

August 2026

Memory Care

6300 Abbot Road East Lansing, MI, 48823 | 517-275-9916

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:30 Music W/ Lotion & Hand Massages 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Ring Toss Game /On The Patio 3:00 Let's Talk /On The Patio 5:30 Movie: The Five Year Engagement (Netflix) 1
AD National Ice Cream Sandwich Day 9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 How Its Made Popcorn (YouTube) 3:30 Fun Facts 5:30 Movie: Apollo 13 (Netflix) 2	AD National Watermelon Day! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Riddle Riddle On The Patio 1:30 Watermelon Social 3:00 Snack Activity Bingo 5:30 Movie: LBJ (Netflix) 6:15 Music & Manicures 3	AD National Chocolate Chip Cookie Day 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 2:00 Chocolate Chip Cookie Social 3:00 Shop The Store 5:30 Movie Matilda (Netflix) 6:15 Music W/ Lotion & Hand Massages 4	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 2:00 Arm Chair Travels W/Popcorn 3:30 Music On The Patio W/ Freeze Pops 5:30 Movie: Passengers (Netflix) 5	AD National Root Beer Floats Day 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Putt Putt Golf On The Patio 2:00 Watercolor Painting On The patio 3:30 Root Beer Floats Hour! 5:30 Movie: Uncharted (Hulu) 6:15 Music W/ Lotion & Hand Massages 6	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 2:30 Music / Dance Party/Happy Hour 5:30 Movie W/Popcorn: Shakespeare In Love (Pluto TV) 7	9:30 Music W/ Lotion & Hand Massages 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Bean Bag Toss Game On The Patio 3:00 Word Games On The Patio 5:30 Movie: The Breakfast Club (Netflix) 8
9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie: Little Woman (2019) (Hulu) 9	AD Amazing Race China 10:00 Let's Explore China Arts 11:00 Fun Facts About China 12:30 Craft Time Chinese Lanterns 2:00 Trivia Race Challenge 3:00 Let's Learn About China (YouTube) 5:30 Movie: National Geographics Jane (Hulu) 10	AD Amazing Race India 10:00 Lets Learn About India 11:00 Let's Talk Fun Facts India 12:30 India Color Art 2:00 Henna Rock Painting 3:30 Bollywood Dance Challenge 5:30 Movie: Modern & Mystic: India From Above (YouTube) 11	AD Amazing Race Kenya 10:00 Arm Chair Travels To Kenya 11:00 Let's Talk About Kenya 12:30 Bead Work 2:00 Swahili Word Game Challenge 3:00 Art Exhibit 5:30 Movie: Kenya : A breath Taking Journey Across Land, People &Wildlife (YouTube) 12	AD Amazing Race: Lithuania 10:00 Music From Lithuania (YouTube) 11:00 Let's Talk Fun Facts 12:30 Paper Cutting (Karpiniai) 2:00 Tetris Challenge 3:00 Lithuania Music 5:30 Movie: Hind Country Of Europe No One Talks About (YouTube) 13	AD Amazing Race Germany 10:00 Let's Learn About Germany 11:00 Fun Facts About German Bird Houses 12:30 Painting Bird House 2:30 Music / Dance Party/Happy Hour W/ Brats 5:30 Movie W/Popcorn: Wounders Of Germany Most Amazing Places & Villages (YouTube) 14	9:30 Music W/ Lotion & Hand Massages 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Bubbles On The Patio 3:00 Let's Talk Fun Facts 5:30 Movie: Beaches (Amazon Prime) 15
AD National Tell A Joke Day 9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie: Miss Congeniality (Tubi) 16	10:00 Music & Movement Walking 10:30 Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 1:30 Watercolor Painting On The Patio 3:00 Snack Activity Bingo 5:30 Movie: Hoosiers (Pluto TV) 17	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Cardio Drumming 2:00 Music W/ Lotion & Hand Massages 3:00 Shop The Store 5:30 Movie: Ticket to Paradise (Netflix) 6:15 Music W/ Lotion & Hand Massages 18	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 11:30 Birthday Celebration For The Month Birthdays 12:30 Music & Manicures 2:00 Arm Chair Travels W/Popcorn 2:30 Live Music Month Birthday Celebration W/ Linda 5:30 Movie: 50 First Dates (Pluto TV) 19	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Ring Toss Game /On The Patio 1:30 Freezer Pop Social On The Patio 3:30 Ice Coffee Hour W/Treat 5:30 Movie: Eat Pray Love (Netflix) 6:15 Music W/ Lotion & Hand Massages 20	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 1:00 Community Council 2:30 Music / Dance Party/Happy Hour 5:30 Movie W/Popcorn: Project Hail Mary (Amazon Prime) 21	9:30 Music W/ Lotion & Hand Massages 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 5:30 Movie: Philadelphia (Hulu) 22
9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie: Meet Me In St. Louis (Tubi) 23	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 1:30 Putt Putt Golf On The Patio 3:00 Snack Activity Bingo 5:30 Movie: Interstellar (Hulu) 24	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Chair Noodle Volleyball 3:00 Shop The Store 5:30 Movie: The Hunger Games (Netflix) 6:15 Music W/ Lotion & Hand Massages 25	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 2:00 Arm Chair Travels W/Popcorn 5:30 Movie: What Happens Later (Hulu) 26	AD National Peach Day 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Puzzle Time 2:00 Music W/ Lotion & Hand Massages /On The Patio 3:30 Ice Coffee Hour W/Treat 5:30 Movie: 13 Going on 30 (Netflix) 6:15 Music W/ Lotion & Hand Massages 27	AD National Red Wine Day 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 2:30 Music / Dance Party/Happy Hour 5:30 Movie W/Popcorn: A League of Their Own (Netflix) 28	9:30 Music W/ Lotion & Hand Massages 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 5:30 Movie: Meet The Parents (Netflix) 29
9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie: Robert Redford: The Life & Legacy Of An American Icon (Hulu) 30	10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Music & Manicures 1:30 Bowling Fun On The Patio 3:00 Snack Activity Bingo 5:30 Movie: The Princess (HBO MAX) 31					

Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

