

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p All About Slinkies 3:30p Slinky Games! 6p Documentary and Discussion	31 10a Mindfulness and Stretching 11a Spin the Bottle 2p Walker Wash 3:30p Who Am I? 6p Monday Night Feature w. Popcorn	Daily Events 9:30a News 10:30a Morning Hydration 1p-2p 1:1 Activities 3p Afternoon Refresh 6:30p Sunset Snacks	Resident Birthdays 3rd - Mike M. 8th - Martha “Kay” B. 15th - Ken S. 15th - Mary W. 25th - Kathy E. 28th - Ron “Pops” P.	Wedding Anniversaries 14th - Bruce and Stephon S. (15 years) 16th - Donna and Leon K. (67 years) 24th - John and Wanda G. (58 years)		1 10:30a News/Current Events 11a Happy Birthday Colorado! 2p Water Dart Shoot 3:30p Corn Hole 6p Coloring Meditation
Coloring Book Day 2 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p Beach Volleyball 3:30p Coloring Meditation 6p Documentary and Discussion	Watermelon Day 3 10a Mindfulness and Stretching 11a Resident Council 2p Watermelon Eating Contest 3:30p Rubberband Watermelon Experiement! 6p Monday Night Feature w. Popcorn	Chocolate Chip Cookie Day 4 10a Prayer Service w. St. Pius X Church 11a Kitchen Cadets-Chocolate Chip Cookies 2p History of Chocolate Chip Cookies 3:30p Chocolate Chip Cookie Tasting 6p Memory Lane Moments	5 10a Wednesday Workout 10:30a Coffee Cat Cafe/Junk Drawer Detective 12p Fellows and Food 2p August IQ and August Gazette/Coffee Cat Cafe 3:30p Giant UNO 6p Wednesday Westerns	Rootbeer Float Day 6 9a Going Fishing! 10a ElderCare Seated Exercises 11a DIY Rootbeer and Homemade Ice Cream 2p History of A&W 3:30p Rootbeer Float Social 6p Bob Ross and Watercolors	7 10a Friday Fitness 11a Kitchen Cadets-Cooking with Jean! 24 Hour Salad 2p Adventures in Social Drumming 3:30p Fancy Fingers 6p Hand Massages	8 10:30a News/Current Events 11a Table Top Bowling 2p Travelouge- Exploring the Everglades 3:30p Yard Jenga 6p Coloring Meditation
9 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p Back To School Posters! 3:30p Advice for “Back to School” 6p Documentary and Discussion	10 10a Mindfulness and Stretching 11a September Planning Committee 2p Sunflower Door Hangers 3:30p Sunshine and Sunflowers 6p Monday Night Feature w. Popcorn	11 10a Dave and Belle 11a Ladies Lunch Bunch 2p Church w. Jerry 3:30p Beach Volleyball 6p Memory Lane Moments	T-Rex Discovery Day 12 10a Wednesday Workout 11a Fossil Sort w. Jester Park 12p Walker to End Alzheimer’s Kick-Off BBQ 1p-2p Amazing Race Traveling Cart 2p History of Susie the T-Rex/Feed the T-Rex 3:30p Dino-Dig 6p Wednesday Westerns	13 9a Going Fishing 10a ElderCare Seated Exercises 11a 100th Birthday Card Committee 2p Love Hurts... A Little Bit: A Short Story 3:30p 30-Ball Bingo! 6p Bob Ross and Watercolors	14 10a Friday Fitness 11a Kitchen Cadets-Cooking with Nancy K. - Chocolate Cream Pie 2p Fancy Fingers 3p Magician Jonathan May 6p Hand Massages	15 10:30a News/Current Events 11a Homemade Lemonade 2p Author Terri Leedom and her book “My Silly Granny” 3:30p Farmer’s Market and Lemonade Stand 6p Coloring Meditation
Greece 16 9:30a Welcome to the Amazing Race! 10a Challenge: Ariadne’s Maze 11a Church w. Spiritual Eldercare 2p Greek Vase Puzzles 3p Mirage Dance Troup Greek Dance Class 3:30p Mirage Dance Troup Performance 6p Documentary and Discussion	China 17 9:30a Travel to China! 10a Mindfulness and Stretching 11a Challenge: Pentitonic Scale-Write Your Own Piece 2p Challenge: DIY Paper Fans 3p Chinese Cuisine Cart 3:30p Walking the Great Wall of China 6p Monday Night Feature w. Popcorn	El Salvador 18 9:30a Welcome to El Salvador! 10a Futbol Shoot Out 11a Challenge: Sillas Musicales 2p Challenge: El Salvadorian Fruit Tasting 3:30p Travel to El Salvador 6p Memory Lane Moments	The Iowa State Fair! 19 9a Challenge: Leave for the Iowa State Fair Scavenger Hunt 9:30a History of the Iowa State Fair 10a StoryCorner w. KidzCorner Daycare 11a Pig Races 2p Challenge: Butter Cows! 3p Jester Park Pony Visit! 6p Wednesday Westerns	Switzerland 20 9:30a Challenge: Madder Horn Races 10:30a Highland Cows from Center Grove Orchard! 2p Challenge: Flowers for Highland Cows 3p August Birthday PartyThe Rearview Mirror Band 6p Bob Ross and Watercolors	Alaska 21 10a Friday Fitness 11a Challenge: Alaskan Jeopardy 2p Iditarod Races 3:30p The Amazing Race Closing Ceremonies and Awards 6p Hand Massages	World Photo Day 22 10:30a News/Current Events 11a The Past in Photos 2p Fancy Fingers 3:30p Photo Scavenger Hunt 6p Coloring Meditation
23 10:30a News/Current Events-AR 11a Tacky Sunglasses Sunday 2p Worship w. Creekside Community Church 3:30p Klondike Bar Social and Comedy 6p Documentary and Discussion	Snow White Day 24 10a Mindfulness and Stretching 11a Disney and Show Tunes with Musical Guest: Michael Howland! 2p Snow White Movie Matinee w. Dirty Soda Bar 6p Monday Night Feature w. Popcorn	National Dog Day 25 10a Wednesday Workout 11a Dog Biscuits for the ARL 2p Meet and Greet with our “Dog for the Day” from the ARL! 3:30p Bandanas for the ARL 6p Memory Lane Moments	26 10a Wednesday Workout 11a Kitchen Cadets- Peach Homemade Lemonade 12p Summer Send-Off Family BBQ 2p Worship w. Chaplain Mike and Chaplain Jenn 3:30p Don’t Touch the Color 6p Wednesday Westerns	Banana Lovers Day! 27 9a Going Fishing 10a ElderCare Seated Exercises 11a Kitchen Cadets- Banana Bread 2p Going Bananas Game! 3:30p Banana Puns and Trivia 6p Bob Ross and Watercolors	28 10a Friday Fitness 11a Kitchen Cadets 2p Fancy Fingers 3:30p Good News Only! 6p Hand Massages	Hallmark Day 29 10:30a News/Current Events 11a The History of the Hallmark Company & Best Hallmark Cards 2p Beach Volleyball 3:30p Birthday Card Committee 6p Coloring Meditation

Calender Key:

AR– Activity Room

CY – Courtyard

FD – Front Dining Room

L – Library

FR – Fitness Room

H – Hallways

MD – Main Dining Room

O – Off Site

Outings are dependent on weather

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