

Independence Village of White Lake

Independent Living | Enhanced Living

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Puzzle Time with Sydney 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	31 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 10:30 Shopping at Walmart (S) 11:00 Seated Stretch with Kat (GP) 12:30 BBQ Hot Dog Lunch (C) 1:30 Prayer and Communion-St. Pats (GP) 3:00 Card Bingo (GP) 6:00 Poker Club (GP)					1 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Where the Crawdads Sing 2:15 Nickels Game (GP) 2:30 Euchre Club (C)
2 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Traveling Cart Ice Cream Sandwiches 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	Watermelon Day 3 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Seated Stretch with Kat (GP) 12:30 Watermelon Slices (GP) Calendar Review with Activities 1:00 Confession with Fr. Socorro (DR) 1:30 Mass and Communion (GP) With Fr. Socorro St. Pat's 3:00 Rummikub (GP) 6:00 Poker Club (GP)	4 11:00 Theraband W/PowerBack (GP) 11:30 Gardening with Stephanie (EC) 12:45-1:30 Foot Care (GP) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	5 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:00 Audio Book Lounge (DR) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	6 10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 11:30 Yogurt Bar (GP) 12:30 Grab & Go (GP) Root Beer Float 2:00 Chef Chat (GP) 3:30 Happy Hour With Stefan (C) 4:00 Hearing Care (L) 6:00 Pinochle (GP)	7 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 12:30 Audio Book Lounge (DR) 1:30 Resident/Staff Water Day 2:30 Petting Farm (Front Yard) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	8 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Solo Mio 2:15 Freestyle Painting (GP) 2:30 Euchre Club (C)
9 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Mahjong with Sydney (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	10 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Exercise with Activities (GP) 11:30 Mill Pond Boardwalk (S) 12:30 Make and Take S'mores (GP) 1:30 Prayer & Communion-St. Pat's (GP) 2:00 Audio Book Lounge (DR) 3:00 Nickels Game (GP) 6:00 Poker Club (GP)	11 11:00 Theraband W/PowerBack (GP) 12:00 Veteran's Luncheon (MDR) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	12 10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 11:45 Tech Talk With Maria (L) 12:30 Cooking Club (C) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	13 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 12:30 Short Stories (L) 2:00 Culinary Showcase (GP) Sample Summer Menu Items 3:30 Happy Hour with Marsha (C) 6:00 Pinochle (GP)	14 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:15 Popsicles (Front Porch) 3:00 Audio Book Lounge (DR) 3:00 Shopping at Kroger (S) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	15 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies(C) 2:00 Movie Madness (Theatre) Oh Brother Where Art Thou 2:15 Left, Right, Center Dice (GP) 2:30 Euchre Club (C)
Brunch Italy 16 11:00 Walking Exercise (FL) 11:30 Brunch-Residents Only (EDR, MDR) 12:00 Amazing Race Brunch Residents and Guests (MDR) 1:30 Create Your Mona Lisa (FL) Herb Challenge (C) Trevi Fountain (GP)	France 17 10:15 Daily Devotion (L) 10:30 Shopping at Meijers (S) 10:30 Massage with Annie, by appt. 11:00 La Danse des Rubans Exercise (GP) 11:30 Boulangerie (Bakery) (C) 12:30 Tour De France Race (L) 1:30 Prayer & Communion-St. Pat's (GP) 2:00 Bridge of Locks (C) 3:00 Cafe Memory Tray Challenge (GP) 6:00 Poker Club (GP) 6:00 Football (Soccer) Game (MC)	Netherlands 18 11:00 Theraband W/Powerback(GP) 12:30 Windmill Putt Putt (GP) 1:00 Blood Pressure Check (L) 2:00 Stroop Wafel Stack (C) 3:30 Cheese Rolling Contest (GP) 4:15 Red Light District Disco (L) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	Japan 19 10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 12:00 Origami & Dumplings (C) 1:15 Karate Chop Challenge (C) 2:30 The Art of Sushi Making (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP) 6:00 Sumo Wrestling Challenge (MC)	Australia 20 10:15 Daily Devotion (FL) 11:00 Exercise w/Activities (GP) 12:30 Kangaroo Pouch Relay (C) 2:00 Outback Animal Challenge (GP) 2:45 Australia Map Challenge (MC) 3:30 Happy Hour with Scott (C) 6:00 Bunco (GP) 6:00 Pinochle (C)	21 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 11:00 White Lake Library (S) 1:00 Chair Volleyball (C) 2:15 Amazing Race Puzzle Finale (GP) 3:00 Drone Presentation (FL) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	22 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Air bud 2:15 Nickels Game (GP) 2:30 Euchre Club (C)
23 11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Crafting with Sydney (GP) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	Elvis Week 24 10:15 Daily Devotion (L) 10:30 Massage with Annie, by appt. 11:00 Exercise with Activities (GP) 12:30 Graceland Documentary (GP) 1:30 Prayer & Communion-St. Pats (GP) 1:30 Audio Book Lounge (DR) 3:00 Card Bingo (GP) 6:00 Poker Club (GP)	25 11:00 Theraband W/Powerback (GP) 12:45-1:30 Foot Care (GP) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming w/Elvis (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL) 6:00 Evening Entertainment (C) With Elvis	Waffle Bar 26 8:30-9:30 Waffle Bar (MDR) 10:00 Mindful Meditation (L) 11:00 Charlie's Still on Main (S) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 1:15 Elvis Trivia Sydney Steele (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre (GP) 6:00 Texas Hold'Em (GP)	Jail House Rock Party 27 10:15 Daily Devotion (FL) 11:00 Exercise w/Powerback PT (GP) 11:30 Gardening with Stephanie (EC) 12:00 Wheelchair/Walker Wash (C) 12:30 Wii Bowling (GP) 2:00 Elvis Craft (C) 3:30 Happy Hour with (Jerry) Celebrating Birthdays and New Residents 6:00 Pinochle (GP)	28 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 11:30 Shopping at Marshall's (S) 1:00 Chair Volleyball (C) 2:15 Boston Coolers (C) 2:30 Book Club (L) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	29 11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:00 Jerry Perrine (C) 2:00 Movie Madness (Theatre) Pricilla 2:30 Left, Right, Center Dice (GP) 2:30 Euchre Club (C)