

Ludington Woods

Assisted Living

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Activity Cart (L) 6:00 Saturday Cinema (L)
2 Activity Cart (L) 1:15 Scottville Fellowship (MC) 6:00 Adult Coloring (L)	3 10:15 Music w/ Ron & John (MC) 2:00 Cookies, Coffee & Conversation -Advisa Care (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	4 9:30 Outing: Couturier Farm Blueberry Picking 1:30 Make Blueberry Cobbler (DR) 2:30 Blueberry Word Search (DR) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	5 9:15 Walk & Talk w/ Jan 10:15 Bingo (DR) 1:30 Corn Husking Contest (CTYD) 3/00 Pet Therapy w/Amie 3:00 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	6 10:00 HarborFit Studio Workout (BN) 11:00 Our Daily Bread (L) 1:00 Mike’s Game Time (DR) 3:00 Pet Therapy w/ Griffin 6:00 Flip 7 Card Game (L)	7 Activity Cart (L) 2:00 Bingo with Kathy (DR)	8 10:00 Horseshoes (Outside) 1:30 Scrapbooking (DR) 6:00 Saturday Cinema (L)
9 11:00 Baking Bunch (DR) 1:00 Prayer & Praise Assembly of God Church (MC) 2:00 Sundae Social DR) 6:00 Adult Coloring (L)	10 10:00 Hymns w/ Adrian (MC) 11:00 Eiffel Tower Painting (L) 2:00 Cookies, Coffee & Conversation - Ntl. Smores Day (DR) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	11 9:00 Walk & Talk w/ Jan 10:00 Trinity Church Service (MC) 11:30 Outing: Waterfront Park Picnic 1:30 Fishing Balls (MC) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	12 9:15 Walking & Talk Jan 10:15 Bingo (DR) 1:30 Celebration of Life (DR) 3:30 Resident Council (L) 3:00 Pet Therapy w/ Amy 4:00 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	13 10:30 Cornerstone Church Sing Along (MC) 1:00 Mike’s Game Time (DR) 2:00 Culinary Experience (DR) 3:00 Pet Therapy w/ Griffen 3:00 Music & Movement (MC) 6:00 Roll & Clear Cards (L)	14 10:00 Vet to Vet Coffee & Chat w// Harbor Service (MC) 11:00 Horse Racing Game (L) 1:00 Card Making Workshop w/ Tammy (MC) 2:00 Bingo w/Kathy (DR) 3:00 Resistance Bands Exercise (MC) 7:00 Summit Church Sing Along (MC)	15 Activity Cart (L) 10:30 Shaw Family Sing along (MC) 6:00 Saturday Cinema (L)
16 11:30 United Methodist Church Sunday School Kids (MC) 1:00 Hymns with Charlie (MC) 2:00 Scrabble (DR) 6:00 Adult Coloring (L)	17 The Great American Race Week 10:00 Intro To Race Week 1:00 Challenge 1: World Map 2:00 Challenge 2: Worlds Flags Contest 3:00 Seated Ball Exercises (MC) 6:00 Bingo (AL)	18 Marseille, France 9:00 Outing: Trails End Bakery 10:45 Challenge 1: Play Petanque (BN) 1:30 Challenge 2: France Travel Video, Learn French & Snack 3:00 French Fit & Fun (MC) 6:00 UNO (L)	19 Florence, Italy 10:00 Pasta Demo w/ Jan & Challenge 1: Tortellini Folding Contest 12:00 Lunch: Fettucini Alfredo 1:30 Italy Video Challenge 2: Match The Pasta Names 3:00 Best Paws Forward 6:00 Puzzle Pals (L)	20 Pamloma, Spain 11:00 Challenge 1: Running of The Bulls (DR) 12:00 Lunch: Gaspacho, Paella 1:30 Spain Travel Video & Challenge 2: Timed Snack Eating Challenge (DR) 3:00 Pet Therapy w/ Griffin 6:00 Yahtzee to Go (L)	21 Olympia, Greece 10:00 Challenge 1 - Build a Greek Facade with Blocks (DR) 12:00 Lunch: Greek Salad & Gyros 1:00 Challenge 2- Team Dress one member in Greek style toga 2:00 The Grand Finale in parking lot with music by The Beet Diggers 6:00 Slingz Game (L)	22 10:00 Horseshoes (Outside) 1:30 Trivia Maker (L) 6:00 Saturday Cinema (L)
23 11:00 Baking Bunch (DR) 2:00 Pamper & Polish (L) 3:00 Victory Trinity Lutheran Church (MC) 6:00 Adult Coloring (L)	24 10:00 Make it Monday - Newspaper Frames (L) 11:00 Newspaper Word Search (L) 2:00 Cookies, Coffee & Conversations - Lakeshore Lighthouse Keepers (L) 3:00 Seated Ball Exercise (MC) 6:00 Bingo (DR)	25 9:00 Walk & Talk w/Jan 10:00 This Day In History (DR) 11:00 Outing: State Park Picnic 2:00 Ukulele Group (MC) 3:00 Cardio Drumming (MC) 6:00 UNO (L)	26 9:15 Walk & Talk with Jan 10:15 Bingo (DR) 1:00 Tech Time (L) 2:00 Horse Racing (DR) 3:00 Pet Therapy w/Amie 3:00 Wednesday Workout (MC) 6:00 Puzzle Pals (L)	27 11:00 Our Daily Bread (L) 1:00 Mike’s Game Time (DR) 2:00 Welcome New Residents (DR) 2:30 Kaylynn & Kids (MC) 3:00 Pet Therapy w/ Griffin 3:00 Music & Movement (MC) 6:00 Shut The Box Game (L)	28 10:00 Entertainment by Rabbit (MC) 11:00 Men’s Group - Chompsaw Workshop (L) 12:45 Outing: Bingo at Sherman Oaks Manor 3:00 Resistance Bands (MC) 6:00 Donna’ New Game (L)	29 11:00 Chair Pilates (L) 1:30 Summer Fruit Roll Ups & Fruit Trivia (DR) 6:00 Saturday Cinema (L)