

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)
2 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM National Coloring Book Day: Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	3 Watermelon Day 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Stay Cool: Watermelon Sampling, Hydration Station & Trivia (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	4 Chocolate Chip Cookie Day 8:00 AM Coffee & Chat with Neighbors (RA) 9:00 AM Beauty Salon- OPEN 10:00 AM A Sweet History: Chocolate Chip Cookies & Cookie Sampling (AO) 12:50 PM Bean Bag Baseball Scrimmage Away Game: Siena Hills vs. StoryPoint Riverwoods (OS) 1:30 PM Board Games with Neighbors (RA) 6:00 PM Jigsaw Puzzle Club (RA)	5 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 2:00 PM BINGO & Beverages (B&L) 3:00 PM Furry Friend Visit: Baloo the Dog (B&L) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	6 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Store Outing: The Attic Inc. (OS) 3:00 PM Creative Corner: Handmade Baby Gifts for FOX (B&L) 6:00 PM Walk & Talk with Neighbors (RA)	7 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Veterans Donuts & Coffee Sponsored by Hospice of the Midwest (B&L) 10:30 AM- Foodie Friday Outing: Trostel's Greenbriar (OS) 1:30 PM BINGO & Beverages (B&L) 2:30 PM Meet & Mingle: New Neighbors Happy Hour with Live Entertainment from Russ Morgan (B&L) 6:00 PM Yahtzee with Neighbors (RA)	8 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 2:00 PM Saylorville Church Service (B&L) 6:00 PM Evening Nature Walk (RA)
9 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	10 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 2:00 PM Bean Bag Baseball Scrimmage Home Game: Siena Hills vs. StoryPoint Pleasant Hill (B) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	11 8:00 AM Coffee & Chat with Neighbors (RA) 9:00 AM Beauty Salon- OPEN 10:00 AM Communion Service - Our Lady of the Immaculate Heart Catholic Church (5H) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Resident Town Hall (B&L) 2:30 PM Resident Life Enrichment Meeting (B&L) 3:00 PM Manicures & Hand Massages (BS) 6:00 PM Jigsaw Puzzle Club (RA)	12 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 1:00 PM Family Feud (B&L) 3:00 PM Acts of Service: Encouragement Cards for Educators at Ankeny Schools with Volunteer Sarah (B&L) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	13 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Store Outing: Fareway 3:00 PM Corn Shucking with FOX (CR) 6:00 PM Walk & Talk with Neighbors (RA)	14 Creamsicle Day 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Beat the Heat with Creamsicles (B&L) 2:30 PM Comedy Club Happy Hour with Live Entertainment from Comedian Jeff Hanna (B&L) 6:00 PM Yahtzee with Neighbors (RA)	15 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM Piano Performance by Renee McClendon (FL) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)
16 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	17 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Iowa State Fair Trivia (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	18 8:00 AM Coffee & Chat with Neighbors (RA) 9:00 AM Beauty Salon- OPEN 10:30 AM Outing: Ruby's Nails (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Personalized Caricatures by Stephanie Ong (B&L) 3:00 PM Blue Ribbon Butter Challenge (B&L) 3:15 PM Iowa State Fair Beer Sampling Experience (B&L) 6:00 PM Jigsaw Puzzle Club (RA)	19 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 2:00 PM Sing Along Hymns with Matthew from Emmanuel Lutheran (FL) 4:30 PM A Taste of the Fair at Siena: Family Fun Night (B&L + PF) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	20 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 12:30 PM Ice Cream Outing: Uptown Dairy 2:30 PM Baby Celebration for FOX (B&L) 6:00 PM Walk & Talk with Neighbors (RA)	21 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 10:30 AM- Foodie Friday Outing: Sugar Shack (OS) 1:30 PM BINGO & Beverages (B&L) 3:00 PM Birthday Bash w/ Live Music from Tom Hofer Sponsored by Affinity Care of Iowa Hospice (B&L) 6:00 PM Yahtzee with Neighbors (RA)	22 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)
23 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	24 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Back-to-School Price Challenge: Then & Now (B&L) 1:30 PM Seniors' Advice for Students Returning Back to School (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	25 Banana Spilt Day 8:00 AM Coffee & Chat with Neighbors (RA) 9:00 AM Beauty Salon- OPEN 10:00 AM Cardio Drumming (AR) 1:00 PM BINGO & Beverages (B&L) 2:15 PM Build Your Own Banana Split Bar (B&L) 3:00 PM Barnyard Fun with Goats (MC) 6:00 PM Jigsaw Puzzle Club (RA)	26 Dog Day 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 1:00 PM Family Feud (B&L) 3:00 PM Furry Friend Visit: Denali the Dog (B&L) 6:00 PM Responding to Dementia-Related Behaviors presented by the Alzheimer's Association (B&L)	27 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Store Outing: Hyvee 3:00 PM Bean Bag Baseball Practice (AR) 6:00 PM Walk & Talk with Neighbors (RA)	28 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM BINGO & Beverages (B&L) 2:30 PM End of Summer Hawaiian Luau Happy Hour with Live Entertainment from Taylor King (B&L) 6:00 PM Yahtzee with Neighbors (RA)	29 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	31 8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn (CR) 6:00 PM Swing & Socialize: Mini Golf with Neighbors	August Birthday List Charles W August 20 th				

Calender Key:

(AR) Activity Room
(AO) Activity Office
(B&L) Bar & Lounge

(5H) 500 Hall
(CS) Country Store
(DR) Dining Room
(B) Bistro

(FL) Front Lobby
(L) Library
(OS) Off Site
(RA) Resident-Run Activity

(BS) Beauty Salon
(PF) Patio-Out Front
(D2D) Door-to-Door
Apartment Visits

Life Enrichment Director
Cassie Rhoades
cassidy.rhoades@storypoint.
com

Follow us on Facebook!
StoryPoint Siena Hills