers (Pluto TV) 17	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:00 Outing To Meijer On Bus 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Ticket to Paradise (Netflix) 18	10:00 Walking Club 11:00 Morning Exercise 11:30 Birthday Celebration For The Month Birthdays 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:30 Live Music For Birthday Celebration W/Linda 6:00 Movie: 50 First Dates (Pluto TV) 19	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noodle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Coffee Hour 3:30 Womens Coffee Hour 6:00 Movie: Eat Pray Love (Netflix) 20	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Coloring / Sticker Art 1:30 Dominos Game 1:30 Scrabble 3:00 Happy Hour 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Project Hail Mary (Amazon Prime) 21	11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Philadelphia (Hulu) 22
9:30 Bus Outing To Eastminster Presbyterian 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Meet Me In St. Louis (Tubi) 23	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 3:00 Bible Study W/ Bob 3:00 East Lansing Library 6:00 Movie: Interstellar (Hulu) 24	10:00 Walking Club 11:00 Morning Exercise 11:00 Outing To Fueld For Lunch 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: The Hunger Games (Netflix) 25	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Penny Auction 6:00 Movie: What Happens Later (Hulu) 26	AD National Peach Day 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noodle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Coffee Hour W/ Peach Treat 3:30 Women's Coffee Hour W/ Peach Treat 6:00 Movie: 13 Going on 30 (Netflix) 27	AD National Red Wine Day 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Community Council 3:00 Happy Hour With Red Wine 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: A League of Their Own (Netflix) 28	11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Meet The Parents (Netflix) 29
11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Robert Redford: The Life & Legacy Of An American Icon (Hulu) 30	10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: The Princess (HBO MAX) 31					

Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

