

StoryPoint Birmingham		Week 1-3 August 2026					Activities are subject to change
Assisted Living		Life Enrichment Monthly Calendar					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							1 10:30am Weight Class w/ Laura (CS) 11:00am Hydration & Chat (BS) 2:00pm Open Art (CS) 2:00pm Movie: A Dog's Purpose (TR) 3:00pm Balloon Volleyball (CS) 6:30pm Piano w/ Carol (PR)
2 10:00am Streaming Mass (TR) 10:30am Balance Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Technology Help w/ Colin (GR) 3:00pm Classical Music (TR) 6:15pm Movie: The Breakfast Club (TR)	3 10:30am Exercise w/ TCT (CS) 11:00am Hydration & Chat (BS) 1:30pm Cornhole (CY) 2:30pm Punch a Prize (BS) 6:15pm Movie: Ordinary Angels (TR)	4 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 1:30pm Euchre Club (GR) 2:30pm Activity Chat (CS) 3:30pm BINGO (BS) 6:15pm TV Series: Amazing Race (TR)	5 10:30am Weight Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 1:30pm Dog Visit w/ Ryder (PR) 3:00pm Classical Music (TR) 3:00pm Entertainment: Matt Ball (PR) 6:15pm Movie: The Lost City (TR)	6 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 1:30p Penny Pinching (PR) 2:30pm Higher or Lower? (CS) 3:30pm BINGO (BS) 6:15pm TV Series: Amazing Race (TR)	7 10:30am Rockin' in our Seats w/ Madison (CS) 11:00am Hydration & Chat (BS) 11:00am Communion (TR) 11:00am Outing: KROGER\$ 1:30pm Chair Yoga w/ Joyce (CS) 3:00pm New Resident Happy Hour (BS)	8 10:30am Weight Class w/ Laura (CS) 11:00am Hydration & Chat (BS) 2:00pm Open Art (CS) 2:00pm Movie: American Graffiti (TR) 3:00pm Balloon Volleyball (CS) 6:30pm Piano w/ Carol (PR)	
9 10:00am Streaming Mass (TR) 10:30am Balance Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm World War I Part 2 w/ Colin (BS) 3:00pm Classical Music (TR) 6:15pm Movie: A League: of Their Own (TR)	10 10:30am Weight Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Movie Meeting (TR) 3:00pm Tea w/ the Wellness Team (BS) 6:15pm Movie: The Magic of Belle Isle (TR)	11 10:30am Sit & Fit w/ Colin (CS) 10:30am Outing: Detroit Underground Railroad Historical Society 11:00am Hydration & Chat (BS) 1:30pm Euchre Club (GR) 2:30pm Menu Chat (CS) 3:30pm BINGO (BS) 6:15pm TV Series: Amazing Race (TR)	12 10:30am Weight Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 1:30pm Dog Visit w/ Gemma (PR) 3:00pm Classical Music (TR) 3:00pm Door Signs w/ Jessie (CS) 6:15pm Movie: Canvas (TR)	13 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Soda Taste Test Challenge (BS) 3:00pm Learning Ins & Outs of Licensing w/ Linzie (BS) 3:30pm BINGO (BS) 6:15pm Lions vs. Bengals Preseason (TR)	14 10:30am Rockin' in our Seats w/ Madison (CS) 11:00am Hydration & Chat (BS) 11:00am Communion (TR) 11:30am National Creamsicle Day Cart 1:30pm Chair Yoga w/ Joyce (CS) 2:30pm Creation Club: Painting Golf Balls (BS) 3:00pm Sensory Mocktail w/ Better You (BS)	15 10:30am Weight Class w/ Laura (CS) 11:00am Hydration & Chat (BS) 2:00pm Open Art (CS) 2:00pm Movie: Passengers (TR) 3:00pm Balloon Volleyball (CS) 6:30pm Piano w/ Carol (PR)	
Calender Key:		BS – Bistro TR – Theatre CS – Creative Studio	CY – Courtyard FD– Front Desk DA – Dining Area	GR-Game Room PR- Piano Room L - Library	STORYPOINT® Senior Living		

StoryPoint Birmingham		Week 4-6 August 2026					Activities are subject to change	
Assisted Living		Life Enrichment Monthly Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
16 10:00am Streaming Mass (TR) 10:30am Balance Class w/Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Technology Help w/ Colin (GR) 3:00pm Classical Music (TR) 6:15pm Movie: Apollo 13 (TR)	17 GREECE DAY 10:30am Exercise w/ TCT (CS) 11:15am Olympic Ring Toss (CY) 2:00pm Greece Inspired Charcuterie Board (BS) 3:00pm Greek Relay (CY) 6:15pm Documentary: Greece- Garden of the Gods (TR)	18 SCOTLAND DAY 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 11:15am Caber Toss (PR) 1:30pm Euchre Club (GR) 1:30pm Highland Putting (CS) 3:00pm Activity Chat (CS) 3:30pm BINGO (BS) 6:15pm Movie: Braveheart(TR)	19 THAILAND DAY 10:30am Weight Class w/ Colin (CS) 11:15am Can you Smell Thailand? (BS) 1:30pm Dog Visit w/ Ryder (PR) 2:00pm Elephant Memory Game (BS) 3:00pm Book Club (BS) 3:00pm Entertainment: G. Walsh (CS) 6:15pm Movie: The Beach (TR)	20 AUSTRALIA DAY 10:30am Sit & Fit w/ Colin (CS) 11:15am Australia Puzzle Race (BS) 1:30pm Guess the Australian Animal (BS) 2:00pm Creation Club: Aboriginal Dot Painting (CS) 3:00pm Boomerang Toss (CY) 6:15pm Movie: Last Ride (TR)	21 ENGLAND DAY 10:30am Rockin’ in our Seats w/ Madison (CS) 11:00am Communion (TR) 11:15am Royal Tea Stack (BS) 1:30pm Chair Yoga w/ Joyce (CS) 3:00pm Guard the Crown (CS) 4:00pm Amazing Race Awards (PR)	22 10:30am Weight Class w/ Laura (CS) 11:00am Hydration & Chat (BS) 12:00pm Lions vs. Commanders Preseason (TR) 2:00pm Open Art (CS) 3:00pm Balloon Volleyball (CS) 6:30pm Piano w/ Carol (PR)		
23 10:00am Streaming Mass (TR) 10:30am Balance Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm John F. Kennedy w/ Colin (BS) 3:00pm Classical Music (TR) 6:15pm Movie:Wicked (TR)	24 10:30am Weight Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 11:15am August Trivia (BS) 2:00pm Taste Test Challenge: Grilled Fruit Skewers (CY) 6:15pm Movie: Wicked for Good (TR)	25 10:30am Sit & Fit w/ Colin (CS) 10:30am Outing: White Chapple Tour 11:00am Hydration & Chat (CS) 1:30pm Euchre Club (GR) 3:00pm Resident Council (CS) 3:30pm BINGO (BS) 6:15pm Documentary: My Octopus Teacher (TR)	26 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 1:30pm Dog Visit w/ Gemma (PR) 3:00pm Classical Music (TR) 3:00pm Lecture w/ Jeff (PR) 6:15pm Movie: True Spirit (TR)	27 10:30am Sit & Fit w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Culinary Showcase (CS) 3:30pm Watermelon Themed BINGO (BS) 6:00pm Entertainment w/ Kevin Wills	28 10:30am Rockin’ in our Seats w/ Madison (CS) 11:00am Hydration & Chat (BS) 11:00am Communion (TR) 1:30pm Chair Yoga w/ Joyce (CS) 3:00pm August Birthday Celebration Happy Hour (BS)	29 10:30am Weight Class w/ Laura (CS) 11:00am Hydration & Chat (BS) 1:00pm Lions vs. Colts Preseason (TR) 2:00pm Open Art (CS) 3:00pm Balloon Volleyball (CS) 6:30pm Piano w/ Carol (PR)		
30 10:00am Streaming Mass (TR) 10:30am Balance Class w/ Colin (CS) 11:00am Hydration & Chat (BS) 2:00pm Technology Help w/ Colin (GR) 3:00pm Classical Music (TR) 6:15pm Movie: Miracle (TR)	31 10:30am Exercise w/ TCT (CS) 11:00am Hydration & Chat (BS) 2:00pm Corn Hole (CY) 2:00pm Boyscout Packs on the Grill (CY) 3:00pm Back to School Goodie Bags (CS) 6:15pm Movie: The Boy Who Harnessed the Wind (TR)							
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